**Fife’s Recovery Services**

**ADAPT:** Direct Access service offering advice, information, assessment, counselling, signposting and referral to appropriate services  01592 640919 / 0800 111

**Addaction:** Specialist Harm Reduction Service, Injecting Equipment, BBV testing, peer support, access and referral to services.  01592 619090 / 0800 917 9211

**Drug and Alcohol Project Ltd:** Counselling, support, advice and information to individuals and families affected by substance use.  01333 422277 / Text 07800 605 599

**Fife Alcohol Support Service:** Counselling, information and advice for problem drinkers, friends and families.  01592 206200

**Fife Community Drug Service:** Counselling, harm reduction, triage, BBV support and drugs advice to individuals and family members throughout Fife  01592 640919

**Fife Community Pharmacies:** Dispensing and minor ailment services for people on long term or detoxification medication.  01383 535341

**Fife Intensive Rehabilitation and Substance Misuse Team:** Rehabilitation service to individuals via one to one, group and volunteer support.  01592 585960

**Frontline Fife:** Working with people experiencing homelessness or people at risk of becoming homeless.  01592 800430

**Addiction Services:** Treatment service providing stabilisation, prescribing and detoxification interventions for people experiencing drug and/or alcohol dependency. Access via Drop In Clinics across Fife

**Midwife Service:** Specialist midwifery service to support all drug and alcohol dependant women in Fife in order to improve the health outcome for the unborn baby  01592 729997

**Psychology Service:** Assessment & therapy to address difficulties such as anxiety, depression & the effects of trauma and abuse. Referral by addictions worker, GP, or other health professional.