

GRAMPIAN DIABETES MCN



2023 PROFESSIONAL CONFERENCE

Wednesday 20th September

Beach Ballroom, Beach Promenade, Aberdeen AB24 5NR

EVENT PROGRAMME

08:30 REGISTRATION

09:00 WELCOME

09:10 INTRODUCTION (PRERECORDED)

Jason Leitch, National Clinical Director,
Scottish Government

09:20 INTELLIGENCE LED DIABETES CARE

Alistair Jamieson, Grampian Diabetes MCN
Clinical Lead & Jane Dymott, Consultant in
Diabetes, Endocrinology and General Medicine

09:35 DIABETES VISION FOR GRAMPIAN

Hannah Robertson, Consultant Diabetes and
General Medicine & Amanda Ferguson, MCN
Support Manager

09:50 WORKSHOP SESSION 1

See workshop brochure on following pages

10:35 NETWORKING & REFRESHMENTS

11:00 LIVED EXPERIENCE (PRERECORDED)

11:30 INSULIN PUMP & CLOSED LOOP SYSTEMS

Sam Philip, Consultant Physician in Diabetes &
Endocrinology

11:45 WORKSHOP SESSION 2

See workshop brochure on following pages

12:30 LUNCH

Please take time to visit the exhibitors in the
Northern Lights Room

13:45 DIABETIC FOOT DISEASE

Duncan Stang, National Diabetes Foot
Co-ordinator

14:30 WORKSHOP SESSION 3

See workshop brochure on following pages

15:15 NETWORKING & REFRESHMENTS

15:30 HEALTHIER FUTURES DIABETES EDUCATION

Emma Darling, Public Health Practitioner
Advanced & Healthier Futures Diabetes
Prevention Framework - Project Manager

15:45 CLOSING REMARKS

To register for this event please complete
the form via the link below

[Click here to register](#)

For enquiries contact gram.mcn@nhs.scot

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WORKSHOP BROCHURE

WORKSHOP A:

PHARMACOLOGICAL MANAGEMENT OF T2D IN 2023; WHAT'S NEXT AFTER METFORMIN?

Jane Dymott & Susan McGeoch

Medications choices in people with t2D are becoming increasingly complex. This will be an interactive workshop on how to choose the right glucose lowering medication. Bring along cases for discussion and lots of questions.

WORKSHOP B:

OPTIMISING OFFLOADING: HOW TO REDISTRIBUTE PRESSURE IN A MID/FOREFOOT DIABETIC ULCER

Rachel Crichton & Christine Collie

You will be introduced to the IWGDF Guidelines on offloading Diabetic Foot Ulcerations (DFUs), be shown how to fit and have an opportunity to try on, a gold-standard offloading boot – a device that offers equivalent offloading to a total contact cast (TCC) but with the convenience of being 'off-the-shelf.' There will be the opportunity to discuss & share real-life experiences of implementing this in practice.

WORKSHOP C:

HEALTH INEQUALITIES – WHERE ARE WE AND WHERE ARE WE GOING?

Emily Moffat, Emma Darling, Debbie Foreman & Hannah Robertson

Aims to discuss what we currently do to address inequalities and to explore what we can do better to further reduce health inequalities.

WORKSHOP D:

WHAT TYPE OF DIABETES IS IT?

Jane Dymott

This will be an interactive workshop based around cases to increase knowledge on how to decide what type of diabetes someone has. Will be focussed on initial diagnosis and will include when to seek further advice or consider additional investigations e.g GAD antibodies and genetics.

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WORKSHOP BROCHURE

WORKSHOP E: VALUES-BASED PRACTICE

Eva Bohlert & Jessica Waddingham

Aim to discuss the use of values to promote self-management and improve wellbeing in diabetes, alongside staff wellbeing.

WORKSHOP F: WOUND CARE FORMULARY DRESSING UPDATE

Kirsti Walker & Laura McAulay

The NHS Grampian Joint Wound Care Formulary was relaunched in February 2023. This would be a practical work shop to look at the new products available and discuss their practical use in wound care. Will be a practical workshop discussing and showing the different products available to us to deal with Diabetic Foot ulcerations.

WORKSHOP G: HOW TO PREPARE FOR PREGNANCY WITH DIABETES

Wendy Watson, Sarah Bruce & Natasha Sawhney

This workshop is for healthcare professionals within primary and specialist services to help support those who are preparing for pregnancy with Type 1 or 2 diabetes. Why is it important to optimise control coming into pregnancy? Share what happens during their pregnancy, diabetes technologies and the expectations of care. We will review common medications, consider complications screening and the importance of weight management.

WORKSHOP H: TIPS FOR STARTING/ ONGOING INSULIN CARE— RIGHT PATIENT, RIGHT PRODUCT, RIGHT TIMING

Sharon Wright, Helen Barnes, Jan Masson and Charlotte Heppenstall

This workshop is aimed at optimising the initiation/ continuation of insulin, aiming to ensure decisions remain patient centred and provide best clinical outcomes. Case based learning examples will help guide conversations round optimal time to start therapy, best strategy to achieve appropriate treatment goals and how to balance use with oral agents. Tips and guidance will be offered around continuation of therapy longer term.

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WORKSHOP BROCHURE

WORKSHOP I: DIABETES SPECIALIST NURSE EDUCATION DISCUSSION

Jacqui McGillivray & Jenny Crofts

Presentation of Diabetes Specialist Nurse current education sessions for which we will open up to discussion with delegates as to what they feel would be of benefit to Primary Care Health Care Professionals for future education sessions.

WORKSHOP J: THE IMPORTANCE OF CARBOHYDRATE AWARENESS AND COUNTING

Shona Milne & Brittany Macdonald

Aims to educate and inform workshop participants on the importance of carb awareness / carb counting for their T2 and T1 patients. Will include a quiz.

WORKSHOP K: GESTATIONAL DIABETES: WHAT DOES THIS MEAN DURING PREGNANCY AND BEYOND?

Wendy Watson & Team

An opportunity to share our Gestational Diabetes Pathway and what services we have to support during and after pregnancy. How do we take services to our communities to help adopt behaviour change and integrate these into our services and access harder to reach areas.

WORKSHOP L: TOOLS OF THE TRADE

Diabetes Specialist Nurses

This is an interactive session to give you an opportunity to roll up your sleeves and try out a selection of meters and injectable devices used in Grampian.

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WORKSHOP BROCHURE

WORKSHOP M: SICK DAY RULES

Diabetes Specialist Nurses

Interactive workshop, to discuss some of the issues that affect patients with Type 1 and Type 2 during periods of high blood sugars and their ability to manage their diabetes. The workshop will include scenarios of some cases covering illness and hypoglycaemia events.

WORKSHOP N: INTERNATIONAL WORKING GROUP FOR DIABETIC FOOT DISEASE GUIDELINES

Sotiris Makris & Cameron McLaren

This session will offer an update of the recently revised IWGDF guidelines as decided and presented in the Hague in May.

WE LOOK FORWARD TO SEEING YOU AT THE CONFERENCE!



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Financial support for this meeting has been provided through the purchase of exhibition space by (list those who have provided financial support). None of the companies have had any involvement in the agenda or speaker selection. Please note that the exhibitors will be present with promotional stands