**Lothian Viral Hepatitis Managed Care Network**

A quick guide to services which can provide support before or during hepatitis C treatment

For further information please contact Hilda Stiven, NHS Lothian Tel: 0131 465 5491

| **Service** | **Description** | **Contact**  | **Referral** |
| --- | --- | --- | --- |
| Hepatitis C Trust  | Telephone information and helpline | Tel 0845 223 4424 | Self by phone |
| NHS inform | Telephone information line | Tel 0800 224488NHS.inform@nhs24.scot.nhs.uk | Self by phone |
| Waverley Care: information, advocacy, support, peer support, self-management, residential care at Milestone.*Waverley Care holds a contract with NHS Lothian* | One to one support, peer support, befriending, group support, counselling; also a seven week programme to develop self-management strategies relating to lived experience of hepatitis C. | David CameronTel 0131 558 14251-3 Mansfield PlaceEdinburgh EH3 6NB[www.waverleycare.org](http://www.waverleycare.org)Lothian.waverleycarereferral@nhs.netlothian.waverleycaremilestone@nhs.net | Self, or via professional workerby phone, or email. |
| Positive Help | Provides practical support to people living with Hepatitis C e.g. transport to healthcare and social care appointments, home support (help with housework/ de-cluttering), befriending for children and young people of families affected. Prescription collection/delivery available for infirm clients. Emergency food boxes available. | Matthew Gilbert-StrawPositive HelpFirst Floor139 George StreetEdinburghEH2 4JYTel: 0131 225 4766Fax: 0131 225 7663admin@positivehelpedinburgh.co.ukmatthew.gilbert-straw@nhs.net | Self, or via professional worker by phone, or email. |
| BBV Care Management Team: Specialist Hepatitis C Social Worker, City of Edinburgh Council | Specialist social care service enabling people to address issues that are preventing them from engaging with hepatitis C treatment services | Rita Hardy, Social WorkerCareManagement.BBV@edinburgh.gov.ukHealth and Social Care, The Bonnington Centre, 200 Bonnington Road EH6 5NLTel Social Care Direct 0131 200 2324 | Via professional worker in community, or treatment services at RIDU or Liver Unit |
| Social Care Services outwith Edinburgh | Generic social care services for adults | Midlothian Social Care Tel 0131 270 7500East Lothian Social Care Tel 01875 824309West Lothian Social Care Tel 01506 280000 | Via GP |
| Drug Referral Team (DRT) City of Edinburgh Council | Comprehensive assessment, support and intensive case management of hepatitis C infected adults with drug related issues who are willing to engage in planned work.  | Annie McIntyre, Team Leader drug.referrals@edinburgh.gov.ukHealth and Social Care,The Bonnington Centre, 200 Bonnington Road EH6 5NLTel Social Care Direct 0131 200 2324 | Via GP or other professional workers |
| NHS Substance Misuse Directorate (SMD) and associated locality services. | NHS substance misuse treatment service (assessment and maintenance). | Spittal Street Centre Tel 0131 537 8300Locality Services:**West Lothian:** West Lothian NHS Addictions Service - 01506 282845**East Lothian:** Roodlands Hospital. Tel 0131 660 3566 (Admin base at MELD)**Midlothian:** Various Gateway to Recovery Clinics Phone Glenesk Centre, Dalkeith Tel 0131 660 6822 for information**South West Edinburgh:** Wester Hailes Healthy Living Centre Tel 0131 453 9403**South East Edinburgh:** South East Recovery Hub, 2 Craigmillar Castle Road, EH16 4BX Tel 0131 661 5294**North East Edinburgh:** North East Recovery Hub, Leith Tel 0131 554 7516**North West Edinburgh:** NW Substance Misuse Service, Pennywell Resource Centre. Tel 0131 537 4261 | Via self/GP/professional worker |
| Third sector community drugs agencies | Community-based support for people with substance misuse problems | Turning Point Scotland (Leith) Tel 0131 554 7516 admin@tpsleith.co.ukWest Lothian Drugs and Alcohol Services (WLDAS), Floor 1, Almondbank Centre, Craigshill, Livingston, EH54 5EHTel 01506 430225 enquiries@wldas.orgMid and East Lothian Drugs (MELD) 6a Newmills Rd, Dalkeith EH22 IDU Tel 0131 660 3566 office@meld-drugs.org.uk | Via GP or self, by phone or in person[www.turningpointscotland.com](http://www.turningpointscotland.com)[www.meld-drugs.org.uk](http://www.meld-drugs.org.uk) (referral form online) |
| BBV mental health nurse | Mental health nursing assessment, care and support for people with mental health/complex psychosocial needs; covering preparation, treatment and the 6 month follow up period. | Catriona.McKinnon@nhslothian.scot.nhs.uk (secretary)Regional Infectious Diseases Unit,Western General Hospital Tel 0131 537 2855 | Via GP, or other health care professionals (referral form available) |
| Primary Care Liaison Teams | NHS Community Mental Health Service |  | Via GP |
| Regional Infectious Disease Unit, WGH | RIDU provides an in-patient and out-patient service for adults with suspected or proven infections whether contagious or not. Treatment centre for HIV, Hepatitis B and C.  | For enquiries regarding patients in hepatitis treatment please contact:RIDU admin team 0131 537 2820wgh.hepatitis@nhslothian.scot.nhs.uk | Via GP, or other health care professionals  |
| GI and Liver Unit, RIE | Provides treatment for hepatitis B and C | For enquiries regarding patients in hepatitis treatment please contact:Sharon Crombie, Secretary to hepatitis C treatment Nurse Specialist Team Tel 0131 242 1630rie.hepatitis@nhslothian.scot.nhs.uk | Via GP, or other health care professionals |
| Community BBV Team | Delivers outreach clinics offering Blood Borne Virus testing and immunisation throughout Lothian and specialist education. | Regional Infectious Diseases UnitWestern General Hospital Tel 0131 537 2820/2843/2850communitybbvteam@nhslothian.scot.nhs.uk | Via self, GP or professional worker (referral form available) |
| Hepatitis Scotland | Hepatitis Scotland is the national voluntary sector organisation funded by the Scottish Government to help improve responses to viral hepatitis prevention, treatment and support. | **Link for service finder regarding Hepatitis C in Scotland:** <http://www.hepatitisscotlandc.org.uk/service-finder.aspx> |  |