



This is the first in a series of weekly emails counting down to the 1st birthday of NHS Pharmacy First Scotland.

COMMON CONDITIONS TREATABLE UNDER THE NHS PHARMACY FIRST SCOTLAND SERVICE:

This week we focus on....**HAYFEVER TREATMENT**

Every Patient Interaction you should be recording on your PMR includes:

ADVICE such as wearing sunglasses, close windows in morning/night, shower after a walk etc.

REFERRALS you make for patients getting no relief from the products on the Approved List, or patients under the age of 18 years with mainly nasal symptoms who would be best helped by a steroid nasal spray etc.

TREATMENT:

Sample recommended products available on the Approved List:

2.1 Allergy (for topical preparations see sections 2.4 (nasal allergy) and 7.2 (eye))			
	Cetirizine 10mg tablets	Pack Size	30
	Cetirizine 1mg/ml oral solution sugar free	Pack Size	200ml
	Chlorphenamine 4mg tablets	Pack Size	28, 30
	Chlorphenamine oral solution 2mg/5mL	Pack Size	150ml
	Chlorphenamine oral solution 2mg/5mL sugar free	Pack Size	150ml
	Loratadine 10mg tablets	Pack Size	30
	Loratadine 5mg/5mL oral solution	Pack Size	100ml

2.4 Nasal Allergy			
	Beclometasone nasal spray 50micrograms/dose	Pack Sizes	100 doses, 180 doses

For the full version of the current Approved List, please visit the **NHS National Services Scotland** or the **Community Pharmacy Scotland** websites.



***Don't forget – you can continue to treat patients with ongoing hayfever
throughout the whole hayfever season without referral to the GP!***

This email is also attached as a PDF of this information to make it easy for your team to print off and keep handy in the pharmacy.

Kind regards,

The Community Pharmacy Development Team

&

NHS Lothian Pharmacy Champions

www.communitypharmacy.scot.nhs.uk

Twitter: @nhscommpharm