



This is the **THIRD** in a series of weekly emails counting down to the 1<sup>st</sup> birthday of NHS Pharmacy First Scotland.

## **COMMON CONDITIONS TREATABLE UNDER THE NHS PHARMACY FIRST SCOTLAND SERVICE:**

This week we focus on....**THRUSH**

### **Every Patient Interaction you should be recording on your PMR includes:**

**A**DVICE such as: use unscented washing products, cotton undies and looser fitting clothes.

**R**EFERRALS you make for patients if frequent episodes, yellow/brown odorous discharge (this may indicate BV not thrush), or mid-cycle bleeding.

### **T**REATMENT:

Sample recommended products available on the Pharmacy First Approved List:

<b>5.1 Vaginal Candidiasis</b>			
	Clotrimazole 1% cream	<b>Pack Size</b>	20g
	Clotrimazole 500mg pessaries	<b>Pack Size</b>	1
	Fluconazole 150mg capsule	<b>Pack Size</b>	1

For the full version of the current Pharmacy First Approved List, please visit the **NHS National Services Scotland** or the **Community Pharmacy Scotland** websites.

This email is also attached as a PDF of this information to make it easy for your team to print off and keep handy in the pharmacy.

Kind regards,

*The Community Pharmacy Development Team*

&

*NHS Lothian Pharmacy Champions*

[www.communitypharmacy.scot.nhs.uk](http://www.communitypharmacy.scot.nhs.uk)

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