

# Pharmacy & Medicines Directorate Weekly Update



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## Medicines Management Update

### Guidance for Healthcare Staff within NHS Grampian on working with the Pharmaceutical Industry and Suppliers of Prescribable Healthcare Products: Version 4.

Please find attached the recently approved Guidance for Healthcare Staff within NHS Grampian on working with the Pharmaceutical Industry and Suppliers of Prescribable Healthcare Products: Version 4. Any queries relating to this document should be directed to [gram.medicinesmanagement@nhs.scot](mailto:gram.medicinesmanagement@nhs.scot).

### Guidance for COPD and Asthma Management

Please find attached the NHS Grampian Guidance on COPD and Asthma Management and Prescribing which detail information on Greener Respiratory Care.

## Pharmacy Training in Migraine Management Survey

NHS Grampian are working with the Migraine Trust to develop education and training materials for pharmacists. We are hosting a survey on Pharmacy Training in Migraine Management in order to develop appropriate training and support for pharmacy staff. This survey requests details of your experiences to date, and any preferences which will assist the project team to evaluate the project. Please [click here](#) to complete the survey by 30<sup>th</sup> June 2023.

## NHS NSS Practitioner Services Customer Satisfaction Survey 2023

NHS NSS Practitioner Services are hosting a Customer Satisfaction Survey to distinguish how community pharmacies feel about the services they provide. NSS Practitioner Services are looking to understand how much you know about the changes that affect your community pharmacy team and what your priorities and concerns are in order to target improvement and continue providing the best possible services.

Please [click here](#) to complete the survey by Friday 30<sup>th</sup> June 2023. If you have any questions, comments or feedback about the survey please don't hesitate to get in touch with Anna Rist, Customer Experience Manager: [anna-maija.rist2@nhs.scot](mailto:anna-maija.rist2@nhs.scot).

## Are you interested in becoming a Community Pharmacist Independent Prescriber (CPIP)?

If you are interested in becoming a community pharmacist independent prescriber (CPIP) and wish to be considered for the next round of NES funding available for 2024 cohorts, please act now.

## Actions required:

1. Source a designated prescribing practitioner (DPP); a prescriber working in your field who can support and mentor you through your prescribing studies.
2. Ensure you have support from your employer to undertake this course and the subsequent time in clinical practice to become a CPIP (currently 90hours).
3. Ensure you will be able to deliver a prescribing service at the end of the qualification. For pharmacy first plus, there is a requirement for the prescriber to be available for a minimum of 25 hours per week, 45 weeks of the year.

If you meet all of the above criteria, please email [gram.pharmaceuticalcareservices@nhs.scot](mailto:gram.pharmaceuticalcareservices@nhs.scot) stating your name, NHS email account, GPhC number, contractor code and DPP details. Sarah will then be in touch with you once NES confirm an allocation of funded places for Grampian and she will commence the shortlisting process.

All applications must be received to PCS account by Monday 31<sup>st</sup> July 2023 to be considered for the 2024 NES-funded IP cohorts.

## Emails to General Practice Mailboxes

We have received feedback from practices regarding a number of emails incorrectly being sent to practice pharmacy team mailboxes. Please see below some examples of emails which should be sent to **practice admin mailboxes**:

- Missing prescriptions.
- Prescription reprints.
- Routine ordering of prescriptions (particularly for compliance aids).
- Urgent ordering of prescriptions which the CP has forgotten to order (particularly for compliance aids).
- Requests despite clear out of office message directing CPs to the admin email address (during the time when there is no pharmacy team cover in the practice).
- Clinical referrals to GPs, with requests for GP appointments.

## Public Health Update

### World Men's Health Week: 12<sup>th</sup> – 18<sup>th</sup> June 2023

From 12<sup>th</sup> - 18<sup>th</sup> June, leading up to Father's Day, the world celebrates Men's Health Week. This is a time to bring awareness to health issues that affect men disproportionately and focuses on getting men to become aware of problems they may have or could develop, and gain the courage to do something about it. Encourage the men in your life to check-in on their health!! Please [click here](#) for more information.



### Diabetes Week: 12<sup>th</sup> – 18<sup>th</sup> June 2023

Also this week has been drawing awareness to diabetes. Morning blood sugars, pre-meal blood sugars, counting carbs. HbA1c, blood pressure, how many carbs were in that sandwich again? Diabetes can feel like a never-ending stream of numbers. Diabetes Week celebrates and highlights that people living with diabetes are more than just a number. Please [click here](#) for more information.



## MedWatch Newsletter

We have attached the latest edition of the MedWatch newsletter. The June edition contains information on Healthcare Improvement Scotland (HIS) Safe Delivery of Care Inspections and MHRA Drug Safety Newsletters.

## The Happy Place 😊

### Dancing or Brisk Walks Can Slash Diabetes Risk by 74%

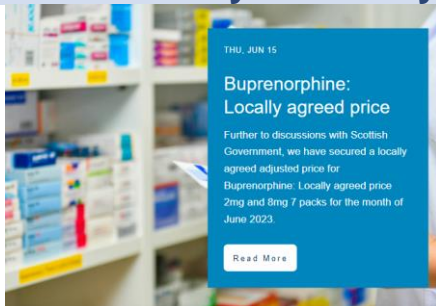
Dancing or going for brisk walks can slash the risk of diabetes by three quarters, according to a huge new study. Those who managed more than an hour of moderate-to-vigorous exercise per day were 74 percent less likely to be diagnosed, compared to sedentary peers. The protection even applied to genetically-predisposed patients when the disease runs in the family. In fact, their susceptibility fell further than individuals at low genetic risk who were inactive.

*“People are unable to control their genetic risk and family history,” said the study’s senior author Professor Melody Ding, of Sydney University. “But this finding provides promising and positive news that through an active lifestyle, one can fight off much of the excessive risk for type 2 diabetes.”*



***If you would like to use this space in our update to say thanks to one of your team, do contact us!***

## Community Pharmacy Scotland Newsletter Round-up



THU, JUN 08

### Daffodil Standards

Will your pharmacy team support best practice in palliative and end of life care?

Read More

*Newsletter by,*

*The Pharmaceutical Care Services Team,*

**All weekly updates are uploaded to the [CP Grampian website](#).**

***Please like our Facebook page for regular updates and information:***

**[Community Pharmacies Delivering NHS Grampian Services](#)**



We are happy to receive all feedback and comments to improve our communications to you, please don't hesitate to get in touch on [gram.pharmaceuticalcareservices@nhs.scot](mailto:gram.pharmaceuticalcareservices@nhs.scot)