

Contents

- 01: Power Cuts - Guidance
- 02: TSB Emergency Flee Fund
- 03: Reminder: Kings Coronation
- 04: Reminder: Moray Champion
- 05: Healthy Start Vitamins
- 06: Health Promotion- Seeking PH Champions
- 07: The Happy Place ☺
- 08: Community Pharmacy Scotland Newsletter

Power Cuts - Guidance



NEW INFO

Primary Care Rota Load Disconnect Brief

We have attached further primary care guidance regarding imminent potential power outages. This includes FAQs and template BCP resources.

Reminder: Power Outages Pharmacy Survey

We are asking all pharmacies to please complete the very short survey below to help inform our required Pharmaceutical Services Contingency Planning:

<https://forms.office.com/e/Mfu0XgRp26>

Reminder: Power Outage Fact Sheet

We have re-attached last weeks' factsheet amended from the NHS Grampian Daily Brief on what steps you and your pharmacy teams need to take to prepare for planned or unplanned power cuts. It is important we are all as prepared as we can be to deal power outages.

Reminder: Business Continuity Planning

⚠️ Please ensure you update your Business Continuity Plan to reflect this guidance.

TSB Emergency Flee Fund

Information on the new TSB Emergency Flee Fund as detailed in the 17th January NHSG Daily Brief: Survivors of domestic abuse encounter many obstacles from leaving an abusive relationship. Economic control over finances can be a major factor. Without control over their money and resources needed to leave and live independently, many women stay with abusers for longer, experiencing more harm as a result. Women who experience economic abuse are five times more likely to experience physical abuse than those who don't. When women experience economic abuse in the context of coercive control, they are at increased risk of being killed. In recognition of this and that the cost-of-living crisis is making it harder to leave abusive relationships, TSB is offering an [emergency flee fund](#) for customers. The bank also offers safe spaces in branches and online and the ability to open an account with the normally required documentation.

Warning Signs of Domestic Abuse: [Warning Signs of Domestic Abuse \(verywellmind.com\)](https://www.verywellmind.com/warning-signs-of-domestic-abuse)

Refuge: The Freephone, 24-hour National Domestic Abuse Helpline **0808 2000 247**

Women's Aid: [Home - Women's Aid \(womensaid.org.uk\)](https://www.womensaid.org.uk)

Do you know of the hand signal for those seeking help when in danger? :



Reminder: King's Coronation

We do not yet have confirmation from NHS Grampian if Monday 8th May will be considered an additional public holiday for independent contractor groups. We will advise as soon as we receive communication.

Reminder: Moray Pharmacy Champion Vacancy

We are currently looking to recruit a community pharmacist practitioner champion for the Moray pharmacies. The ideal candidate will be a service-focused, proactive community pharmacist or technician. We are willing to recruit two champions who are willing to commit to one day per month each. Payment of £300/day and mileage can be paid to the individual directly or to the pharmacy contractor code for backfill.

All expressions of interest or further enquiries to be received to sarah.buchan3@nhs.scot by Tuesday 31st January.

Healthy Start Vitamins

We received reports today that a health visitor was dropping off healthy start vitamins and information leaflets in pharmacies and asking the pharmacy to provide these free of charge to their patients. The Healthy Start Vitamins service ceased in community pharmacies some time ago and pharmacies are advised to contact PCS team if they are approached. Healthy Start Vitamins should be provided to patients by their health visitors directly.

Health Promotion

Seeking Public Health Champions

Thank you to those who have come forward so far. As mentioned before, we are looking for non-pharmacists to take on the role as Public Health Champions, a small role, acting as a point of contact for the monthly campaigns. You can find more information [here](#) on our website health promotion page. Please have a chat with your staff and anybody interested can contact the Public Health Practitioners directly at the email addresses on the link. We're hoping to have a named person for each Pharmacy soon.

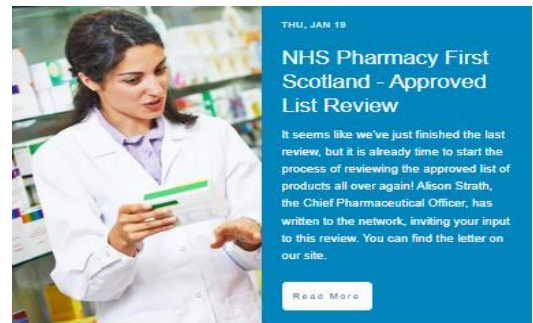
The Happy Place 😊

New Artificial Pancreas for Type 2 Diabetes Manages Blood Sugar Twice as Well as Jabs

Scientists at Cambridge University just completed a successful trial of their artificial pancreas that helps Type 2 diabetes patients better manage their blood sugar levels.

In fact, researchers say the device and app, powered by an algorithm, doubled the duration of time that patients' blood sugar levels were on target. It also reduced by 50% the time they spent with blood sugar that was too high. More info [here](#).

Community Pharmacy Scotland Newsletter Round-up



Newsletter by,

The Pharmaceutical Care Services Team,

Missed a copy of an update? Weekly Updates are uploaded to the [CP Grampian website](#)

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