

# Gluten Free Food Service – Online Ordering Platform

Website: <https://www.scotlandglutenfree.org.uk/>



Welcome to the new, alternative way of ordering your gluten free prescription. This service is currently only available for the Tayside region, but will be rolled out across Scotland in 2016.

Enter your community pharmacy's  
postcode

e.g. DD1 5PH

Get Started >



## Step 1 Fill in your details

It's quick and simple to do.



## Step 2 Create your prescription

Add gluten free products to your online basket.



## Step 3 Download your prescription

Print and take it to your local pharmacy.

[FAQs](#) [Contacts for NHS Gluten Free Food Scheme](#)

**Step 1:** Insert pharmacy post code to identify in Grampian and must use Grampian GFF Formulary. Then complete patient details.

**Step 2:** Create prescription by selecting the items (these detail description / units) wish to order that month. More images on the way to support decision making and avoid ordering incorrect items. May filter by product type or brand to aid ordering also.



**Thank You.**

**Your order has been created.**

Your order should download automatically, if not please click [here](#)

You now need to either:

1. Print off your order and take it to your community pharmacy.
2. If you have an agreement with your community pharmacy, you can email them your order


Save your order for future visits

Save Order >

Saves your order on this device only. You'll have the option to recreate your current order the next time you visit.

[Click here](#) if you would like to start a new order.

**Step 3:** Checkout and download prescription for printing and taking to pharmacy or emailing to pharmacy. Sample prescription detailed below.



**Gluten-Free Food Requirement Order**

**Details**

Date: 20/04/2023  
 Full Name: Sarah Buchan  
 Email Address: sarah.buchan3@nhs.scot  
 Date of Birth:  
 Breast feeding: N  
 Pregnant in 3rd Trimester: N  
 Address:  
 Postcode:  
 Unit Allowance: 14  
 CHI:  
 Pharmacy Postcode: AB15 9SX



Manufacturer / Description	PIP Code	Quantity	Total Units
Barkat® Home Fresh Par-baked Baguettes	327-9023	1	0.5
Barkat® Short Cut Tagliatelle	339-4954	1	2
Glutafin® Mini Crackers	353-5515	2	1
Juvela® Gluten-Free Fibre Flakes	371-1660	2	3
Juvela® Longer Life Part Baked Fibre Rolls (5 x 75g)	262-9020	1	1
Juvela® Longer Life Part Baked White Rolls (5 x75g)	243-7267	1	1
Juvela® Pure Oats	371-1678	1	1.5
Tritamyl Brown Bread Mix	228-0659	1	4
Unit Total from Section A			14
Total Units			14