

	Condition	Patients potentially suitable for referral to NHS Pharmacy First Scotland
A	Acne	All patients unless severe
	Allergies	All patients over 1 year old
	Athletes Foot	All patients (caution if diabetic)
B	Bacterial Conjunctivitis	<b>Refer to optometry as first option if available</b> All patients over 2 years old without pain or visual disturbance
D	Dry Eyes	<b>Refer to optometry as first option if available</b> All patients over 18 years old without pain or visual disturbance or chronic symptoms
	Dry Skin	All patients except those who have failed to respond to treatment or have symptoms indicative of infection
E	Earache	All patients except: <ul style="list-style-type: none"> <li>• Systemically unwell</li> <li>• Fluid leaking from ear</li> <li>• Swelling around ear</li> <li>• Hearing loss/change in hearing</li> <li>• Something stuck in the ear</li> <li>• Children under 2 with pain in both ears</li> </ul>
H	Haemorrhoids (piles)	All patients over 18 years old except: <ul style="list-style-type: none"> <li>• Duration longer than 7 days despite treatment from pharmacy</li> <li>• Blood mixed in stool rather than on surface</li> </ul>
	Hayfever	All patients over 1 year old
	Headlice	All patients unless inflammation of scalp is present
M	Mouth Ulcers	All patients except: <ul style="list-style-type: none"> <li>• Ulcer present for &gt;3 weeks</li> <li>• Systemically unwell</li> <li>• Significant symptoms (multiple/large lesions)</li> </ul>
N	Nappy Rash	All patients except: <ul style="list-style-type: none"> <li>• Standard treatment fails or symptoms persist</li> <li>• Signs of infection or eczema</li> </ul>
R	Ringworm	All patients except: <ul style="list-style-type: none"> <li>• Symptoms persist despite treatment</li> </ul>
S	Scabies	All patients over 2 years old
	Sore Throat	All patients except: <ul style="list-style-type: none"> <li>• Systemically unwell</li> <li>• No improvement in symptoms for &gt;7 days</li> <li>• Difficulty swallowing liquids or associated breathing problems</li> </ul>
T	Threadworms	All patients over 2 years old except: <ul style="list-style-type: none"> <li>• Pregnant &amp; breastfeeding women</li> </ul>
	Thrush	Women between 16 – 60 years old except: <ul style="list-style-type: none"> <li>• Pregnant women</li> <li>• &gt;2 episodes in 6 months</li> <li>• Symptoms still present 7-14 days after treatment</li> <li>• Immunocompromised patients</li> <li>• Other symptoms eg frequent urination/vaginal bleeding etc</li> </ul>
	Oral Thrush	All patients over 4 months
W/V	Warts & Verrucae	All patients except: <ul style="list-style-type: none"> <li>• Warts on face or anogenital region</li> </ul>