

Pharmacy & Medicines Directorate Weekly Update



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DPP Webinar - 23rd August 2023

This is a reminder that NES will be hosting a webinar on Wednesday 23rd August at 7pm for pharmacists who are thinking about becoming a DPP or for anyone who is about to start the role. This is a great opportunity to have questions answered, familiarise yourself with role requirements and resources available to support. There will also be a chance to hear from those who have undertaken the role already. Please note this session will be recorded and made available post event.

If you would like to register, please book via the [DPP webinar course booking page](#).

Grampian Diabetes MCN Professional Conference 2023

Registration is now open for this year's Grampian Diabetes MCN Professional Conference which will take place on Wednesday 20th September at the Beach Ballroom in Aberdeen. Please find the attached programme for full details of this event.

The Grampian Respiratory Managed Clinical Network are excited to announce that registration is now open for the 2023 Grampian Diabetes MCN Professional Conference. The key themes are prevention, early intervention, reducing inequity, intelligent use of data, and use of technology. The focus remains on fostering networking opportunities, sharing both challenges and successes, and offering a diverse array of educational talks and interactive workshops.

To purchase tickets for this event via Eventbrite, please [click here](#).

Public Health Update

Healthy Eating and Weight Loss Support

Healthy Eating and Weight Loss Support Online Healthy Helpings is a free NHS Grampian weight management programme which offers a fun, interactive and informative way of finding out more about healthy eating and healthy lifestyle and the best ways to put it into practice in your everyday life. It is a 12 week programme offering a weekly session on a different topic, suitable for anyone who is:

- Aged 18+
- Has a BMI > 25kg/m²
- Motivated to lose weight

To find out more information about this programme, please [click here](#).

Obesity Action Scotland

Following the Scottish Health Survey (SHeS) which gathered information between 2016-2021, Obesity Action Scotland have published a suite of 14 regional obesity prevalence factsheets, one for each regional health board area in Scotland. The factsheets contain key facts and data on obesity trends for adults and children, maternal obesity, fruit and vegetable consumption, food insecurity, type 2 diabetes prevalence and levels of physical activity in each regional health board area and details how this compares to the national average/rate.

We've attached the factsheet for Grampian showing that 66% of Grampian's population are in an overweight or obese category. If you are keen to see other board's statistics as a comparison, you can find their information [here](#).

Remember that you can signpost patients to the Healthy Helpings App for support – [Healthy Weight Grampian](#) or they can speak to an advisor at Healthpoint on 08085 20 20 30.

NES Pharmacy Update – August 2023

Please [click here](#) to view the August issue of the NHS Education for Scotland (NES) Pharmacy Update. This issue includes information on the upcoming Community Pharmacy Workforce Survey 2023 and a fantastic opportunity for Post-registration foundation pharmacists to support their Independent Prescribing.

Community Pharmacy Scotland Newsletter Round-Up



Hayfever PGD additions

Now that the financial settlement for 2023/24 has concluded, the previous commitment to extend the PGDs available to use in the delivery of NHS Pharmacy First Scotland to include a Hayfever bundle...

[Read More](#)



FBI: AUG 24
PCA(P)(2023)26 -
Amendments to Drug Tariff
in Respect of Remuneration
Arrangement and Part 7
Clawback

This circular sets out to community
pharmacy contractors the details of the
community pharmacy funding
arrangement 2023/24.

[Read More](#)



AMS-Digital

Our colleagues at P&CFS (AMS Digital) have asked us to share the following recording of the meeting that took place on the 27th July 2023 (7-8pm) hosted by Martin Bell:

[Read More](#)

The Happy Place 😊

This week, we would like to give a shout out to the Boots Pharmacy team at Union Square, who supported a patient to successfully stop smoking. The patient provided very positive feedback, and stated that the continuity of care was brilliant, particularly that they had previously attempted to stop smoking without success. *Well done team Boots Union Square, keep up the good work!*

If you would like to use this section to say thanks to one of your team, do contact us!

Newsletter by,

The Pharmaceutical Care Services Team,

All weekly updates are uploaded to the [CP Grampian website](#).

Please like our Facebook page for regular updates and information:

[Community Pharmacies Delivering NHS Grampian Services](#)



We are happy to receive all feedback and comments to improve our communications to you, please don't hesitate to get in touch on gram.pharmaceuticalcareservices@nhs.scot