

Pharmacy & Medicines Directorate Weekly Update



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DPP Webinar - 23rd August 2023

This is a reminder that NES will be hosting a webinar on Wednesday 23rd August at 7pm for pharmacists who are thinking about becoming a DPP or for anyone who is about to start the role. This is a great opportunity to have questions answered, familiarise yourself with role requirements and resources available to support. There will also be a chance to hear from those who have undertaken the role already. Please note this session will be recorded and made available post event.

If you would like to register, please book via the [DPP webinar course booking page](#).

Migraine Management in Pharmacy Training Events

Please see the below training dates available for Migraine Management in Pharmacy. If you still wish to register for one of these sessions, please contact: gram.transformationteam@nhs.scot.

Crimond (Health Centre) on Wednesday 6th September 2023, from 6.30-8:30pm (limited spaces available)
Online (Teams) on Tuesday 5th September 2023, from 7-9pm (spaces available)
Online (Teams) on Tuesday 19th September 2023. From 7-9pm (spaces available)
Online (Teams) on Wednesday 20th September 2023, from 7-9pm (spaces available)

Pharmacy Technician Fitness to Practise and Professionalism Webinar

A myth-busting webinar on Fitness to Practise and Professionalism, with focus on Pharmacy Technicians and Pre-registration Technicians, is being hosted on Zoom by GPhC and APTUK on Tuesday 26th September from 7-8pm. If you wish to attend the webinar, please [click here](#).

Engagement on the Impact of the Cost of Living

NHS Grampian's Public Health colleagues have shared information around engagement they are undertaking on the impact of the cost of living on the people of Grampian. A workshop is being held with focus on the Population Health Cost of Living on Monday 28th August from 10am-12pm. If you wish to attend the workshop, please [click here](#).

As we will all have examples where we see the impact of the rising cost of living on individuals' health and wellbeing, and that it is short notice to attend the workshop, an opportunity has been provided to submit views into the process separately. If you have any feedback you wish to include, please complete and submit the attached feedback form to gram.mcn@nhs.scot by **Friday 1st September**.

Sick Day Rules

It has been highlighted by the diabetic specialist team that many patients initiated on treatment in community are unaware of the sick day rules. This has led to several euglycaemic DKA presentations due to patients continuing to take their medications through periods of illness.

If you are not familiar with the sick day rules, please ensure you take the time to review the resources below:

1. AZ Forxiga patient leaflets (different ones for diabetics and non-diabetics, and different indications) [Resource | Forxiga \(Dapagliflozin\)](#)
2. SPSP derived Sick Day Rules cards ([Medicines Sick Day Rules Card | Scottish Patient Safety Programme \(SPSP\) | ihub - Medicines Sick Day Rules Card](#))

Please ensure that any new patient receiving these medicines is appropriately counselled by your pharmacy teams. Look out for further information on the Sick Day Rules in the September MedWatch Newsletter, coming soon.

HIV Medicine Supply via Community Pharmacy

Our HIV specialist pharmacist, Jenny Cooper, has been in touch with a few pharmacies over the last few weeks regarding supplies of HIV medicines to patients via community pharmacies. A concern was raised that pharmacies may not be reimbursed for these supplies, however PSD have confirmed they have all of these drugs listed, so pharmacies will be paid appropriately for supplies made.

Smoking Cessation Update

The effect of smoking on Psychotropic drugs

Did you know that smoking can reduce the effectiveness of some psychotropic drugs? Please see the attached table for more information. It is important to have an awareness of any patients you have on these drugs who sign up for the smoking cessation programme as they may need to discuss their drug dosage with their Consultant before stopping.

If you wish to learn more about this, you can complete the [ASH Scotland learning modules](#), which are a pre-requisite for the online IMPACT training on the effects of smoking on mental health. There are two modules, each taking around 30 minutes with a quiz at the end. The enrolment key is ASHScotland11.

Public Health Update

Mental Health and Improvement Services

Aberdeenshire

Do you live in Aberdeenshire? Are you struggling with your mental health and wellbeing? Over the age of 16? Need a little extra support to get back on track? Feeling lost? Suffering with anxiety? Family difficulties? Relationship issues? Get 1:1 help and support from Aberdeenshire Mental Health and Improvement Services Team.

Please see the poster attached and access more information using the QR code, click the link to the webpage available [here](#) or call: 01224 557400.

Aberdeen City

For anyone City based, there are a range of services available in Aberdeen City. Please [click here](#) for more information. We kindly ask you to share this useful information on your own social media platforms!

Scottish Fire and Rescue Services Leaflets/HFSV Postcards

This is a reminder that a small number of postcards have been distributed to *Aberdeenshire* and *Moray* community pharmacies to be used selectively and attached, preferably stapled the on outside, of prescription bags.

The postcards are intended to provide information and contact details to *elderly (60+) and vulnerable people* within your communities, so that SFRS can provide valuable home safety information and possible home visits across Aberdeenshire and Moray areas. Home fire safety visits are a valuable initiative aimed at promoting fire prevention, risk reduction, and community safety, by engaging residents and providing them with fire and home safety awareness.

Community Pharmacy Scotland Newsletter Round-Up



The Happy Place 😊

AI Can Accurately Detect 20% More Breast Cancers than Traditional Screening by Radiologists

A trained radiologist assisted by artificial intelligence was able to spot 20% more breast cancers in mammogram screenings without any increase in false positives, a new study showed. Pitting the man-machine team against two trained radiologists, the authors believe it's the first randomized controlled trial demonstrating the effectiveness of AI-assisted breast cancer screening.

The [study found](#) that out of 80,000 mammogram screenings done in Sweden, the human-AI pairing was able to identify breast cancer in 6 out of 1,000 women, compared to a rate of 5 in 1,000 for the two radiologists, corresponding to a 20% increase.



If you would like to use this section to say thanks to one of your team, do contact us!

Newsletter by,

The Pharmaceutical Care Services Team,

All weekly updates are uploaded to the [CP Grampian website](#).

Please like our Facebook page for regular updates and information:

[Community Pharmacies Delivering NHS Grampian Services](#)



We are happy to receive all feedback and comments to improve our communications to you, please don't hesitate to get in touch on gram.pharmaceuticalcareservices@nhs.scot