

Pharmacy: 2465 - CPS1
 User: CPS1 - Jenny O'Donnell
 Last login: Thu, Jan 12, 2012 09:49

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BISCUIT, Bertie	Born 11-Mar-1977 (34y) Gender Male CHI No. 777777777
Patient Details Last Modified On 12-Jan-2012 By CPS1	
Address	Phone and email

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Monitoring

Is the patient aware of how frequently they should have their blood tests done? Yes No

Can the patient tell you the date of their last blood test and, if so, when was it? (Record the date or approximate date if known. Otherwise record "No")

Does the patient record their blood results in their methotrexate monitoring booklet? Yes No

Methotrexate has a narrow therapeutic index. Monitoring is very important. Patients should know who is responsible for the prescribing and monitoring of their methotrexate. You should expect to find monitoring will be

- **three monthly** for people stable on methotrexate for years and with no co-morbidities
- **four to eight weekly** for those in the first couple of years of being on a stable dosage or co-morbidities in long-term users.
- **weekly - fortnightly** for those just started.

Actions:

- **Establish if the patient is receiving regular monitoring.**
- **If the patient has not had their blood levels monitored within an appropriate timescale refer them to their GP practice for monitoring, contacting the GP to alert them.**
- **Advise the patient to discuss their monitoring arrangements with their GP or practice nurse if there appears to be confusion about the interval.**
- **Encourage the patient to check their results are normal with their GP or practice nurse after each test and record the results in their monitoring booklet.**
- **Encourage the patient to carry their methotrexate booklet.**
- **Record any care issues in the patient's care plan and agree desired outcome and actions.**

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