

Updated NHS Fife Stop Smoking Prescribing Guidance

First Choice

Cessation support by **Specialist Stop Smoking Services*** and **NRT**** or **Varenicline**.

*NHS Fife Specialist Stop Smoking Services

- NHS Fife Stop Smoking Services (Tel: 0800 025 3000)
- All community pharmacies offer a stop smoking service
- Quit Your Way Pregnancy Team

**Preferred brands of NRT

Preferred brands of NRT are now listed as the 1st line choice in the Fife Joint Formulary. This follows a national tendering process; therefore any new NRT clients should be started on the products listed below:

Formulation	Brand	Strength	Pack size
*Patch - 24 hour	Nicotinell® TTS	7mg	7
		14mg	7
		21mg	7
Gum	Nicotinell® (all flavours)	2mg	96
		4mg	96
		2mg	204
Lozenges	Niquitin® minis (mint flavour)	1.5mg	60
		4mg	60
	Nicotinell®	1mg	72
			96
			144
		2mg	72
			96
			144
Inhalator	Nicorette®	15mg per cartridge	20
			36

*Please note that Nicorette Invisi 16 hour patches (10mg, 15mg and 25mg) are for restricted use by the Quit Your Way – Pregnancy Team only.

For full details of changes to Fife Formulary section 4.10.2 on Nicotine Dependence including updated prescribing points see link - www.fifeadtc.scot.nhs.uk/formulary.