

Pharmacy & Medicines Directorate Weekly Update



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SLA Contract Pack 2023/24

The attached 2023-24 Single Sign Up Sheet is required to be completed and returned to PCCT gram.pcctpharmacy@nhs.scot by **Friday 21st April**.

Please [click here](#) to view all 2023-24 NHS Grampian Service Level Agreement (SLA) documentation.

Smoking Cessation

Reminder: Support to Stop Vaping

We have received a number of queries on the available support for patients who are looking to stop vaping. Stopping smoking can have a large impact on improving someone's health, and vaping products have become a popular tool among those trying to stop or cut down tobacco use.

For support on vaping, patients can be sign posted to: Quit Your Way Scotland – Tel: 0800 84 84 84. For more information please [click here](#).

Public Health Update

Live Life Well - Live, Life Aberdeenshire

Aberdeenshire pharmacies, did you know you can signpost or refer people, who are living with a chronic health condition, to a community healthcare professional for further support?

“Live Life Well” provides support to those living with long-term health conditions and older adults

to improve their health and wellbeing. Their specially trained instructors provide a range of activities to help build confidence. They believe in a person centred approach meaning they will work with people to find something they enjoy and is fun.

There are two ways for people to get involved:

- Self-refer into the programme
- Be referred by a health care professional

Please [click here](#) for more information.

NES Pharmacy Update

NES Annual Virtual Conference

NES are hosting a two day Annual Virtual Conference from Thursday 27th – Friday 28th April 2023. This event will be of interest to all those involved in medical education and training, dental education and training, pharmacy education, healthcare scientists, practice management, nurses, midwives, allied health professionals, psychologists, healthcare chaplains, support workers, educationalists and strategic leaders. Please [click here](#) for more information and to book a place.

Resources:

New pharmacy clinical decision-making modules

NES have recently launched another two modules on the [Pharmacy Clinical Decision Making page on Turas Learn](#): Type 2 diabetes and Direct-acting oral anticoagulants (DOACs).

Palliative Care e-learning module

NES have recently launched a new Palliative Care e-learning module, developed by pharmacists from the Scottish Palliative Care Pharmacists Association (SPCPA). This resource will help to support pharmacy team members who are working with palliative care patients and their families/carers. Access the module on Turas Learn here: [NES Pharmacy Palliative care e-learning module](#)

NES Pharmacy Webinars

Pharmacists working towards RPS core advanced pharmacist curriculum, are invited to join multi-professional advanced practice colleagues in a series of continuing professional development webinars. Relevance of each session will vary depending upon your work context but all are from a 'generalist' perspective. Upcoming dates are:

Tuesday 25th April: 13:00-14:30 Dr Gordon Cowell
Radiology interpretation: [Click here to join the meeting](#)

Tuesday 6th June: 10:00-12:00 Nicola Braid
Learning Disabilities workshop:
[Click here to join the meeting](#)

The Royal Pharmaceutical Society have also announced further webinar dates on 22 & 23 May 2023 for those interested in opening an RPS core advanced curriculum portfolio. Book at [RPS webinar booking page](#).

Pharmacy Educational Programme Updates

Please click the link below to view more information on the various [NES Pharmacy educational programmes](#).

Pharmacy First: Chloramphenicol Eye Drops

The following questions relate to Pharmacy First, but were covered on the Ask Me Anything Unscheduled Care event:

With the chloramphenicol drops (P) shortage can CPS do something to allow us to use POM drops?
This is not possible without a PGD. The workload associated with the production and implementation of this is significant – stock of the P line is anticipated sooner than a PGD could be in place.

Could you also consider when looking at chloramphenicol that a lot of parents with children under the age of 2 present to pharmacy being sent in by the nursery and cannot send their children back to nursery without treatment?

NHS Inform advises that treatment isn't usually needed for conjunctivitis, because the symptoms often clear up within a couple of weeks. If treatment is needed, the type of treatment will

depend on the cause. Full details are available [here](#).

Public Health Scotland (PHS) advise that there is no need to stay away from work or school if a parent/carer or their child has conjunctivitis, unless either are feeling particularly unwell.

If there are a number of conjunctivitis cases at a child's school or nursery, parents/carers may be advised to keep them away until their infection has cleared up.

There is no link to nursery attendance and treatment - the decision to provide treatment should be made by a clinician, based on the clinical condition. Advice for treatment and care to signpost patients, parents and carers is available on [NHS Inform](#).

The Happy Place 😊

The Ocean Cleanup, the only organisation currently tackling the Great Pacific Garbage Patch (GPGP), has just reached a milestone of 200,000 kilograms, or 220 tons of plastic removed from the ocean. By using the data of the currents and the winds to estimate volumes of plastic and to guide the capture vessels, Bojan Slat, the CEO and Founder of Ocean Cleanup, believes he can clean the whole patch in just a decade. [More information here](#).



If you would like to use this space in our update to say thanks to one of your team, do contact us!

Community Pharmacy Scotland Newsletter Round-up



NES Gluten Free Food Resource

The Gluten Free Food resource is available to pharmacists by signing into TURAS Learn. Please note that appropriate pharmacist permissions are required to access the information.

[Read More](#)

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New Designated Prescribing Practitioner Information

There is a lot of new and updated information on the DPP pages on TURAS. Worth a look if you haven't already seen it!



[Read More](#)



Pholcodine Products

Following the recent Class 2 recall of all pholcodine containing products as per the guidance here, all pholcodine products will be removed from the Drug Tariff and the Non- Part 7 file held by P&CFS

[Read More](#)

Newsletter by,

The Pharmaceutical Care Services Team,

All weekly updates are uploaded to the [CP Grampian website](#).

Please note that due to known log-in issues, the password protection for the Grampian section of the website has been removed to resolve this.



Community Pharmacies Delivering NHS Grampian Services

@NHSGrampianCommunityPharmacy - Hospital