

Pharmacy & Medicines Directorate Weekly Update



Contents

01: Private Flu Services

02: ADHD Medication Shortages

03: Designated Prescribing Practitioner (DPP) Q&A Sessions

04: Introduction to Sexual Health Course

05: Pharmacy Support ACT Now Pharmacist Campaign

06: Public Health Update: World Menopause Day – 18th October 2023

07: NES Pharmacy Update – October 2023

08: Community Pharmacy Scotland Round-Up

09: The Happy Place 😊

Private Flu Services

Missing private batch numbers should be logged via the TURAS helpdesk, using the green widget on VMT screen as shown in the picture attached. Please provide full product details including expiry date and batch number (it's helpful to have a picture of the product with the batch number on it, but not required).

If you have already completed this action, have a reference number but the product remains unavailable after 7 days of request, please let us know and we will pass this on to the vaccination team to chase this up.



ADHD Medication Shortages

Last week we shared some information relating to ADHD medication shortages. We are aware of the ongoing difficulties for pharmacies to obtain stock from wholesalers and of practice pharmacists trying to source medication for patients, often phoning multiple pharmacies on behalf of patients. Please utilise your network to share details of stock availability amongst your group / area with each other, similar to the penicillin and antibiotic shortages last winter. Further guidance will be shared with the network as a priority as it becomes available.

Designated Prescribing Practitioner (DPP) Q&A Sessions

Applicants for IP courses starting in spring 2024 will be completing their application forms in the next few weeks which includes the requirement for a named designated prescribing practitioner (DPP), who also needs to complete part of the application form. If any individual has been asked to support a pharmacist as a DPP, perhaps for the first time and has some questions or queries on expectations of the role, then NES has arranged two drop in sessions on the below dates:

- **Thursday 19 October 7pm**
- **Tuesday 31 October 12noon**

Booking is available at: [DPP Drop-in Session | Turas | Learn \(nhs.scot\)](#)

Introduction to Sexual Health Course

Please find attached a flyer with information to register for NHS Grampian's upcoming Introduction to Sexual Health course, which will be held on Friday 3rd November 2023, between 9am and 12pm and is being held online via Microsoft Teams, for your attention.

Pharmacy Support ACT Now Pharmacist Campaign

Please see information below provided by the Pharmacist Support Charity:

Pharmacist Support is a charity dedicated to championing the wellbeing of those studying and working in pharmacy. We run three ACT Now wellbeing campaigns annually which support students, trainees and pharmacists at key points throughout the year. You can find out when the next one will be on our [website!](#)

ACT Now encourages individuals and teams to:

- **Allow time for wellbeing**
- **Consider the needs of others**
- **Take action.**
- **Now!** You can start improving your health and wellbeing by signing up to the campaign today.

ACTNow Pharmacist Campaign

We understand that a culture shift is needed in pharmacy. In our recent Workforce Wellbeing survey, 83% of pharmacists told us they're at risk of burnout, and 73% of pharmacists said they've considered leaving the profession due to its impact on their mental health.

As the profession's charity committed to championing the wellbeing of our pharmacy family, we want to encourage pharmacy organisations, teams and individuals to be part of a workforce culture shift. That's why our annual ACTNow campaign for pharmacists is back! Running from 16th October – 4th November, the campaign this year focuses on supporting culture change within the profession. The weeks will be split into the following categories:

- 16th – 22nd October 2023: **Breaking the silence.** Stories from teams, managers and individuals across the sector highlighting how they've supported colleagues and one another with their wellbeing.
- 23rd– 29th October 2023: **Transforming your workplace culture.** Focusing on content and themes from our new Embracing a Workplace Wellbeing Culture course for pharmacy managers and leaders.
- 30th October – 4th November 2023: **Prioritising yourself.** Mental health and wellbeing support for individuals.

More about Pharmacist Support

Pharmacist Support is an independent charity providing a wide variety of free and confidential support services to those working and studying in pharmacy. We're proud to be able to support people from such a caring profession and each year we provide thousands of acts of support. Our mission is for no one in our pharmacy family to face challenging times without us by their side.

To sign up to the ACTNOW campaign, [click here](#). For more information, please see the attached document.

Public Health Update

World Menopause Day – 18th October 2023

World Menopause Day is held every year on 18th October. The purpose of the day is to raise awareness of the menopause and the support options available for improving health and wellbeing. Professionals and women are encouraged to participate in this global awareness-raising campaign, sharing information within their communities and reposting World Menopause Day social media posts. The theme for World Menopause Day 2023 is Cardiovascular Disease. More information can be found [here](#). Please share information on your own social media pages.



NES Pharmacy Update – October 2023

Please [click here](#) to view the October issue of the NHS Education for Scotland (NES) Pharmacy Update. This issue includes an introduction from the new NES Director of Pharmacy, Programme of Resources and Professional Development Events.

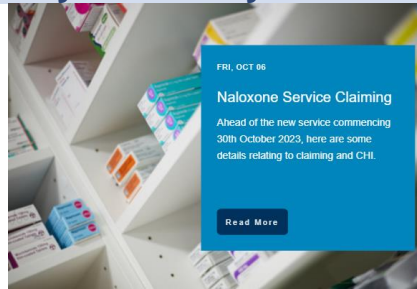
Community Pharmacy Scotland Round-Up



Women's Health Masterclass: Understanding Women's Health

Wed 25th October 2023 from 13:30 until 15:00 for the first Women's Health Masterclass: Understanding Women's Health.

[Read More](#)



FRI, OCT 06

Naloxone Service Claiming

Ahead of the new service commencing 30th October 2023, here are some details relating to claiming and CHI.

[Read More](#)



Naloxone Training for Pharmacy Team Members

The Naloxone Service launches on October 30th 2023 and requires that all pharmacy team members complete the training...

[Read More](#)

The Happy Place 😊

Sober October

Who is keen to go sober this October? Sober October encourages people to go alcohol-free in October to raise money for Macmillan Cancer Support. If you're interested, more information is available [here](#). Please be reminded of the TRYDRY App which was launched recently and is great for tracking your drinking habits and more!

If you would like to use this section to say thanks to one of your team, do contact us!

Newsletter by,

The Pharmaceutical Care Services Team,

All weekly updates are uploaded to the [CP Grampian website](#).

Please like our Facebook page for regular updates and information:

[Community Pharmacies Delivering NHS Grampian Services](#)

We are happy to receive all feedback and comments to improve our communications to you, please don't hesitate to get in touch on gram.pharmaceuticalcareservices@nhs.scot