

Date 23 April 2019
Your Ref

To all Community Pharmacies in Lothian

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Direct Line 0131 537 8471
Email

communitypharmacy.contract@nhslothian.scot.nhs.uk

EMERGENCY HORMONAL CONTRACEPTION PUBLIC HEALTH SERVICE

Dear Colleague

We recently sent you an updated version (version 9) of the levonorgestrel PGD as part of the change to the emergency hormonal contraception (EHC) public health service.

As you will understand, as with any area of clinical practice, guidance is reviewed regularly. Following revised guidance, there have been two changes made to the PGD. This means we now require all pharmacists prescribing under this PGD to read, sign and return version 10 which is attached to this e-mail.

The changes in version 10 of the levonorgestrel PGD are as follows:

1. Previous history of salpingitis or ectopic pregnancy has been removed from the criteria for exclusion.
2. Under additional advice and information, guidance has been updated to state that if the woman vomits within **3 hours** of taking levonorgestrel, she should return to the pharmacy or seek medical advice.

As a reminder, the following changes were made to the provision of EHC service earlier in the year:

1. The Lothian Joint Formulary (LJF) has been updated to make ulipristal acetate 30mg or levonorgestrel 1.5mg joint second line treatment choice for emergency contraception. Copper IUD remains the first line choice.
2. The PGD for levonorgestrel has been updated to reflect the FSRH guidance which states that women with a BMI greater than 26kg/m² or with a total body weight over 70kg should receive a double dose (3mg) of levonorgestrel. The assessment form used during consultations has been updated and is available on the [community pharmacy website](#), where you will also find stones to kilos conversion and emergency contraception estimated efficacy tables.
3. NHS Lothian, in conjunction with the c:card service have agreed a process whereby all community pharmacy contractors will receive a supply of free condoms. A pack of condoms should be offered as part of each EHC consultation. The initial supply will already have been delivered to your pharmacy and the process to order further supplies of free condoms is available on the [community pharmacy website](#). Please ensure that you order further supplies as necessary to continue to offer free condoms at each EHC consultation.

Actions required

- ✓ In order to continue to prescribe levonorgestrel, pharmacists must read and sign the attached PGD (version 10). Please note that this is essential even if you have recently signed version 9.
 - Page 1 of the PGD should be signed under “Name of Designated PGD Holder” by the person in your pharmacy who will be responsible for the upkeep of the names of any pharmacist working under this PGD.
 - Page 2 should be signed by all pharmacists who will be working under the PGD in your pharmacy.
 - Locums/relief pharmacists should sign Page 2.
 - Once signed, this PGD can be used immediately
- ✓ Once signed, a copy of the signed PGD should be returned to the following address:

Scan and Email (using contractor generic mailbox) to

CommunityPharmacy.Contract@nhslothian.scot.nhs.uk

OR

Post

Community Pharmacy Contract Support Officer
Primary Care Contracts Organisation
NHS Lothian
2nd Floor
Waverley Gate
2-4 Waterloo Place
EDINBURGH
EH1 3EG


**Please note that there is no change to the monthly claim process for EHC consultations.
Once signed, this PGD can be used immediately.**

Any questions regarding this PGD should be directed to cpdt@nhslothian.scot.nhs.uk in the first instance.

Yours sincerely,



Community Pharmacy
Development Pharmacist



Consultant in Pharmaceutical
Public Health