



This is the FINAL in a series of weekly emails counting down to the 1st birthday of NHS Pharmacy First Scotland on the 29th July 2021.

COMMON CONDITIONS TREATABLE UNDER THE NHS PHARMACY FIRST SCOTLAND SERVICE:

This week we focus on....**DRY SKIN!**

Every Patient Interaction you should be recording on your PMR includes:

ADVICE such as: reduce frequency of showering or bathing, don't use highly scented or perfumed products, apply emollients after bathing or showering and twice daily, drink plenty of water, apply steroid creams 30 mins after applying emollients

REFERRALS for patients with red, broken, weeping skin showing signs of infection, or skin not responding to treatment after 7-10 days after applying emollients at least twice daily

TREATMENT:

See **Lothian-specific** recommended products available on the Pharmacy First Approved List, which includes:

NHS Lothian			
Emollients:			
1st Line	Zerobase 11% cream	Pack Sizes	50g, 500g
1st Line	White soft paraffin 50% / Liquid paraffin 50% ointment	Pack Size	250g
1st Line	ZeroAQS emollient cream	Pack Size	500g
2nd Line	Oilatum cream	Pack Sizes	150g, 500ml
2nd Line	Zerodouble gel	Pack Sizes	100g, 500g

For the full version of the current Pharmacy First Approved List (which was updated on 1st July 2021), please visit the **Community Pharmacy Scotland** or the **NHS National Services Scotland** websites.

This email is also attached as a PDF of this information to make it easy for your team to print off and keep handy in the pharmacy.

Kind regards,

The Community Pharmacy Development Team
&
NHS Lothian Community Pharmacy Champions

www.communitypharmacy.scot.nhs.uk

Twitter: @nhscommpharm