

# Fife Network of Palliative Care Community Pharmacies

Anstruther	<b>EAST NEUK PHARMACY</b> 23 Rodger Street, KY10 3DU Tel: 01333 310354	Mon-Fri: 9:00-18:00 Sat: 9:00-13:00
Auchtermuchty	<b>ROWLAND'S PHARMACY</b> 42 High Street, KY14 7AP Tel: 01337 828345	Mon-Fri: 9:00-17:30 Sat: 9:00-12:30
Burntisland	<b>LLOYDS PHARMACY</b> 229 High Street, KY3 9AQ Tel: 01592 873725	Mon-Fri: 8.30-17:30 Sat: 9.00-17.30
Cowdenbeath	<b>WM MORRISON PHARMACY</b> 1-2 Raith Centre, KY4 8PB Tel: 01383 610164	Mon-Fri: 9:00-17:30 Sat: 9.00-17.00
Cupar	<b>ROWLAND'S PHARMACY</b> Bonnygate, KY15 4BY Tel: 01334 654755	Mon-Fri: 9:00-17:30 Sat: 9:00-13:00
Dunfermline	<b>DEARS PHARMACY</b> Douglas Street, KY12 7EB Tel: 01383 723 571  <b>ASDA</b> Halbeath Road, KY11 4LP Tel: 01383 843617	Mon-Fri: 9:00-17:30 Sat: 9:00-13:00  Mon-Fri: 9:00-21:00 Sat: 8:30-19:00 Sun: 10:00-18:00
Dysart	<b>DYSART PHARMACY &amp; POST OFFICE</b> 21 High St, KY1 2UG Tel: 01592 265 2910	Mon-Fri: 9:00 - 18:00 Sat: 9:00 -13:00
Glenrothes	<b>BOOTS THE CHEMIST</b> 14 Lyon Square, KY7 5NR Tel: 01592 758783  <b>YOUR LOCAL BOOTS PHARMACY</b> Cos Lane, KY7 4AQ Tel: 01592 752554  <b>CADHAM PHARMACY</b> 8 Cadham Centre, KY7 6RU Tel: 01592 743639	Mon-Fri: 8:45-17:30 Sat: 8:30-17:30 Sun: 11:30-16:30  Mon-Fri: 8:30-18:00 Sat: 9:00-12:30  Mon-Fri*: 9:00-18:00 Sat*: 9:00-17:00
Kirkcaldy	<b>LLOYDS PHARMACY</b> Whytemans Brae, KY1 2NA Tel: 01592 268784  <b>ASDA</b> Carberry Road, KY1 3NG Tel: 01592 657210  <b>BOOTS THE CHEMIST</b> Retail Park, KY2 6QL Tel: 01592 644139	Mon-Fri: 8:30-18:00  Mon-Fri: 9:00-21:00 Sat: 8:30-19:00 Sun: 9:00-18:00  Mon-Fri: 9:00-20:00 Sat: 9:00-18:00 Sun: 10:00-17:30
Leven	<b>OMNICARE</b> 30 Commercial Road, KY8 4LD Tel: 01333 423133	Mon-Fri: 9:00-17:30 Sat: 9:00-13:00
Lochgelly	<b>DEARS PHARMACY</b> 67 Bank Street, KY5 9QN Tel: 01592 780598	Mon-Fri: 8:30 - 18:00 Sat: 9:00-13:00
Methil	<b>OMNICARE</b> 345 Methilhaven Road, KY8 3HR Tel: 01333 423972	Mon-Fri: 9:00-17:30 Sat*: 9:00-12:30
Newburgh	<b>W DAVIDSON &amp; SONS LTD</b> 40 High Street, KY14 6AQ Tel: 01337 840234	Mon-Fri: 9:00-17:30 Sat*: 9:00-17:00
Newport on Tay	<b>ROWLANDS PHARMACY</b> Tayview Medical Practice Victoria Street, DD6 8DJ Tel: 01382 543179	Mon-Fri*: 9:00-17:30 Sat: 9:00-12:30
Oakley	<b>DEARS PHARMACY</b> Wardlaw Way, KY12 9QH Tel: 01383 850349	Mon-Fri: 8:30-18:00 Sat: 9:00-13:00
Rosyth	<b>ROWLAND'S PHARMACY</b> Queensferry Road, KY11 2RA Tel: 01383 413504	Mon-Fri: 9:00-18:00 Sat: 9:00-17:00
St Andrews	<b>Wm MORRISON PHARMACY</b> Morrison's Supermarket, Largo Rd KY16 8PJ Tel: 01334 475564	Mon-Fri: 8:30-20:00 Sat: 8:00-20:00 Sun: 10:00-16:00

\*Closed for lunch: 13.00-14.00

## Just in Case (JIC) Boxes

Just in Case (JIC) Boxes contain anticipatory medicines for symptom management in palliative patients. The JIC box should be put in place prior to the patient becoming symptomatic to ensure timely access to medicines. If required these medicines can then be administered by attending health care professionals including during the out-of-hours period.

