

## **YOUTH PRIORITY SERVICES**

### **Youngpeople@sandyford**

Within Sandyford a youth priority sexual health service known as youngpeople@sandyford (formally known as “the place”) aims to provide a holistic one stop sexual health service that meets the needs of young people under 18 or if looked after in accommodation under 19 and fosters positive sexual health and well-being. The Young People’s team also provides education, training and support for health staff and other agencies working with young people.

The core team consists of a doctor and a Lead Nurse and a young people’s counsellor. The team is housed within the Sandyford Inclusion team which supports vulnerable people to access sexual health services. Sexual and Reproductive Health Nurses with an interest in Young people also support the team with reviewing case notes and following clients up. As well as the team of experienced clinicians working within the youth priority services, all clinical staff receive training to support them in working with young people, who are likely to present at all of Sandyford services, not just to the youth priority services.

There is a youth priority session within each hub or satellite and each clinic has its own character, shaped by local partnerships and priorities. More details on these can be found in the hub reports.

The Sandyford Central Youth Priority clinic is open four days a week and sees young people under 18, along with partners of those young people. Young people aged 18 and over are encouraged to attend Sandyford’s mainstream services, although they may still be seen in these clinics by arrangement in particular circumstances.

#### **How to be seen at youngpeople@sandyford**

- youngpeople@sandyford operates on a walk-in basis with no appointment necessary. All young people are welcome, and can then be offered onward referral to more specialist services if required. Young people are also welcome to attend all Sandyford clinics throughout the day and ask to speak to a nurse about their concerns.
- Young people who let reception staff know that they have been brought by a care professional (for example a key worker, LAAC nurse, social worker, residential care worker) will be fast-tracked through the service where possible.
- Young people are welcome to bring a friend or carer with them for support; they are informed that it is usual for them to be seen alone at some point in the consultation to address any sensitive issues that may arise.
- youngpeople@sandyford specialist clinics are held weekly, led by a specialist nurse with medical input when required. Appointments may be made via NaSH in the normal way (SC Place specialist). A referral letter is not required but some indication of why the referral has been made and contact details for the young person should be included with the appointment details. Referrals from other agencies are welcome. Young people with complex medical or social problems, who need medical assessment, who are vulnerable, or who need to attend outside of the usual drop-in times can be seen at these clinics. Young people who require ongoing follow-up (for example after attendance at Archway) may also be offered appointments at these clinics. Young people who wish LARC may be booked in to these clinics if they would prefer an appointment slot.

**ALCOLATOR – Young Persons Alcohol Screening and Brief Intervention Website**

The website is user friendly, simple to operate and has three main features; **unit calculator**, **alcohol screening tool**, (same screening tool used at clinic) and **email brief intervention link**. The site can be accessed through its own URL or through the Sandyford webpage.

**How to be seen at Sandyford Counselling and Support Services (SCASS)****▪ Listening Ear Service:**

This service offers a safe place for young people to talk through distressing feelings and emotions that may have arisen as part of their consultation. Usually a LE session is a one off appointment though it is possible to be offered up to 3 appointments; this service is available through the week at Sandyford Central. To request a listening ear appointment contact SCASS on 0141 211 6700 or internally on 36700.

**• The counsellor:**

Is an integral part of the **youngpeople@sandyford** service. The counselling service works to improve the mental health of young people by offering a confidential counselling service to young people, aged 13yrs - 17yrs, with the aim of enabling young people to make informed decisions and choices about their lives. The service offers counselling in a supportive and understanding environment that is respectful and sensitive to the young person's values, beliefs and culture.

The service offers young people the opportunity to explore emotional difficulties which are affecting their lives within the bounds of a confidential service. The service accepts referrals from GPs, Social Work teams, LGBT services, youth workers, school nurses, other Sandyford services and young people themselves. Young people will initially be offered a maximum of six hourly sessions with the opportunity to review at the end of this period. If required, onward referral to the CAMHs team can be arranged for the client.

**• The criteria:**

- Individuals who have experienced rape or sexual assault;
- Individuals who have experienced sexual trauma or sexual abuse, including childhood sexual abuse, which is having an impact on their current sexual functioning.
- Individuals who have current sexual health problems which is having an impact on their current sexual functioning.
- Individuals who are questioning and/or have issues around their sexual orientation or identity
- Woman who have had a termination of pregnancy;
- Gay, bisexual and all men who have sex with men who have concerns about balancing risks and sexual relationships;

All Sandyford staff should complete an internal referral form when referring young people into the counselling team.

**FOR SPECIFIC YOUNGPEOPLE@SANDYFORD CLINIC TIMES AND LOCATIONS SEE THE SANDYFORD WEBSITE: [www.sandyford.org](http://www.sandyford.org)**