1% HYDROCORTISONE
CREAM USE

Dr Olga Watkins/Dr Fiona Collier
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In dermatology, we use 1% HC in many ways.

- It is useful in mild atopic eczema, insect bites and contact allergies.
- It is safe to use on the face for short lengths of time and will not cause skin thinning if used correctly. Pharmacists are NOT able to prescribe for facial use at present.
How can I identify these?

- Atopic eczema
- Insect bites
- Contact allergy
What to ask

- How long have you had this?
- What do you think has caused this?
- Have you had this before?
- What other questions are important?
Differential diagnoses

• The following photographs contain skin conditions which will benefit from use of 1% hydrocortisone cream.

• There are also some photographs of skin conditions in which 1% HC should not be used – either because it is ineffective, or because it will make the condition worse.

• See if you can identify which is which.
Flea bites
Acne
Chicken pox
Lyme disease
Bowens disease
Mild atopic eczema
Infected eczema
Candidal intertrigo
Cellulitis
Herpes simplex (cold sore)
Herpes zoster (shingles)
Tinea
Tinea incognito
Tinea incognito
Tinea incognito
Psoriasis
Contact allergy .... ?
Contact allergy to ......?
Useful Websites

- www.pcds.org.uk
- www.dermnetnz.org
- www.dermatology.nhs.scot
ANY QUESTIONS?