**Lothian Viral Hepatitis Managed Care Network**

A quick guide to services which can provide support before or during hepatitis C treatment

For further information please contact Hilda Stiven, NHS Lothian Tel: 0131 465 5491

| **Service** | **Description** | **Contact** | **Referral** |
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| Hepatitis C Trust | Telephone information and helpline | Tel 0845 223 4424 | Self by phone |
| NHS inform | Telephone information line | Tel 0800 224488  [NHS.inform@nhs24.scot.nhs.uk](mailto:NHS.inform@nhs24.scot.nhs.uk) | Self by phone |
| Waverley Care: information, advocacy, support, peer support, self-management, residential care at Milestone.  *Waverley Care holds a contract with NHS Lothian* | One to one support, peer support, befriending, group support, counselling; also a seven week programme to develop self-management strategies relating to lived experience of hepatitis C. | David Cameron  Tel 0131 558 1425  1-3 Mansfield Place  Edinburgh EH3 6NB  [www.waverleycare.org](http://www.waverleycare.org)  [Lothian.waverleycarereferral@nhs.net](mailto:Lothian.waverleycarereferral@nhs.net)  [lothian.waverleycaremilestone@nhs.net](mailto:lothian.waverleycaremilestone@nhs.net) | Self, or via professional worker  by phone, or email. |
| Positive Help | Provides practical support to people living with Hepatitis C e.g. transport to healthcare and social care appointments, home support (help with housework/ de-cluttering), befriending for children and young people of families affected. Prescription collection/delivery available for infirm clients. Emergency food boxes available. | Matthew Gilbert-Straw  Positive Help  First Floor  139 George Street  Edinburgh  EH2 4JY  Tel: 0131 225 4766  Fax: 0131 225 7663  [admin@positivehelpedinburgh.co.uk](mailto:admin@positivehelpedinburgh.co.uk)  [matthew.gilbert-straw@nhs.net](mailto:matthew.gilbert-straw@nhs.net) | Self, or via professional worker by phone, or email. |
| BBV Care Management Team: Specialist Hepatitis C Social Worker, City of Edinburgh Council | Specialist social care service enabling people to address issues that are preventing them from engaging with hepatitis C treatment services | Rita Hardy, Social Worker  [CareManagement.BBV@edinburgh.gov.uk](mailto:CareManagement.BBV@edinburgh.gov.uk)  Health and Social Care, The Bonnington Centre, 200 Bonnington Road EH6 5NL  Tel Social Care Direct 0131 200 2324 | Via professional worker in community, or treatment services at RIDU or Liver Unit |
| Social Care Services outwith Edinburgh | Generic social care services for adults | Midlothian Social Care Tel 0131 270 7500  East Lothian Social Care Tel 01875 824309  West Lothian Social Care Tel 01506 280000 | Via GP |
| Drug Referral Team (DRT) City of Edinburgh Council | Comprehensive assessment, support and intensive case management of hepatitis C infected adults with drug related issues who are willing to engage in planned work. | Annie McIntyre, Team Leader  [drug.referrals@edinburgh.gov.uk](mailto:drug.referrals@edinburgh.gov.uk)  Health and Social Care,The Bonnington Centre, 200 Bonnington Road EH6 5NL  Tel Social Care Direct 0131 200 2324 | Via GP or other professional workers |
| NHS Substance Misuse Directorate (SMD) and associated locality services. | NHS substance misuse treatment service (assessment and maintenance). | Spittal Street Centre Tel 0131 537 8300  Locality Services:  **West Lothian:** West Lothian NHS Addictions Service - 01506 282845  **East Lothian:** Roodlands Hospital. Tel 0131 660 3566 (Admin base at MELD)  **Midlothian:** Various Gateway to Recovery Clinics Phone Glenesk Centre, Dalkeith Tel 0131 660 6822 for information  **South West Edinburgh:** Wester Hailes Healthy Living Centre Tel 0131 453 9403  **South East Edinburgh:** South East Recovery Hub, 2 Craigmillar Castle Road, EH16 4BX Tel 0131 661 5294  **North East Edinburgh:** North East Recovery Hub, Leith Tel 0131 554 7516  **North West Edinburgh:** NW Substance Misuse Service, Pennywell Resource Centre. Tel 0131 537 4261 | Via self/GP/professional worker |
| Third sector community drugs agencies | Community-based support for people with substance misuse problems | Turning Point Scotland (Leith) Tel 0131 554 7516 [admin@tpsleith.co.uk](mailto:admin@tpsleith.co.uk)  West Lothian Drugs and Alcohol Services (WLDAS), Floor 1, Almondbank Centre, Craigshill, Livingston, EH54 5EH  Tel 01506 430225 [enquiries@wldas.org](mailto:enquiries@wldas.org)  Mid and East Lothian Drugs (MELD) 6a Newmills Rd, Dalkeith EH22 IDU Tel 0131 660 3566 [office@meld-drugs.org.uk](mailto:office@meld-drugs.org.uk) | Via GP or self, by phone or in person  [www.turningpointscotland.com](http://www.turningpointscotland.com)  [www.meld-drugs.org.uk](http://www.meld-drugs.org.uk) (referral form online) |
| BBV mental health nurse | Mental health nursing assessment, care and support for people with mental health/complex psychosocial needs; covering preparation, treatment and the 6 month follow up period. | [Catriona.McKinnon@nhslothian.scot.nhs.uk](mailto:Catriona.McKinnon@nhslothian.scot.nhs.uk) (secretary)  Regional Infectious Diseases Unit,  Western General Hospital  Tel 0131 537 2855 | Via GP, or other health care professionals (referral form available) |
| Primary Care Liaison Teams | NHS Community Mental Health Service |  | Via GP |
| Regional Infectious Disease Unit, WGH | RIDU provides an in-patient and out-patient service for adults with suspected or proven infections whether contagious or not. Treatment centre for HIV, Hepatitis B and C. | For enquiries regarding patients in hepatitis treatment please contact:  RIDU admin team 0131 537 2820  [wgh.hepatitis@nhslothian.scot.nhs.uk](mailto:wgh.hepatitis@nhslothian.scot.nhs.uk) | Via GP, or other health care professionals |
| GI and Liver Unit, RIE | Provides treatment for hepatitis B and C | For enquiries regarding patients in hepatitis treatment please contact:  Sharon Crombie, Secretary to hepatitis C treatment Nurse Specialist Team Tel 0131 242 1630  [rie.hepatitis@nhslothian.scot.nhs.uk](mailto:rie.hepatitis@nhslothian.scot.nhs.uk) | Via GP, or other health care professionals |
| Community BBV Team | Delivers outreach clinics offering Blood Borne Virus testing and immunisation throughout Lothian and specialist education. | Regional Infectious Diseases Unit  Western General Hospital Tel 0131 537 2820/2843/2850  [communitybbvteam@nhslothian.scot.nhs.uk](mailto:communitybbvteam@nhslothian.scot.nhs.uk) | Via self, GP or professional worker (referral form available) |
| Hepatitis Scotland | Hepatitis Scotland is the national voluntary sector organisation funded by the Scottish Government to help improve responses to viral hepatitis prevention, treatment and support. | **Link for service finder regarding Hepatitis C in Scotland:** <http://www.hepatitisscotlandc.org.uk/service-finder.aspx> |  |