

Pharmacy & Medicines Directorate Weekly Update

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Injecting Equipment Provision (IEP/Needle Exchange) Evening

The Substance Misuse team hosted an Injecting Equipment Provision information session on the 23rd March. A recording of this session is now available on the [Community Pharmacy Grampian website here](#).

Workload Pressures Audit

We are asking all pharmacies to complete a short workload pressures audit for week Monday 27th March to Sunday 2nd April. All pharmacies who complete and return this information will be reimbursed £200. The link to this form is available [here](#). Attached is a tracker for the week to make this collation easier to input.

Public Emergency Alerts - 23rd April

The UK Government will test its Emergency Alert System. This enables it to send text messages to warn of issues such as flooding, storms, etc. The messages are broadcast from cell towers in the vicinity of an emergency, the alerts are secure, free to receive, and one-way. They do not reveal anyone's location or collect personal data. Test messages will be sent in the early evening on 23 April and could be sent to anyone, anywhere, across the four nations. This short video explains more and includes an example of what the alert will sound like:

<https://www.youtube.com/watch?v=9yLd2AjGzYI>

Annual Contractor Pack Evening

Thank you to everyone who attended the Contractor Pack evening on 21st March, it was great to see you and take your questions. Unfortunately the full presentation didn't record so we have uploaded the presentation slides from the evening to the [Grampian Community Website here](#).

PCCT will be sending out the annual single sign-up sheets next week, so keep an eye out for these and make sure they are disseminated onto the correct people within your organisation.

Smoking Cessation

Reminder: Support to Stop Vaping

We have received a number of queries on the available support for patients who are looking to stop vaping.

Stopping smoking can have a large impact on improving someone's health, and vaping products have become a popular tool among those trying to stop or cut down tobacco use.

For support on vaping, patients can be sign posted to: *Quit Your Way Scotland* – Tel: 0800 84 84 84.

For more information please click [here](#).

Public Health Promotion

Seeking Public Health Champions

Thank you to those who have come forward so far. As mentioned before, we are looking for non-pharmacists to take on the role as Public Health Champions. This is a small role, acting as a point of contact for monthly campaigns. You can find more information [here](#) on our website health promotion page. Anybody interested can contact our Public Health Practitioners directly at the email addresses on the link. We're aiming to have a named person for each Pharmacy in NHS Grampian.

Public Health Scotland Poster Campaign

The current Public Health Service Poster campaign topic, *Womens Heart Health*, will run until further notice. The poster campaign topic of Antimicrobial Resistance is no longer going ahead. If there are any queries about receiving posters, please contact APS Group by emailing: Stockorders.DPPAS@theapsgroup.com

Community Gathering - Aberdeen

A community gathering is taking place at Cowdray Hall on Saturday 13th May from 10-1:30pm. The community gathering is an opportunity for people and community groups from across the City to come together to connect and find out about that is going on in their local community. See the flyer attached to this email for more information.

What is it like to be a young carer?

The young Carers of Moray highlighted pharmacy as a group of professionals they wanted to reach out to. Are you aware of the existence of young carers? Are you aware of how often a seemingly young child/teen may be collecting or asking prescription drugs for a family member? Young carers want to raise awareness so pharmacists and technicians could offer additional support where needed or requested. Please take the short time to view the [information video located here](#).

Hepatitis Scotland Awareness Sessions

Hepatitis Scotland is holding a training session for anyone who works with people who are at risk of hepatitis. Sessions will give you an overview of hepatitis, testing and treatment available, associated stigma and the role you can play in eliminating hepatitis C in Scotland. Several sessions are available and can be booked by email. See flyer attached to this email for more information.

The Happy Place ☺

Treat People with Kindness

According to the [World Happiness Report 2023](#) (yes this exists), various forms of everyday kindness — such as helping a stranger, donating to charity, and volunteering — are all above pre-pandemic levels. Acts of kindness can make the world a happier place for everyone. On that thought here is a great song by Harry Styles. [Harry Styles - Treat People With Kindness \(Official Video\) - YouTube](#)



Community Pharmacy Scotland Newsletter Round-up



Tariff Addition: Dexcom One

Please be aware that the following lines have now been added to Part 9 of the Scottish Drug Tariff as of March 2023 and are now allowed on prescription in Scotland:



Gluten-free foods service - annual assessments

As a brief reminder for pharmacy teams - each patient who is signed up to the gluten free foods service is due an annual health check, to be completed in the PCR. This review helps to establish any care issues associated with the patient's condition - ensuring that



MCR Ready Reckoner

This week's MCR Ready Reckoner has been updated and is now available to download or you can view it via the App.

CPS will be hosting their recording of last night's "Ask Me Anything Unscheduled Care" on their website later today. Do have a look at this if you weren't able to attend as it contains useful information on this service.

Newsletter by,

The Pharmaceutical Care Services Team,

All weekly updates are uploaded to the [CP Grampian website](#).

Please note that due to known log-in issues, the password protection for the Grampian section of the website has been removed to resolve this.



Community Pharmacies Delivering NHS Grampian Services

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