

# Campaign Calendar 2024

## January

Dry January,

[Dry January | Alcohol Change UK](#)

**14<sup>th</sup> January**, STIQ Awareness Day

[STIQ Day 2023](#)

**22<sup>rd</sup> – 28<sup>th</sup> January**, Cervical Cancer Prevention Week

[Jo's Cervical Cancer Trust](#)

## February

National Heart Month

[National Heart Month 2023](#)

Raynaud's Awareness Month

[Raynaud's Awareness Month](#)

Oesophageal Cancer Awareness Month

[gutscharity.org.uk](#)

**1<sup>st</sup> February**, Time to Talk Day

[Time To Talk Day](#)

**4<sup>th</sup> February**, World Cancer Day

[Official website of World Cancer Day by UICC | 4 February](#)

**6<sup>th</sup> February**, Safer Internet Day

[Home - Safer Internet Day](#)

**26<sup>th</sup> February – 3<sup>rd</sup> March**, Eating Disorders Awareness Week

[www.beateatingdisorders.org.uk](#)

**28<sup>th</sup> February**, Rare Disease Day

<https://www.rarediseaseday.org/>

## March

Ovarian Cancer Awareness Month

[Ovarian Cancer Awareness Month 2023](#)

Colorectal Cancer Awareness

[www.iarc.who.int](http://www.iarc.who.int)

Brain Tumour Awareness Month

[www.braintumourresearch.org](http://www.braintumourresearch.org)

Prostate Cancer Awareness

[prostatecanceruk.org](http://prostatecanceruk.org)

Sustrans Scottish Workplace Journey Challenge

**11<sup>th</sup> - 17<sup>th</sup> March**, Nutrition and Hydration Week

[N&H Week | Nutrition and Hydration Week](#)

**11<sup>th</sup> – 22<sup>st</sup> March**, Sustrans Big Pedal

[www.Sustrans.org.uk](http://www.Sustrans.org.uk)

**13<sup>th</sup> -17<sup>th</sup> March**, OCD Week of Action

[www.ocdaction.org.uk](http://www.ocdaction.org.uk)

**13<sup>th</sup> March**, No Smoking Day

[ash.org.uk](http://ash.org.uk)

**15<sup>th</sup> March**, World Sleep Day

[worldsleepday.org](http://worldsleepday.org)

**15<sup>th</sup> – 24<sup>th</sup> March –Climate Week North east**

[Climate Week North East – Take action for a sustainable future](#)

**20<sup>th</sup> March**, World Oral Health Day

<https://www.worldoralhealthday.org/>

**24<sup>th</sup> March**, World Tuberculosis Day

[www.stoptb.org](http://www.stoptb.org)

**26<sup>th</sup> March**, Epilepsy Awareness Purple Day

<https://www.epilepsy.org.uk/purple>

## April

Bowel Cancer Awareness Month

[www.bowelcanceruk.org.uk](http://www.bowelcanceruk.org.uk)

Testicular Cancer Awareness Month

[www.macmillan.org.uk](http://www.macmillan.org.uk)

Stress Awareness Month

<https://www.stress.org.uk/>

**2<sup>nd</sup> – 8<sup>th</sup> April**, World Autism Acceptance Week

**7<sup>th</sup> April**, World Health Day

<https://www.who.int/campaigns/world-health-day>

**11<sup>th</sup> April**, World Parkinson's Day

[www.parkinsons.org.uk](http://www.parkinsons.org.uk)

**17<sup>th</sup> April**, World Haemophilia Day

[wfh.org](http://wfh.org)

**21<sup>st</sup> April**, Pyjamas for PANCAN

**25<sup>th</sup> April – 1<sup>st</sup> May**, MS Awareness Week

[www.mssociety.org.uk](http://www.mssociety.org.uk)

**25<sup>th</sup> April**, On Your Feet Britain

[www.onyourfeetday.com](http://www.onyourfeetday.com)

## May

Action on Stroke Month

[www.stroke.org.uk](http://www.stroke.org.uk)

Bladder Cancer Awareness

[actionbladder canceruk.org](http://actionbladder canceruk.org)

Skin Cancer Awareness

[www.macmillan.org.uk](http://www.macmillan.org.uk)

National Walking Month

[www.livingstreets.org.uk](http://www.livingstreets.org.uk)

Paths for All Spring Step Challenge

[www.pathsforall.org.uk](http://www.pathsforall.org.uk)

**5<sup>th</sup> May**, World Hand Hygiene Day

[www.who.int](http://www.who.int)

**7<sup>nd</sup> May**, World Asthma Day

**10<sup>th</sup> May**, World Lupus Day

[www.lupusuk.org.uk](http://www.lupusuk.org.uk)

**13<sup>th</sup> – 19<sup>st</sup> May**, Mental Health Awareness Week

**15<sup>th</sup> – 21<sup>st</sup> May**, Dementia Action Week

[www.alzheimers.org.uk](http://www.alzheimers.org.uk)

**13<sup>th</sup> May – 13<sup>th</sup> June**, National Smile Month

[www.dentalhealth.org/national-smile-month](http://www.dentalhealth.org/national-smile-month)

