



This is the **FOURTH** in a series of weekly emails counting down to the **1st** birthday of NHS Pharmacy First Scotland on the **29th** July 2021.

COMMON CONDITIONS TREATABLE UNDER THE NHS PHARMACY FIRST SCOTLAND SERVICE:

This week we focus on....**ATHLETE'S FOOT!**

Every Patient Interaction you should be recording on your PMR includes:

ADVICE such as: dry feet well after shower, especially between toes, wear cotton socks and breathable shoes.

REFERRALS you need to make for patients with red inflamed broken or weeping skin that is not healing, and not responding to treatment after 5-7 days.

TREATMENT:

Sample recommended products available on the Pharmacy First Approved List:

5.2 Fungal Skin Infections (not nail)			
	Clotrimazole 1% and hydrocortisone 1% cream	Pack Size	15g
	Miconazole 2% and hydrocortisone 1% cream	Pack Size	15g
	Miconazole 2% cream	Pack Size	15g
	Terbinafine 1% cream	Pack Sizes	7.5g, 15g

For the full version of the current Pharmacy First Approved List, please visit the **NHS National Services Scotland** or the **Community Pharmacy Scotland** websites.

This email is also attached as a PDF of this information to make it easy for your team to print off and keep handy in the pharmacy.

Kind regards,

The Community Pharmacy Development Team
&
NHS Lothian Pharmacy Champions

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