# Pharmacy & Medicines Directorate Weekly Update



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## **Pharmacist Independent Prescribers**

For all pharmacists who are or have recently qualified as independent prescribers, please remember to contact <a href="mailto:gram.pharmaceuticalcareservices@nhs.scot">gram.pharmaceuticalcareservices@nhs.scot</a> to obtain the preparatory documentation for providing Pharmacy First Plus. There is an expectation that all prescribers who have received a NES-funded IP course place deliver this service, so expect a chase email from the team if you don't come forward.

A reminder that under the terms of the PFP specification, only employed pharmacists can provide the PFP service, locum pharmacists who are prescribers cannot, unless they sign up to a contract of employment with a pharmacy contractor.

## **Migraine Management Workshop Follow-Up**

There will be a follow up workshop for the "Partnering with pharmacy teams to improve migraine management in NHS Grampian" project taking place on December 14<sup>th</sup> at 7pm - 9pm on MS Teams.

The workshop is intended for those who have attended the sessions in September 2023 and will be an opportunity to consolidate the learning from the eLearning module and live sessions, links to both can be found on the new Turas page Migraine management | Turas | Learn (nhs.scot)

The workshop will also provide you with the opportunity to share any challenges and successes you have had putting this into practice.

If you have not already received and invite please contact: gram.transformationteam@nhs.scot.

# **Carbomer Eye Drops: Recall and Supply Issues**

Please see the attached information kindly prepared by the medicines management team regarding the latest carbomer eye drops recall and supply issues. Ensure that all staff have been briefed on this information as some items affected are on the Pharmacy First approved list.

## **ADHD Supply PIL**

Please find the attached ADHD Supply PIL to support with patient conversations relating to the ongoing supply challenges with ADHD medications. This document has been produced giving consideration to what has been asked of teams to do in the shortage update, which complements the information provided to teams around actions.

# **Smoking Cessation Update**

## Tobacco and Vaping Framework, Roadmap to 2034

A new Government framework has been published titled "Tobacco and Vaping Framework, Roadmap to 2034". The Framework will provide direction for the next ten years, providing a response to, not only tobacco products, but to the growing vaping issue in our young people. At its heart is the ambition to have a tobacco free generation by 2034.

The full document PDF is attached for anybody who would like to read it. Please note there's an easy-to-read quicker summary near the end!

## **Public Health Update**

#### Ask for Ani

16 Days Of Action Campaign commenced on 25<sup>th</sup> November (United Nations Day for Elimination of Violence Against Women) and ends on 10<sup>th</sup> December (Human Rights Day). The 16 days of action were started by activists at the inaugural women's global leadership institute in 1991 and continue to be coordinated by them each year. Global organisations call for the prevention and elimination of violence against women and girls.

We encourage all pharmacies to sign up to the Government's National scheme, ASK FOR ANI (Action Needed Immediately). More information is available <a href="here">here</a> on how to sign up.

### World Aids Day – 1<sup>st</sup> December 2023

This year's theme for World AIDS Day is "World AIDS Day 35: Remember and Commit." This annual event serves as a reminder of the global struggle to end HIV-related stigma, an opportunity to honor those we have lost, and a rallying cry to commit to working towards a day when HIV is no longer a public health threat.

The first World AIDS Day took place in 1988, providing a platform to raise awareness about HIV and AIDS and honor the lives affected by the epidemic. This year marks the 35th commemoration of this important day. Over the past 35 years, there has been significant progress in addressing HIV and AIDS thanks to advancements in medical research, increased access to treatment and prevention, and a broader understanding of the virus.





NES Pharmacy Foundation Training Year Winter 2023 Newsletter

The NES Pharmacy Foundation Training Year (FT) Winter 2023 Newsletter is now available. This newsletter provides information and updates for trainee pharmacists, designated supervisors, and other stakeholders involved in the FTY programme...

Read More





NHS 24 Winter Health Campaign 2023

NHS 24 is launching its annual winter health preparedness campaign 'Health Know How' which helps people manag the usual winter illnesses with advice and helpful reminders ahead of the

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# The Happy Place ©

#### Winter Health - Elf on the Shelf

Today the NHS Grampian communications team are out chatting with Dawn from Summerhill Pharmacy about preparing for winter and how community pharmacies can support patients over the festive period. This is part of a series of Elf on the Shelf winter comms the teams will be sharing across the network, so look out for the final piece in the coming weeks!

#### Reminder: Christmas Jumper Day – 7<sup>th</sup> December 2023

Put on your best festive jumper and join the millions of people up and down the country who will be coming together at their workplace, school or with friends to raise money for the Save the Children charity. Send us photos of your staff with their festive jumpers on and we will share in our 8<sup>th</sup> December issue. Save the Children supports charitable causes. If you would like to donate link here.

If you would like to use this section to say thanks to one of your team, do contact us!

All weekly updates are uploaded to the <a href="CP Grampian website">CP Grampian website</a>.

Please like our Facebook page for regular updates and information: Community Pharmacies Delivering NHS Grampian Services

We are happy to receive all feedback and o	comments to improve our communications to you	, please don't hesitate to get in touch on
We are happy to receive all feedback and comments to improve our communications to you, please don't hesitate to get in touch on <a href="mailto:gram.pharmaceuticalcareservices@nhs.scot">gram.pharmaceuticalcareservices@nhs.scot</a>		