

# Pharmacy & Medicines Directorate Weekly Update

ISSUE #167  
19<sup>th</sup> May 2023



## Contents

01: Introduction to Sexual Health: 2<sup>nd</sup> June 2023

02: Pharmacy Substance Use Training Event: 18<sup>th</sup> July 2023

03: Emergency Hormonal Contraception Refresher Training Resources

04: Consultation on Third Sector Drug and Alcohol Services in Aberdeen City

05: Smoking Cessation Update

- Support to Stop Vaping
- Smoking Cessation Training Reminder

06: The Happy Place ☺

07: Community Pharmacy Scotland Newsletter Round-up

## Introduction to Sexual Health: 2<sup>nd</sup> June 2023

The NHS Grampian Sexual and Reproductive Health Service team are hosting an online session “Introduction to Sexual Health” on Friday 2<sup>nd</sup> June, from 8.45am – 12.30pm via Microsoft Teams. This course is ideal for those wishing an introduction to sexual health assessment and contraception counselling or those who feel they need a refresher. Please find the attached flyer for more information.

## Pharmacy Substance Use Training Event: 18<sup>th</sup> July 2023

The Substance Use Service team in Grampian would like to invite trainee pharmacists to an open training session specifically tailored for FTY trainee pharmacists on Tuesday 18<sup>th</sup> July 2023 which will be held in Aberdeen City.

Please discuss this beneficial opportunity and any identified learning needs this could meet with your designated supervisor. Please [click here](#) to indicate an expression of interest by booking a ticket before the deadline of Friday 26<sup>th</sup> May 2023. Any questions can be directed to [bethany.potter1@nhs.scot](mailto:bethany.potter1@nhs.scot).

## Emergency Hormonal Contraception Refresher Training Resources

An Emergency Hormonal Contraception (EHC) refresher training evening was held on Wednesday 17<sup>th</sup> May, hosted by Sinead Cook, Consultant of Sexual and Reproductive Health.

You will find attached the presentation slides from the training session and a QR code to the [Grampian Sexual Health Services website](#) which contains information on STIs, contraception and links to other useful sources of information.



## Consultation on Third Sector Drug and Alcohol Services in Aberdeen City

The Aberdeen City Alcohol and Drug Partnership are running a consultation questionnaire to inform future commissioning of third sector alcohol and drug services and are particularly keen to hear from communities and people who use the services.

### Online Questionnaire

Please [click here](#) to access the online questionnaire, with the deadline date of Friday 26<sup>th</sup> May for completion. All feedback is anonymous and this will take around 5 minutes to complete. You will also find attached a printable version, which is required to be returned to the address below:

*Simon Rayner  
Fulton Clinic  
Cornhill  
AB26 2ZH*

The Aberdeen City Alcohol and Drug Partnership will also be undertaking some face to face interviews of people using services.

### Online Workshop

In addition to the consultation questions, an online workshop is scheduled to be hosted from 2pm – 4pm on Thursday 25<sup>th</sup> May. To book a space on the workshop, [click here](#). The Microsoft Teams event link is available [here](#).

## Smoking Cessation Update

### Support to Stop Vaping

We have received a number of queries on the support available for patients who are looking to stop vaping. Patients should be signposted to: Quit Your Way Scotland – Tel: 0800 84 84 84.

For more information please [click here](#).

### Smoking Cessation Training Reminder

This is a reminder that all smoking cessation training is now available as an online course. The Public Health Scotland course is a thorough course which covers all aspects of smoking cessation and hosts many role-play type videos which offer help and guidance on the practical side of delivery. Find the links listed below:

- Public Health Course: [Click here](#).
- Video Library Resources: [Click here](#).

If you have any questions following the training, please get in touch with your relevant Public Health Practitioner:

### Aberdeen City and Aberdeenshire South

Suzanne Cowie ([suzanne.cowie@nhs.scot](mailto:suzanne.cowie@nhs.scot))

### Moray and Aberdeenshire North

Denise Stirling ([denise.stirling@nhs.scot](mailto:denise.stirling@nhs.scot))

## The Happy Place 😊

To mark Mental Health Awareness Week, Positive News asked their readers for the best advice they have received about looking after their mental health. To view the article, [click here](#).

Mental Health  
Awareness Week  
15th - 21st May 2023



***If you would like to use this space in our update to say thanks to one of your team, do contact us!***

## Community Pharmacy Scotland Newsletter Round-up

WED, MAY 17  
PCA(P)(2023)20 -  
Gluten Free Food  
Prescribable List  
This Circular provides an updated  
Gluten Free Food Prescribable Product  
List to be used in conjunction with the  
community pharmacy Gluten Free Food  
Service (GFFS).  
[Read More](#)

### Digital Prescribing and Dispensing Pathways Programme Update

The Spring newsletter for the Digital Prescribing and Dispensing Pathways (DPDP) programme is now available to view. The edition includes a dispensing pathways update and an interview with Ewan Morris.

[Read More](#)



### Treatment of Scabies in Community Pharmacy

Where scabies is being treated with permethrin in community pharmacy, please consider the quantity being supplied, and ensure that the appropriate quantity is given to cover the full course of the treatment.

[Read More](#)

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*Newsletter by,*

*The Pharmaceutical Care Services Team,*

All weekly updates are uploaded to the [CP Grampian website](#).

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[Community Pharmacies Delivering NHS Grampian Services](#)



We are happy to receive all feedback and comments to improve our communications to you, please don't hesitate to get in touch on [gram.pharmaceuticalcareservices@nhs.scot](mailto:gram.pharmaceuticalcareservices@nhs.scot)