**Pharmacy Naloxone Training Checklist – 15 Point Checklist**

**The person being supplied with naloxone should demonstrate an understanding of the following 15 points:**

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| 1 | What causes an overdose & what happens in the body?  Drug overdose- Breathing is reduced and people can struggle to get oxygen into the body. In overdose breathing and the heart can stop altogether and can be fatal |
| 2 | What drugs are involved?  Commonly Heroin, Methadone, Diazepam / Benzodiazepines/ Street Benzos & Alcohol – ‘downer’ drugs and the physical effects these drugs have -breathing is reduced and breathing can stop altogether |
| **3** | **The main causes of drug overdose?**  Mixing drugs, using alone, using too much, injecting drug use, purity levels, low tolerance |
| **4** | **High risk times of overdose?**  Recent detox, new to methadone/buprenorphine treatment, release from prison/custody, leaving rehab or hospital, recent relapse, poor physical or mental health, older user, festive periods |
| **5** | **The signs & symptoms of suspected opiate overdose**?  Pinpoint pupils, breathing problems NB snoring may be the onset of respiratory distress, pale skin colour, bluish tinge to lips, tip of nose, eye bags, fingertips or nails; no response to noise or touch, loss of consciousness |
| 6 | Knows what Prenoxad Injection is, what it does, what it doesn’t do &how long it lasts? Temporarily reverses an overdose, only works for about 20mins, it does not get rid of opiates from the body completely, effects will return |
| 7 | Knows how to assemble Prenoxad Injection?  Perhaps have an opened one for demo so they can see and use the steps on chart below? |
| **8** | **Knows how to inject Prenoxad Injection?**  Intramuscular- so outer thigh/outer arm, through clothes is ok |
| **9** | **Knows steps to take when finding someone who has overdosed?**  See flow chart overleaf & go through each step |
| **10** | **Knows when to call 999**?  (When person won’t wake with shout/shake, status of person and location. Stay with the person) |
| **11** | **Knows about the recovery position?**  (Person on side, airway open) |
| **12** | **Knows about rescue breathing and CPR?**  (30 compressions, 2 breaths = one cycle) |
| **13** | **Knows when and how to administer naloxone?**  Dose – 0.4mls into outer thigh muscle - show the dose marks on the syringe  Through clothing is ok  Give one dose at a time to reduce likelihood of withdrawal symptoms.  1- If Unconscious but IS breathing – admin when in recovery position then every 2-3mins  2- If Unconscious but NOT breathing – admin after one cycle CPR then after every three cycles. |
| **14** | **Knows that naloxone is short acting** (only works for about 20mins, does not get rid of opiates from the body, effects will return) |
| **15** | **Knows to come back and get another naloxone if current one is used** |