## June

**5<sup>th</sup> – 11<sup>th</sup> June**, Breastfeeding Scotland

**5<sup>th</sup> – 11<sup>th</sup> June**, Bike Week

[Bike Week 2022 | Cycling UK](#)

**10<sup>th</sup> – 16<sup>th</sup> June**, Carers Week

[www.carersweek.org](http://www.carersweek.org)

**12<sup>th</sup> - 18<sup>th</sup> June**, Diabetes Week

[www.diabetes.org.uk](http://www.diabetes.org.uk)

**12<sup>th</sup>-18<sup>th</sup> June**, Men's Health Week

[menshealthmonth.org](http://menshealthmonth.org)

**14<sup>th</sup> June**, World Blood Donor Day

[www.who.int](http://www.who.int)

**16<sup>th</sup> June**, Clean Air Day

[www.cleanairday.org.uk](http://www.cleanairday.org.uk)

**21<sup>st</sup> June**, MND Awareness Day

[www.mndassociation.org](http://www.mndassociation.org)

## July

Sarcoma Awareness Month

[sarcoma.org.uk](http://sarcoma.org.uk)

**3<sup>rd</sup> – 9<sup>th</sup> July** Alcohol Awareness Week

**28<sup>th</sup> July**, World Hepatitis Day

[www.who.int](http://www.who.int)

## August

**1<sup>st</sup> – 7<sup>th</sup> August** World Breast Feeding Week

[www.worldbreastfeedingweek.org](http://www.worldbreastfeedingweek.org)

**3<sup>th</sup> August**, Cycle to Work Day

[www.cyclescheme.co.uk](http://www.cyclescheme.co.uk)

## September

National Blood Cancer Awareness Month

[bloodcancer.org.uk](http://bloodcancer.org.uk)

Urology Awareness Month,

[www.theurologyfoundation.org](http://www.theurologyfoundation.org)

Sepsis Awareness Month

[sepsisresearch.org.uk](http://sepsisresearch.org.uk)

Love to Ride Cycling

**4<sup>th</sup>-10<sup>th</sup> September**, Know Your Numbers Week

[www.bloodpressureuk.org](http://www.bloodpressureuk.org)

**10<sup>th</sup> September**, World Suicide Prevention Day

[www.samaritans.org](http://www.samaritans.org)

**18<sup>th</sup> – 24<sup>th</sup> September**, National Eye Health Week

[www.visionmatters.org.uk](http://www.visionmatters.org.uk)

**21<sup>st</sup> September**, World Alzheimer Day

**23<sup>th</sup> – 29<sup>th</sup> September**, Organ Donation Week

[www.organdonation.scot](http://www.organdonation.scot)

## October

Breast Cancer Awareness Month

[www.breastcancernow.org](http://www.breastcancernow.org)

ADHD Awareness Month

[adhdaware.org.uk](http://adhdaware.org.uk)

Stoptober

[www.stoptober.smokefree.nhs.uk](http://www.stoptober.smokefree.nhs.uk)

Sober October

[www.gosober.org.uk](http://www.gosober.org.uk)

Menopause Awareness Month

[International Menopause Society](http://InternationalMenopauseSociety.org)

Paths for All Autumn Step Challenge

[www.pathsforall.org.uk](http://www.pathsforall.org.uk)

**9<sup>th</sup>-15<sup>th</sup> October**, Baby Loss Awareness Week

[www.babyloss-awareness.org](http://www.babyloss-awareness.org)

**10<sup>th</sup> October**, World Mental Health Day

[www.mind.org.uk](http://www.mind.org.uk)

**14<sup>th</sup> October**- Material Focus [Material Focus - The people behind Recycle Your Electricals - WEEE](#)

**20<sup>th</sup> October**, World Osteoporosis Day

[theros.org.uk](http://theros.org.uk)

**26<sup>th</sup> October – 2<sup>th</sup> November**, International Brain Tumour Awareness week

[theibta.org](http://theibta.org)

## November

Lung Cancer Awareness Month,

[www.roycastle.org](http://www.roycastle.org)

Movember – Men's Health

[uk.movember.com](http://uk.movember.com)

Pancreatic Cancer Awareness Month

[www.pancreaticcancer.org.uk](http://www.pancreaticcancer.org.uk)

Mouth Cancer Awareness Month

[www.dentalhealth.org](http://www.dentalhealth.org)

**13<sup>th</sup>- 17<sup>th</sup> November**, Anti-Bullying Week

[anti-bullyingalliance.org.uk](http://anti-bullyingalliance.org.uk)

**14<sup>th</sup> November**, World Diabetes Day

[www.diabetes.org.uk](http://www.diabetes.org.uk)

**25<sup>th</sup> November - 10<sup>th</sup> December**, 16 Day of Action  
[16dayscampaign.org](http://16dayscampaign.org)

## December

Love to Ride Winter Wheelers

**1<sup>st</sup> December**, World Aids Day

[www.worldaidsday.org](http://www.worldaidsday.org)

**1<sup>st</sup>-7<sup>th</sup> December**, Anger Awareness Week

[www.angermanage.co.uk](http://www.angermanage.co.uk)