

Conditions where a PGD exists for treatment

Condition	Patients potentially suitable for referral to NHS Pharmacy First Scotland
Cystitis (UTI)	<p>Women ages 16 – 65 except:</p> <ul style="list-style-type: none"> • Pregnant or breastfeeding women • Diabetes • Catheterised patients • Immunocompromised patients • Vaginal itch/discharge • Blood in the urine • Confused patients • Symptoms for > 7 days • Had antibiotic treatment for UTI in last month • 2 or more UTI episodes in last 6 months • 3 or more UTI episodes in last 12 months • Taking a regular antibiotic to prevent UTIs • Symptoms suggesting an upper urinary tract infection such as: Fever, chills, nausea, vomiting, acute onset back pain, loin pain, flank tenderness or systemically unwell
Impetigo	<p>All patients over 2 years old except:</p> <ul style="list-style-type: none"> • Impetigo in last 3 months • Multiple sites of skin infection • Underlying skin condition at same site as impetigo • Systemically unwell
Shingles	<p>All patients over 18 years except:</p> <ul style="list-style-type: none"> • Rash affecting head, neck, arms or legs (only rash on torso can be treated on NHS PFS) • Rash involving multiple adjacent or non-adjacent dermatomes or where the rash spreads across both sides of the body • Rash present for more than 72 hours • Pregnant or breastfeeding women • Systemically unwell including symptoms of headache or fever • Recurrent shingles (2 or more episodes in patient’s lifetime) • Severe pain not responding to OTC analgesics <p>There are additional PGD exclusions for aciclovir but are relatively rare. Community pharmacists will refer a patient presenting with these back to the practice for assessment.</p>
<p>Skin Infections</p> <ul style="list-style-type: none"> - Infected insect bite - Cellulitis (patient afebrile and healthy other than cellulitis) - Acute paronychia with signs of cellulitis 	<p>All patients over 18 years except:</p> <ul style="list-style-type: none"> • Cellulitis where patient has features suggestive of systemic infection e.g. febrile/feeling unwell • Cellulitis related to animal or human bite • Cellulitis related to surgical wound or chronic wound/leg ulcer/burns • Any sign of cellulitis on the face / around the eye (periorbital/ pre-septal/orbital cellulitis) • Cellulitis on arms or torso NOT linked to an insect bite • Recurrent cellulitis (more than one episode in 12 months) • Acute paronychia with signs of cellulitis AND a collection of pus requiring drainage AND/OR in severe pain • Diabetic foot infection