

Hepatitis B, Hepatitis C and HIV (blood borne virus) testing by post

Do I need a test?

Yes, if you have ever:

- Had unprotected sex.
- Injected drugs, even if it was a long time ago or only once.
- Shared drug snorting equipment.
- Had a tattoo or piercing in conditions that were not sterile.
- Been in prison.
- Had medical treatment abroad.
- Received a blood transfusion or blood products before 1991.

If you think you have been at risk take a test. It's better to know so that you can get treatment and keep well.

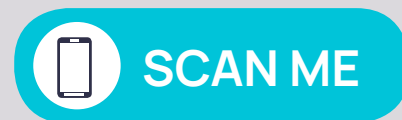
NHS Grampian postal blood borne virus testing is a **free** and **confidential** service.



How to order a testing kit

Email: gram.bbvpostaltesting@nhs.scot
or phone Healthline on: **08085 20 20 30**

To view our Information leaflet,
please scan the QR code below:



To find out more please visit
the NHS Grampian Sexual
Health Service website:

www.grampiansexualhealthservices.com

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