



COMMUNITY PHARMACY LANARKSHIRE  
NEWSLETTER  
SEPTEMBER 2023 EDITION 3



**IP Places Available**

NEWS/OPPORTUNITIES

**Online Network Update Evening  
Wednesday 1<sup>st</sup> November 7pm**

**Online Evening Update Event- Wednesday 1<sup>st</sup> November 7pm**

We are hosting an online Community Pharmacy Lanarkshire Network Update event, on Wednesday 1<sup>st</sup> November 7pm, held over teams to allow you to logon from the comfort of your home after work. A teams link will be cascaded to your clinical inbox nearer the time. This will be a chance to get service updates, delivered by our new Pharmacy Champions, on key service delivery points, including digital, ECS, PGDs, and advice for planning & preparing for winter. We would encourage all community pharmacy teams to attend online. We look forward to seeing you then.

**Website being updated-** We are pleased to share that we are currently updating our community pharmacy Lanarkshire website: [NHS Community Pharmacy Website \(scot.nhs.uk\)](https://scot.nhs.uk). This is a work in progress, but we hope to host important updates and information for the network on this site. Please ensure weekend staff and locums have sight on this and check this site regularly.

**IP Places available** –We are pleased to let you know that Community Pharmacy Lanarkshire has been allocated 20 NES funded places for IP training for community pharmacists in 2024. We will be prioritising these places for the areas of most geographical need for the provision of pharmacy first plus in Lanarkshire in the first instance. Interested applicants will be prioritised to deliver pharmacy first plus on qualification and fulfil the PCA service requirements (namely be an employee of a pharmacy working a minimum of 25 hours) have a DPP (this can be a pharmacist DPP), and ideally be a supervisor or willing to become a supervisor/DPP for future pre-registration pharmacists. We are asking those interested to email [Lauren.gibson@lanarkshire.scot.nhs.uk](mailto:Lauren.gibson@lanarkshire.scot.nhs.uk), by Thursday 28<sup>th</sup> September 2023 with the following details: 1)Name 2)GPhC Number 3)Email 3)Pharmacy Name, address, locality and contractor code 4)Name of DPP 5)Declaration of management support 6)Preference: Jan 2024 RGU, March 2024 Strathclyde, June 2024 Strathclyde, September 2024 RGU (7) Short supporting statement (no more than 1 page). Thank you

LETS CELEBRATE: GOOD NEWS STORIES



**Six new Pharmacy Champions for Lanarkshire!**

We are pleased to announce we now have six pharmacy champions for Lanarkshire! We are thrilled to welcome this time and input to the community pharmacy network in Lanarkshire. Keep your eyes peeled for more information. We will introduce the champs at our November update evening!



PHARMACY FIRST UPDATES

There are now four national hayfever PGDS ready for use in community pharmacy, as detailed below. Please ensure you read each individual PGD fully and carefully, there are detailed & differing inclusion & exclusion criteria for each agent,

and differing maximum treatment lengths for each agent. Please ensure you are fully familiar with these requirements. There is an attached assessment sheet pro forma, and GP communication sheet to send to practices notifying supply. This information will be uploaded onto Lanarkshire community pharmacy website in due course. Pharmacists must ensure they have successfully completed the NES Pharmacy e-learning module: Seasonal Allergic Rhinitis (Hay Fever) for NHS Pharmacy First Scotland | Turas | Learn <https://learn.nes.nhs.scot/67704/pharmacy/cpd-resources/seasonal-allergic-rhinitis-hay-fever-for-nhs-pharmacy-first-scotland>

#### The x4 new PGDs are:

- **Oral fexofenadine 120mg tablets (over 12 years)** This PGD authorises community pharmacists to supply fexofenadine 120mg tablets to patients aged 12 years and over presenting with symptoms of seasonal allergic rhinitis under NHS Pharmacy First Scotland.
- **Beclometasone 50micrograms/actuation Nasal Spray (over 6 years)** This PGD authorises community pharmacists to supply beclometasone 50micrograms/actuation nasal spray to patients aged 6 years and over presenting with symptoms of seasonal allergic rhinitis with persistent congestion under NHS Pharmacy First Scotland.
- **Mometasone furoate 50micrograms/actuation Nasal Spray (over 3 years)** This PGD authorises community pharmacists to supply mometasone furoate 50micrograms/actuation nasal spray to patients aged 3 years and over presenting with symptoms of seasonal allergic rhinitis under NHS Pharmacy First Scotland.
- **Olopatadine 1mg/ml Eye Drops (over three years)** This PGD authorises community pharmacists to supply olopatadine 1mg/ml eye drops to patients aged 3 years and over presenting with symptoms of seasonal allergic conjunctivitis under NHS Pharmacy First Scotland.

