

Pharmacy & Medicines Directorate Weekly Update



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Parkinson's UK 'Get It On Time' Campaign

#MedSafetyWeek, running from 6th – 12th November, is a good time to remind everyone of the Parkinson's UK Get It On Time campaign which NHS Grampian has pledged to support. The aim is that missed or late doses of medicines should not happen and that we are committed to ensuring patients receive their medicines on time. Patients with Parkinson's disease often take medicines out with the usual drug round times. Parkinson's UK Medication Clocks can be used as a reminder for staff when patients' medicines are next due. They are available to order via the [NHS Grampian Health Information Resources Service](#) searching for 'Parkinson's Medication Clock' or item code: L44001. If you do not already have an HIRS account, you will need to register first (see website for details). In addition, all staff are encouraged to watch this three minute video [Time Matters: It's Critical](#) which explains why it is so important for Parkinson's patients to receive their medicine on time. Clinical staff are also asked to watch this 15-minute video, available in Turas, [Parkinson's - Get It On Time, Saving You Time](#).

Smoking Cessation Update

Help to Quit Vaping

Just a reminder that anyone who wishes to quit vaping should be asked to self-refer to Quit Your Way (QYW) on 0800 84 84 84. Please be aware that the patients are offered behavioural therapy only and no NRT is provided for vaping via the QYW service. Patients wishing to use NRT to quit vaping can purchase Quickmist which remains the only licensed product for vaping cessation. It is NOT available on prescription for vaping purposes.

Public Health Update

Brush Up Campaign and Mouth Cancer Awareness

Just a reminder that the National 'Brush Up' campaign has started and you should be displaying posters in all your pharmacies. It has been designed to increase awareness of the Reform and key patient rights which support the public in understanding what they are entitled to. If you haven't received your poster, want a different size or need a new frame, contact here: stockorders.DPPAS@theapsgroup.com.

Running alongside that, November is Oral cancer awareness month and is a perfect reminder for us all to spend a little bit more time checking our mouths in the mirror. Mouth cancer is the 6th most common cancer in the world and in the UK around 7700 cases are diagnosed every year. More information can be found [here](#). Listed below are some symptoms to look out for:

- Red or white patches
- Unusual lumps or bumps in your mouth
- Ulcers that do not heal within 2 weeks
- Persistent soreness in your mouth

Please encourage any patients with concerns to contact their dentist or GP for advice. Anyone without a dentist can visit [Dental Services](#) to access details on NHS dentists accepting new patients and what to do in a dental emergency. Alternatively call the NHS Grampian DIAL helpline on 0345 45 65990. For anyone with an acute dental emergency at night or the weekend, call NHS 24 on 111.

#MedSafetyWeek 2023

This week on our [Facebook page](#), we drew your attention to #MedSafetyWeek, running from 6th – 12th November 2023. It is a social media campaign from the Medicines & Healthcare products Regulatory Agency (MHRA) which aims to raise awareness of how adverse drug reactions (ADRs) can be reported through its Yellow Card reporting scheme. This year the focus was ‘Who Can Report?’ Although the media campaign is coming to an end, we remind you that every report helps the MHRA identify and respond to safety issues. The yellow card reporting site can be found [here](#).



MedWatch Newsletter – November 2023

We have attached the latest edition of the MedWatch newsletter. The focus of the November edition is #MedSafetyWeek, and has been written by Trainee Pharmacists currently completing their Foundation Training Year in the Pharmacy Department at Aberdeen Royal Infirmary.

NES Pharmacy Update – November 2023

Please [click here](#) to view the November issue of the NHS Education for Scotland (NES) Pharmacy Update. This issue includes a programme of resources/events, a new common clinical conditions resource: ear conditions and the Scottish palliative care guidelines application.

Community Pharmacy Scotland Round-Up

Phone Call Scams - Be Aware!

We have been made aware that in several areas across Scotland, patients have been cold called by fraudsters looking to obtain their card or account details...

[Read More](#)



THU, NOV 09
Latest Courier Bag Allocation
Your next allocation of courier bags is now being sent out to pharmacies, so these should start arriving by the end of next week...

[Read More](#)



Pecos PPE Direct Ordering – Ordering & Deliveries Over Christmas/New Year

National Procurement are currently preparing plans to cover ordering and delivery of PPE orders for Primary Care contractors over the Christmas/New Year. This will impact some deliveries...

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The Happy Place ☺ Remembrance Sunday

On Sunday 12th November we will be joining the rest of the country in remembering those who have served and sacrificed, during the annual Remembrance Sunday Service of Remembrance.

[Remembrance Sunday](#) | [Remembrance Events](#) | [Royal British Legion](#)



If you would like to use this section to say thanks to one of your team, do contact us!

All weekly updates are uploaded to the [CP Grampian website](#).

Please like our Facebook page for regular updates and information:

[Community Pharmacies Delivering NHS Grampian Services](#)

We are happy to receive all feedback and comments to improve our communications to you, please don't hesitate to get in touch on gram.pharmaceuticalcareservices@nhs.scot