JIC boxes can be issued to any palliative patient by their GP practice or Hospital at Home. The prescriptions are taken to one of the NHS Fife Palliative Care Network Community Pharmacies along with a completed NHS Fife Anticipatory Medicines Kardex. The pharmacy will dispense the medicines in the JIC box system along with sundries required for administration. The box is then placed in the patients home ready for use if required. The community pharmacy will ensure medicines remain in date and that the box is still required on a three monthly basis.

### Recent Updates

- New NHS Fife Anticipatory Medicine Kardex
- Addition of Midazolam for patients at risk of terminal haemorrhage (See Scottish Palliative Care Guidelines - Palliative Emergencies - Bleeding <https://www.palliativecareguidelines.scot.nhs.uk/guidelines/palliative-emergencies/Bleeding.aspx>)
- JIC system no longer required for nursing home residents (standard anticipatory prescribing)

**JIC boxes contain medicines for the following symptoms:**

Pain	Morphine Sulphate or Oxycodone injection
Nausea and Vomiting	Levomopromazine or Cyclizine injection
Restless and Agitation	Midazolam injection
Respiratory Secretions	Hyoscine Butylbromide injection
Breathlessness	Morphine sulphate or Oxycodone injection
Terminal haemorrhage*	Midazolam injection**

\*At prescribers discretion for high risk patients

\*\*NB different route and dose to that used for restlessness and agitation

For further information on anticipatory medicines please see Scottish Palliative Care guidelines - <https://www.palliativecareguidelines.scot.nhs.uk/guidelines/pain/Anticipatory-Prescribing.aspx>

## Oxygen Concentrators

NHS Fife Pharmacy is able to supply an oxygen concentrator within 4 hours where it is required in an emergency for a palliative care patient at the end of life. Contact 01383 565351 (office hours) and see Standard Operating Procedure (P6-8) that is available in all GP Practice. In the out-of-hours period, Urgent Care Services Fife have access to oxygen concentrators for emergency short term loan for this purpose also.

## Other Useful Telephone Numbers

**Consultants (Palliative Medicine)** **01592 648072**  
Victoria Hospice, Kirkcaldy

Dr Steinunn Boyce ([steinunn.boyce@nhs.net](mailto:steinunn.boyce@nhs.net))  
Dr Jo Bowden ([joannabowden@nhs.net](mailto:joannabowden@nhs.net))  
Dr Fran Stretton ([fran.stretton@nhs.net](mailto:fran.stretton@nhs.net))  
Dr Kimberley Steel ([ksteel@nhs.net](mailto:ksteel@nhs.net))

**Specialist Palliative Care Nurses** **01592 648004** (Mon - Fri)  
Cedar House, Kirkcaldy

**On-Call-Doctor**  
**Victoria Hospice (East)** **01592 648072**  
**QMH Hospice (West)** **01383 627016**

**Urgent Care Services Fife Professional Line** **01592 740231**

**Palliative Care Pharmacists**  
Hospital (Paul Wilson) **01592 643355** (ext. 21544)  
Primary Care **07779455015**



# Palliative Care

## Community Pharmacy Network



# Information Leaflet for Health Professionals

September 2022

## Aim

The overall aim of this service is to provide a network of community pharmacists throughout Fife, who are able to meet the pharmaceutical care needs of palliative care patients.

