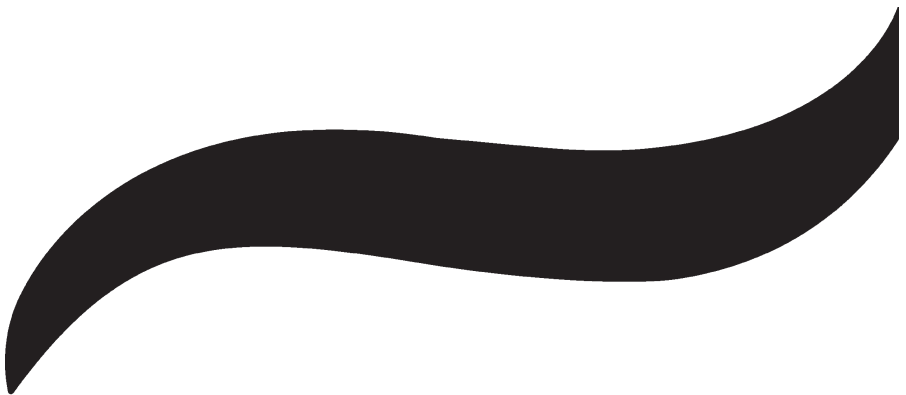




Just in Case Medication

Information for patients and carers



WHAT ARE 'JUST IN CASE' MEDICINES?

These are medicines which are usually given by injection and are prescribed for you. They have been given to you to be kept in your home 'just in case' you need them. This means you can be given a medicine to help relieve pain or other symptoms if you need it, especially during the night or at the weekend.

Your usual oral medicines (e.g. pain medication) should be tried first to see if this helps. If they do not help, you or your carer can phone your community nurse (or the out of hours community nurse team) to come to your home to see you.

If you are unable to swallow your oral medication, you are feeling/being sick the community nurse may give you an injection from your 'Just in Case' medicines.

Your nurse or GP will talk to you and your carer about the box when they bring it to the house.

WHAT ARE THE MEDICINES FOR?

The medicines that are usually included in the box are:

Type of Medicine	What it is used for
Painkiller	For pain. May also be used to help feelings of breathlessness
Anti-sickness	For nausea and/or vomiting
Anti-anxiety	For anxiety or restlessness. May also be used to help feelings of breathlessness.
Anti-secretory	To dry up any secretions in the chest. May also be used to help stomach cramps (colic).

Your nurse or GP will talk to you and your carer about the box when they bring it to the house.

**REMEMBER TO KEEP THIS BOX
IN A SAFE PLACE**

**ALL MEDICINES SHOULD BE STORED OUT OF
SIGHT AND OUT OF THE REACH OF CHILDREN OR
OTHER VULNERABLE PEOPLE.**

**THE MEDICINES HAVE BEEN PRESCRIBED
FOR YOU AND SHOULD NOT BE GIVEN
TO OR TAKEN BY ANYONE ELSE**

CONFIDENTIALITY AND THE USE OF PATIENT INFORMATION

NHS Lanarkshire take care to ensure your personal information is only accessible to authorised people. Our staff have a legal and contractual duty to keep personal health information secure, and confidential. In order to find out more about current data protection legislation and how we process your information, please visit the Data Protection Notice on our website at www.nhslanarkshire.scot.nhs.uk or ask a member of staff for a copy of our Data Protection Notice.

Specialist Palliative Care Team

Tel 01698 755140

Other important telephone numbers:



NHS Lanarkshire - for local services and the latest health news visit www.nhslanarkshire.scot.nhs.uk

NHS Lanarkshire General Enquiry Line: 0300 30 30 243

NHS inform - The national health information service for Scotland. www.nhsinform.co.uk
Tel No: 0800 22 44 88

If you need this information in another language or format, please e-mail: Translation. Services@lanarkshire.scot.nhs.uk



www.careopinion.org.uk

Pub. date:	Nov 2022
Review date:	Nov 2024
Issue No:	05
Dept:	Palliative Care
Clinical Lead:	

PIL.JUSTIC.97809.L
22_20895