

Pharmacy: 2465 - CPS1
 User: CPS1 - Jenny O'Donnell
 Last login: Thu, Jan 12, 2012 09:49

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BISCUIT, Bertie	Born 11-Mar-1977 (34y) Gender Male CHI No. 777777777
Patient Details Last Modified On 12-Jan-2012 By CPS1	
Address	Phone and email

HRM Methotrexate Process : [Concordance](#) > [Interactions & precautions](#) > **Adverse reactions** > [Monitoring](#) > [Review](#)

Adverse reactions : side effects and toxicity

Is the patient aware of the common side effects of methotrexate? Yes No

Is the patient aware of the side effects that occur if they are having a reaction to methotrexate? Yes No

Is the patient aware of what to do if they are suffering from these signs? Yes No

Is the patient aware that adverse reactions should be reported? Yes No

The most common side effects are:

- Skin (e.g. urticaria, acne, photosensitivity)
- Haematopoietic reactions (e.g. anaemia, pneumonia, septicaemia)
- Alimentary tract (e.g. nausea, vomiting, gingivitis, pharyngitis, intestinal ulceration)
- Hepatic (e.g. acute hepatitis or cirrhosis)
- Urogenital (e.g. vaginal discharge or ulcers, cystitis, dysuria)
- Pulmonary (e.g. acute pulmonary oedema, fibrosis)
- CNS (e.g. headache, drowsiness or blurred vision)
- Cardiac (hypotension, deep vein thrombosis)

Actions:

- **Check the patient's understanding of the side effects of Methotrexate using the information booklet as a prompt.**
- **Ask the patient if they are experiencing any side effects.**
- **Refer them to their GP if side effects appear severe.**
- **Record any care issues in the patient's care plan and agree desired outcomes and actions.**

Signs of methotrexate toxicity or intolerance are:

- Breathlessness
- Dry persistent cough
- Severe vomiting or diarrhoea
- Sore throat or mouth ulcers
- Unexplained bleeding or bruising
- Abdominal discomfort
- Dark urine

Actions:

- **Check the patient's understanding of the signs of methotrexate toxicity using the information booklet.**
- **Remind the patient that they should tell the pharmacist, GP or specialist if they experience any side effects that could indicate toxicity.**
- **Immediately refer the patient to their GP if they are showing signs of toxicity, contacting their GP to alert them. Patients with signs of pneumonitis must stop methotrexate and seek urgent hospital attention.**
- **Advise the patient to report any adverse drug reactions through the MHRA Yellow Card Reporting Scheme either via yourself or by them self reporting.**
- **Record any care issues in the patient's care plan and agree desired outcomes and actions.**

[Back - Interactions & precautions](#)

[Next - Monitoring](#)

[Save & Review](#)

[return to Methotrexate Review Page](#)