Please ensure all pharmacists and locums have read & understood the PGDs, undertaken the learning, and if competent signed off and returned to [pharmacy.adminteam@lanarkshire.scot.nhs.uk](mailto:pharmacy.adminteam@lanarkshire.scot.nhs.uk)

---

## PHARMACY FIRST PLUS + UPDATES

---

**Pharmacy First Plus IP Peer Review Group in Lanarkshire** There is a growth of new pharmacists now undertaking pharmacy first plus, which is great to see this service developing, as such I wanted to issue a gentle reminder of our own Lanarkshire IP Peer Review Network Group, whom meet quarterly, this good for service governance, your own CPD, and linking in with others delivering the service. We are due to meet again soon, in October- If you are not already on the distribution list for this and wish to be, please email myself [lauren.gibson@lanarkshire.scot.nhs.uk](mailto:lauren.gibson@lanarkshire.scot.nhs.uk), to be added.

**Recognising Sepsis & Red Flags Lunch & Learn** We are delighted to have a Consultant guest speaker come to our October IP Peer Review session, to provide a session on recognising Sepsis & Red Flags. This will be in October 25<sup>th</sup> 1pm over teams.

---

## CLINICAL SERVICE UPDATES

---

**Addiction Services** – Advice for endorsements for unlicensed Disulfiram during this shortage: The most recent information we have received from Public Health Scotland & Community Pharmacy Scotland is that the preferred option is to have the prescription hand-written with the price endorsed. This will ensure the item is reimbursed correctly as Disulfiram capsules unlicensed is not held on DM+D.

**Smoking Cessation** - NHS Lanarkshire's Quit Your Way – training sessions are now available, please see website for times and details. A mix of evening, online, and day sessions are available. [NHS Community Pharmacy Website \(scot.nhs.uk\)](https://www.scot.nhs.uk)  
Thank you



**Palliative Care** - Please be aware, there is now an updated Palliative Care Network Leaflet available, due to changes in opening hours and ownership in the pharmacy network. This leaflet can be found on the website [NHS Community Pharmacy Website \(scot.nhs.uk\)](https://www.scot.nhs.uk/nhscommunitypharmacy/)



## SPOTLIGHT ON ADDICTION SERVICES

### THE IMPORTANT ROLE COMMUNITY PHARMACIES PLAY IN SUPPORTING ADDICTION RECOVERY IN LANARKSHIRE



**Drug-related deaths in Scotland are a National Public Health emergency.** In 2021, there were 1330 drug misuse deaths registered in Scotland. Lanarkshire has the fourth highest rate of drug-related deaths in Scotland. New standards for treatment are being introduced throughout Scotland called the Medication Assisted Treatment (MAT) standards.

Community pharmacies play a key role in the supply of treatments and we thank the network for this. We would ask for continued support with two key elements of the service: 1) Supervision 2) Reporting of missed doses.

**1) Supervision.** For patients accessing treatment with a request to supervise administration, this is a key safety measure to ensure patients are consuming the correct dose. This also limits diversion of medication. Since the pandemic levels of supervision in Lanarkshire have reduced: now around 30% of prescriptions have supervision requests – but this remains a key safety net for patients most at risk– we would ask if supervision is requested on the prescription that this instruction is followed, as it is being made after clinical assessment of the level of risk the patient is exposed to.

**2) Reporting of missed doses.** If a patient has missed 3 or more doses it is important the pharmacy alerts the addictions service and prescribers to this information as soon as reasonably possible. At the start of summer 2023 NHS Lanarkshire activated the communication tool on the NEO recording system to allow community pharmacies to pass this information to the patients' addiction team. This provides an auditable trail of information starting from the pharmacy and utilises the clinical mailbox from replies and actions. There has been good uptake of this tool by pharmacies, and NHS Lanarkshire continue to encourage all pharmacies to use this tool to report, but recognises there are occasions where it is more important to make a telephone call for a more rapid response. This again will help improve patient safety.

We thank you for your support in these matters, and for your continued support to the recovery community in reducing drug related deaths in Scotland.

## CONTACTS

Pharmacy/Prescribing Admin Team  
NHS Lanarkshire Headquarters  
Kirklands, Fallside Road,  
Bothwell  
G71 8BB  
[Pharmacy.AdminTeam@lanarkshire.scot.nhs.uk](mailto:Pharmacy.AdminTeam@lanarkshire.scot.nhs.uk)

Lauren Gibson  
Lead Pharmacist for Community Pharmacy Services  
NHS Lanarkshire  
Kirklands Hospital- Bothwell  
07583060367  
[lauren.gibson@lanarkshire.scot.nhs.uk](mailto:lauren.gibson@lanarkshire.scot.nhs.uk)