



This is the FIFTH in a series of weekly emails counting down to the 1st birthday of NHS Pharmacy First Scotland on the 29th July 2021.

COMMON CONDITIONS TREATABLE UNDER THE NHS PHARMACY FIRST SCOTLAND SERVICE:

This week we focus on....**CONTACT DERMATITIS!**

Every Patient Interaction you should be recording on your PMR includes:

ADVICE such as: remove items which cause the allergy e.g. watch, rings, earrings; apply emollients first then apply any steroid creams 30 minutes later.

REFERRALS you need to make for patients with multiple areas of red, broken weeping skin, or signs of infection, or not responding to treatment after 5-7 days.

TREATMENT:

Sample recommended products available on the Pharmacy First Approved List (note every Scottish Health Board has its own Approved List for skin conditions):

NHS Lothian			
<u>Emollients:</u>			
1st Line	Zerobase 11% cream	Pack Sizes	50g, 500g
1st Line	White soft paraffin 50% / Liquid paraffin 50% ointment	Pack Size	250g
1st Line	ZeroAQS emollient cream	Pack Size	500g

For the full version of the current Pharmacy First Approved List, please visit the **NHS National Services Scotland** or the **Community Pharmacy Scotland** websites.

This email is also attached as a PDF of this information to make it easy for your team to print off and keep handy in the pharmacy.

Kind regards,

The Community Pharmacy Development Team
&
NHS Lothian Community Pharmacy Champions

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