

Current Pharmacy First Plus Formulary:

Condition	Treatment	Notes
ACNE	<ul style="list-style-type: none"> Adapalene (alone or alongside Benzoyl Peroxide) Clindamycin/Erythromycin – Duac/Zineryt(Always alongside Benzoyl Peroxide to prevent resistance) 	Note – Pharmacy First Approved List product: Benzoyl Peroxide 5 %

*Check what previous OTC products and any previously prescribed products (if any) the patient may have used previously.

<https://www.nice.org.uk/guidance/ng198>

Acne vulgaris: management

NICE guideline [NG198] Published: 25 June 2021

Updated Pharmacy First Plus Formulary:

Condition	Treatment	Notes
ACNE (Mild to Moderate)	<p>Start with combination product:</p> <p>(1) BPO + adapalene (Epiduo 0.1/2.5%) X pregnancy √ BF</p> <p>or</p> <p>(1) BPO + clindamycin (Duac 3% + 1%) √ with caution in pregnancy and BF</p> <p>or</p> <p>(2) tretinoin + clindamycin (Treclin) X in pregnancy and X in BF</p> <ul style="list-style-type: none"> Review at 4 weeks (or before if patient does not tolerate product) Advise on build-up of use including short contact and wash off and/or alternate day use to build up tolerance to product If tolerated, continue for 12 weeks in total (provide appropriate supply) – can take 6-8 weeks for noticeable effect) Review after 12 weeks, can continue on maintenance treatment of good response. 	<p>Note – Pharmacy First Approved List product: Benzoyl Peroxide 5 % is no longer recommended by NICE as monotherapy</p> <p>Note – refer to product literature for contraindications and suitability in pregnancy/breastfeeding and in patients of childbearing age.</p> <p>Note – ensure appropriate counselling on avoiding oil based sunscreen/make up. Consider twice daily wash with pH neutral or slightly acidic face wash e.g. Syndet Avoid picking and scratching</p>

	<ul style="list-style-type: none">• If no response, consider switch to alternative product from 1st line choice for a further 12 week treatment• If inadequate response, refer to GP for consideration of oral antibiotic treatment- advise to continue topical treatment until reviewed by GP.	
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