

## NHS inform – Self Help Guide

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Dear Colleagues,

As well as having information on the NHS Inform website, there is also a useful "**Self Help Guide for COVID-19**" aimed primarily towards the public which is based upon the guidance provided by HPS.

It may be useful to highlight the "**Self Help Guide"** to community pharmacies and the public as a user-friendly option for self-assessment.

https://www.nhsinform.scot/self-help-guides/self-help-guide-coronavirus-covid-19

Kind Regards John

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