

Pharmacy & Medicines Directorate Weekly Update



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NEW: Gluten Free Food Service

This is a reminder that Grampian pharmacies are now available on the GFFS webpage for patients to print order requests and either bring or email to you at the pharmacy. Please see attached handout with screenshot of this process to help you support your patients.

This is a great resource which has a number of product images included, to minimise risk of incorrect product ordered and only lists items on our Grampian GFF Formulary. The webpage is publically available here: <https://www.scotlandglutenfree.org.uk/>

Step 1: Patient fills in postcode of pharmacy. This identifies the pharmacy as being in Grampian and will populate only the Grampian formulary for the patient. They also complete their personal details to calculate the number of units per month they are allowed to order.

Step 2: Patient creates their prescription by selecting the items they wish to order that month. Can filter by product type (bread / pasta / crackers / cereals etc.) or by brand. All products are clear on weight and unit calculation. Once item is placed in basket, a countdown of total units remaining is provided.

Step 3: Checkout. The screen then confirms the order completion which can then be downloaded as a PDF and printed / taken to pharmacy or emailed to the pharmacy.

Aberdeenshire Mental Health Improvement and Wellbeing Service

All Aberdeenshire Community Pharmacies should now have received a copy of the attached poster to promote the Aberdeenshire Mental Health Improvement and Wellbeing Service. Please ensure this is displayed within your pharmacy for patient awareness.

Pharmacy Technician Professionalism and Professional Identity Study

NHS Grampian Pharmacy Technicians are invited to take part in a research Study which aims to identify pharmacy technicians' views of pharmacy technician professionalism and professional identity. Please see the attached document for further details.

If you wish to take part in this study, or have any enquiries, please contact Aileen Begley, Specialist Pharmacy Technician, NHS Greater Glasgow and Clyde on: aileen.begley@ggc.scot.nhs.uk or 07970007624.

Smoking Cessation Update

Vaping Support Requests in Community Pharmacies

We are currently gathering information around vaping issues across Grampian. It would be extremely helpful to receive information from pharmacies about the specific questions you are being asked around vaping and also to gauge how many people are presenting to pharmacies for support, both wanting to use a vape as an NRT tool and in quitting vaping altogether, to: gram.pharmaceuticalcareservices@nhs.scot.

Patients with vaping queries should be referred to Quit Your Way Services (QYWS): 0800 84 84 84.

Public Health Update

Alcohol Awareness Week 3rd - 9th July 2023

Alcohol Awareness Week is coordinated by Alcohol Change UK. Over 5,000 public health teams, workplaces, GP surgeries, pharmacies, hospitals, charities and other community groups across the country have signed up to take part so far. It's a chance for communities to get thinking about their drinking habits. It's a week of awareness-raising, campaigning for change, and more.

The theme for Alcohol Awareness Week 2023 is 'Alcohol and cost'. Why not create a promotional display within your pharmacy? Resources are available to order [here](#).



If you would like to get involved, sign up or get more information, please click [here](#).

Medication Recovery and Me

Medication, Recovery and Me is a mutual aid meeting which exists in Scotland, for people with lived experience of being prescribed medication to support their recovery. These meetings are 100% confidential where experiences of recovery are shared in a supportive group setting.

The group for Grampian runs in Westhill, every second Friday, please see the attached poster for details.

Period Poverty

The Period Products (Free Provision) (Scotland) Act 2021 ("the Act") was passed by the Scottish Parliament on 24 November 2020 and received Royal Assent on 12 January 2021. Within [Aberdeen City](#), [Community Food Initiatives North East](#) (CFINE) and [National Advisory Council on Women and Girls](#) (NACWG) can now provide free sanitary products to all pharmacies. CFINE will deliver the products straight to the pharmacy and you can subsequently order on-demand or set up an automatic repeat delivery system.

If you wish to stock free products within your pharmacy, please contact CFINE on: info@cfine.org or 01224 596156. We are also currently looking at options for pharmacies in Aberdeenshire and Moray and will keep you updated.

The Happy Place ☺

Britain is embracing refillable water bottles

According to the anti-disposables campaign [Refill](#), just 20% of people in the UK used a refillable water bottle in 2015. However, that figure has now grown to almost 60%.

Working alongside more than 80 councils, and with a growing network of high street chains onboard, [the Refill app](#) showcases a network of 32,000 places across the UK – from municipal fountains to big chains and from pubs to independent shops or businesses – where people can top up their bottles for free, no questions asked.



If you would like to use this update to say thanks to one of your team, do contact us!

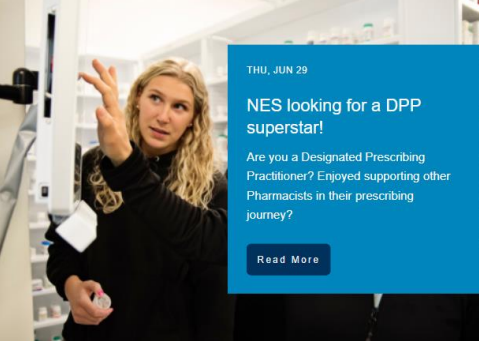
Community Pharmacy Scotland Newsletter Round-up



We are pharmacies!

A reminder to everyone that community pharmacies are just that - pharmacies! We are all ...

Jun 29, 2023




THU, JUN 29

NES looking for a DPP superstar!

Are you a Designated Prescribing Practitioner? Enjoyed supporting other Pharmacists in their prescribing journey?

[Read More](#)



nDCVP Key Differences Guide Version 3

NSS communicated out an updated key differences guide version 3, following the webinar ...

Jun 29, 2023

Newsletter by,

The Pharmaceutical Care Services Team,

All weekly updates are uploaded to the [CP Grampian website](#).

Please like our Facebook page for regular updates and information:

[Community Pharmacies Delivering NHS Grampian Services](#)



We are happy to receive all feedback and comments to improve our communications to you, please don't hesitate to get in touch on gram.pharmaceuticalcareservices@nhs.scot