## Service Description

The following key services are provided:

- Dispensing of specialist palliative care medicines, according to an approved list .
- Provision of advice and information on the use of these medicines to patients/carers and healthcare professionals.
- Liaison with the patient's usual community pharmacist (chemist) and primary health care team to ensure continuity of supply of medicines and advice.
- Just In Case Boxes

## Specialist Advice

- Palliative care network pharmacists receive specialist training in palliative care, with regular updates.
- Enquiries are welcomed regarding drug compatibility in syringe drivers; side-effects of treatment; problems in administration of medicines.
- Specialist information can also be found in the Scottish Palliative Care Guidelines:  
[www.palliativecareguidelines.scot.nhs.uk](http://www.palliativecareguidelines.scot.nhs.uk)

## How to use the Service During Working Hours

When a patient is prescribed a specialist palliative care medicine, which is **required that day**: the patient's usual community pharmacy may not stock that medicine. If it is included in the stock list then refer the patient to the nearest Palliative Care Community Pharmacist (see list overleaf) who will:

- Dispense the initial prescription, and give the carer/ patient advice on the medicines (where appropriate).
- Refer the patient back to their usual pharmacist for further supplies (if required), once they make an assessment of their ongoing pharmaceutical needs. (This may require liaison with the patient's GP/district nurse).

## Out-of-Hours Access - for urgent prescriptions only

If a prescription for a palliative care medicine is needed when the pharmacy is closed, contact the Urgent Care Services Fife healthcare professional line on **01592 740231**.

Some palliative care medicines listed are also stocked at the local Urgent Care Services Fife centre. If a medicine is not stocked there, then the Urgent Care Services Fife centre will contact a network pharmacy on your behalf.

For medicines not available from the Urgent Care Services Fife centre or network pharmacy, Urgent Care Services Fife will contact the hospital pharmacist on-call for advice.

## Specialist Palliative Care Medicines

All medicines below (except Octreotide and Levomepromazine) are held in each of the pharmacies listed in this leaflet.

Levomepromazine 6mg is unlicensed and is used in patients with nausea and/or vomiting where the 25mg strength causes adverse effects (e.g. drowsiness) even when the tablet is halved.

Octreotide is used in a syringe driver, and can be useful for patients vomiting with GI obstruction. As both can be required urgently, for patients in the community, and in order to ensure access to and availability of these drugs, 3 pharmacies (1 in East, West and Central Fife area) routinely stock a supply of each.

Shaded entries also stocked by Urgent Care Services Fife

Alfentanil 5mg/ml 1ml	Injection	1x10amps
Alfentanil 500mcg/ml 2ml	Injection	1x10amps
Cyclizine 50mg/ml	Injection	1x5amps
Dexamethasone 3.3mg/1ml	Injection	1x5amps
Fentanyl 12mcg/hr (Matrifen®)	Transdermal Patch	1x5patches
Fentanyl 25mcg/hr (Matrifen®)	Transdermal Patch	1x5patches
Fentanyl 50mcg/hr (Matrifen®)	Transdermal Patch	1x5patches
Fentanyl 75mcg/hr (Matrifen®)	Transdermal Patch	1x5patches
Fentanyl 100mcg/hr (Matrifen®)	Transdermal Patch	1x5patches
Haloperidol 5mg/ml	Injection	1x10amps
Hyoscine Butyl Bromide 20mg/ml	Injection	1x10amps
Levomepromazine 25mg/ml	Injection	1x10amps
Metoclopramide 10mg/2ml	Injection	1x10amps
Midazolam 10mg/2ml	Injection	1x10amps
Morphine Sulphate (Sevredol) 10mg	IR Tablets	1x56tablets
Morphine Sulphate (Sevredol) 20mg	IR Tablets	1x56tablets
Morphine Sulphate Solution Concentrated 20mg/ml	Oral Solution	1x120ml
Morphine Sulphate (Zomorph) 30mg	MR Capsules	1x60caps
Morphine Sulphate (Zomorph) 60mg	MR Capsules	1x60caps
Morphine Sulphate 10mg/ml	Injection	1x10amps
Morphine Sulphate 30mg/ml	Injection	1x10amps
Oxycodone 10mg/ml 2ml	Injection	2x5amps
Shortec 5mg	Capsules	1x56caps
Shortec 10mg	Capsules	1x56caps
Oxycodone Liq Concentrate 10mg/ml	Liquid	120ml
Longtec 10mg	MR Tablets	1x56tablets
Longtec 20mg	MR Tablets	1x56tablets
Sodium Chloride 0.9% (10ml)	Injection	1x10amps
Water for Injections (10ml)	Injection	1x20amps

### Also Available at the Following Pharmacies

ASDA Dunfermline, Well, Douglas St, Dunfermline, ASDA Kirkcaldy and Rowlands, Bonnygate, Cupar. Please call to check stock levels beforehand.

Octreotide 100mcg/ml (1ml)	Injection	1x5amps
Levomepromazine Tabs 6mg	Tablets	60