

# FREQUENTLY ASKED QUESTIONS

1

## When will I be given the JIC box?

The JIC box will be prescribed for you when you and your GP/District Nurse/Specialist Nurse feel it would be useful for you to have the reassurance of having effective medicines available at home and during the “out of hours” period such as evenings or weekends.

2

## Does the JIC box mean I am going to need these drugs?

No. The JIC box is supplied as a back-up and may not be used for some weeks, if at all.

3

## Do I take it into hospital with me?

No. Leave the JIC box at home but take your regular oral medicines. If you go into hospital, you will be provided with any treatment you require.

4

## Who will know when to use the JIC box?

The JIC box will only be opened and used by a healthcare professional qualified to do so (nurse or doctor).



5

## Where should I keep the JIC box?

The JIC box should be kept in a safe place and away from children. The seal should not be opened by anyone except a nurse or doctor.

6


## What happens to the JIC box when it is not needed?


The JIC box must be returned to the same pharmacy that provided it. The name of the pharmacy can usually be found on the sticky labels attached to the box.


7

## Who do I talk to if I have any questions about the JIC box?

You can talk to your District Nurse/Specialist Palliative Care Nurse, GP or Pharmacist.

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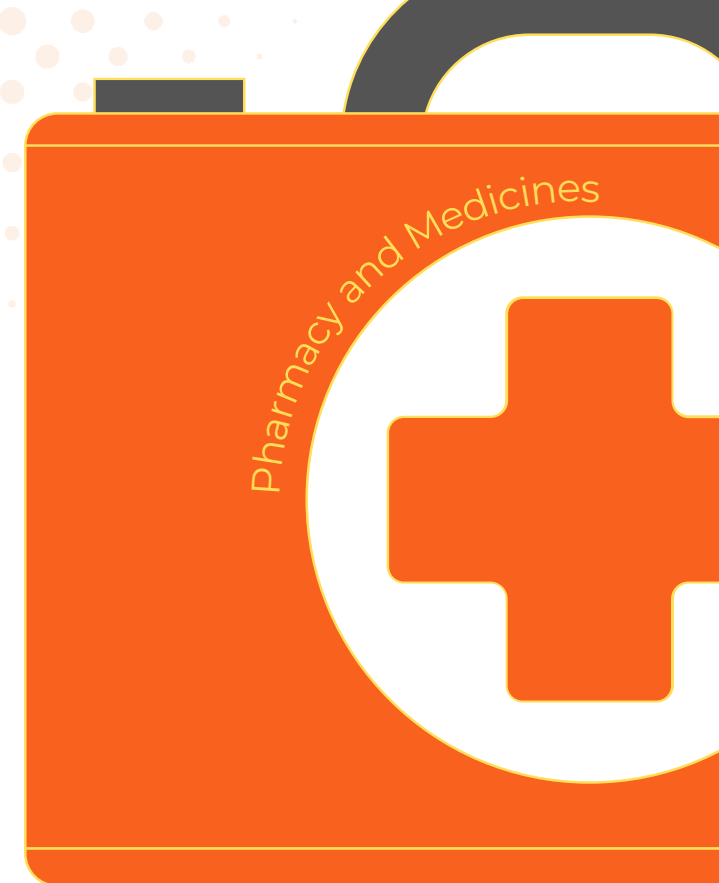
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# JUST IN CASE MEDICINES BOX

INFORMATION FOR PATIENTS AND CARERS

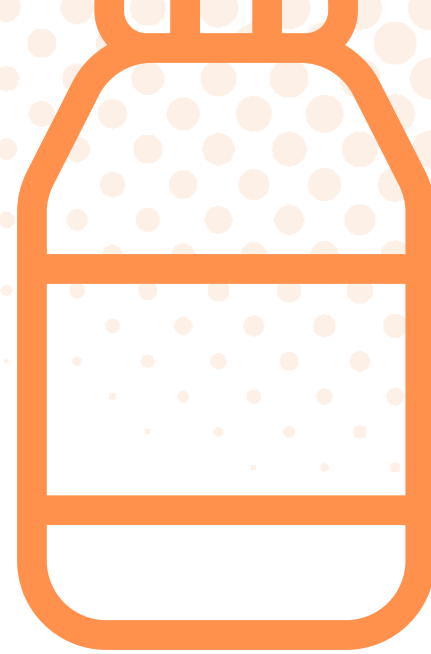
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The Just in Case (JIC) box is a box that contains medicines which, among other things, are very effective in treating symptoms, including pain and sickness, when administered into the skin via a needle.

**JIC boxes are provided to ensure that, should you need symptom relief but have difficulty swallowing, your nursing team/GP will be able to treat you quickly and effectively. Most patients find this reassuring.**

The JIC box is not to be used instead of your usual medicines but should be kept as a back up if you are unable to take medicines by mouth. It will be especially helpful should you need any of these drugs in the evenings or at weekends and need to contact NHS24.

NHS24 will have a record that you have been supplied with a JIC box and that medicines are available.



**The JIC box contains the following medicines:**

**MORPHINE SULFATE or OXYCODONE**  
for pain

**LEVOMEPRMAZINE**  
for sickness

**MIDAZOLAM**  
for relaxing muscle

**HYOSCINE BUTYLBROMIDE**  
to dry up chest or mouth secretions

A JIC box is available from approved pharmacies (a list of these will be provided by your surgery).

The JIC box will be sealed to ensure that it is only opened by the team of healthcare professionals who are looking after you. They will also make sure that the medicines are accounted for and used appropriately.

Your GP/District Nurse/Specialist Nurse will discuss the use of the JIC box with you when they prescribe the medicines in it, which they will do as a normal prescription.

The prescription will be dispensed by the approved pharmacy so that it can be made up and packed into the JIC box by the pharmacy. If the box is no longer needed then it should be returned to the same pharmacy that supplied it, the name of the pharmacy can usually be found on the sticky labels attached to the box.

