

Angina Generic Care Plan: Guidance for MCR

CARE ISSUE	DESIRED OUTCOME	ACTION	ACTION BY	RESPONSE
Compliance. (looking at repeats, patients condition, confusion about meds, exacerbation, patient admits doesn't take, lack of understanding, side effects, etc).	Patient takes/uses medication as instructed.	Discussion with patient to identify issues in following treatment plan.	Pharmacist	Patient has a better understanding of how and why to take/use medications for angina, and patient able to explain what the different medicines do.
	Patient understands why they need to take medication.	Advise on how different therapies work, benefits of taking them and the need for compliance.	Pharmacist	Patient understands the benefits of medication and risks of not taking it regularly
	Compliance with medication improved.	When to take, how to take, what to do if missed doses, etc.	Pharmacist	Patient understands use of medication and improved angina control and improves secondary prevention.
Frequent ordering of GTN (check against PMR).	Item ordered when required and used appropriately. Controls waste and patient use.	Educate patient on ordering of medication.	Pharmacist Patient	GTN ordered when needed.
Uncontrolled angina. (patient reports non-compliance, worsening symptoms, increased frequency of attacks, increased use of GTN).	Patient controlled, minimise experiencing other symptoms.	Review of condition, understanding of signs, symptoms etc.	Pharmacist, Patient Practice nurse	Patient has a better understanding of their condition, meds, so complies and uses medication correctly to become symptom free. OR Patient makes appointment at surgery for a review to have their condition and medication reviewed and altered accordingly.
		Assess compliance, etc then recommend appointment at the surgery for review with GP or practice nurse.		
Provide information and advice on angina.	Explain when to seek further medical advice (such as worsening symptoms)	Provide written information and advice (if this has not already been given) about managing cardiovascular risk, physical exertion inc sexual activity, driving, air travel, work	Pharmacist	
Non attendance at annual GP review – not invited or declined.	Patient has annual review at surgery.	Reinforce need for review as medication may need altered if condition changes.	Pharmacist Patient Practice nurse	Patient agrees to a review at GP practice and contacts for appointment.

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No BP or cholesterol check.	Patient has BP and cholesterol levels checked annually.	Discuss need to have these checked and understand results.	Pharmacist	Patient attends GP practice for check up.
				Patient understands risks of further disease or complications if not controlled.
Inappropriate use of GTN spray or tablets.	Patient able to use GTN correctly and appropriately during attack.	Discuss use of GTN, when to use it, how to use spray or tablets and what to do if pain does not ease.	Pharmacist	Patient able to use GTN therapy correctly.
Side effects of medication.	Able to minimise side effects appropriately.	Explain side effects of medication and review with GP if resulting in non-compliance.	Pharmacist GP	Review of medication if s/e is intolerable.
Patient smokes.	Smoking stopped.	Reinforce effect and risk of further complications and health risks.	Pharmacist Patient Pharmacist Patient	Patient agrees to quit attempt or reduce, and understands why so more motivated to succeed.
		Offer QuitYourWay or NHS referral.		Patient agrees to quit attempt or reduce, and understands why so more motivated to succeed.
		Brief interventions to motivate patient to stop or reduce smoking.		Patient agrees to quit attempt or reduce, and understands why so more motivated to succeed.
Patient inactive and/or overweight.	Patient increases activity and makes dietary changes to reduce weight.	Education on exercise and healthier lifestyle.	Pharmacist	Patient understands the effect of activity and/or weight with angina and BP.
		Education on impact on BP control and medication due to weight changes.		Patient encouraged increasing exercise and/or reducing weight.
		Recommend increase in activity.		
		Dietary advice (including reduced alcohol and salt consumption).		
No flu immunisation. (On inhaled steroids, meet age or other criteria).	Patient gets annual flu immunisation.	Promote advice.	Pharmacist Patient	Patient agrees to contact surgery or pharmacy to get the annual flu vaccination.