



Just as Fruit and Veg change with the Seasons, so do your customers' ailments!

SEASONAL COMMON CONDITIONS TREATABLE UNDER THE NHS PHARMACY FIRST SCOTLAND SERVICE:

This time we focus on (with the return to school)....**HEADLICE!**

Remember to record every patient interaction you have on your PMR, including:

ADVICE such as: use special headlice comb, wash and condition hair, wash conditioner out, brush hair then comb in sections, ideally nightly to start with, then weekly to stop any lice that haven't been removed from laying more eggs.

REFERRALS you need to make for patients with broken infected skin caused by scratching.

TREATMENT

Sample recommended products available on the Pharmacy First Approved List:

5.6 Headlice			
	Dimeticone 4% lotion	Pack Sizes	50ml, 150ml
	Dimeticone 4% cutaneous spray	Pack Size	120ml
	Nitcomb - M2	Pack Size	1
	Nitcomb - S1	Pack Size	1
	Nitty GrittyNit Free	Pack Size	1

For the full version of the current Pharmacy First Approved List (which was updated on 1st July 2021), please visit the **Community Pharmacy Scotland** or the **NHS National Services Scotland** websites.

This email is also attached as a PDF of this information to make it easy for your team to print off and keep handy in the pharmacy.

Kind regards,

The Community Pharmacy Development Team & NHS Lothian Community Pharmacy Champions

www.communitypharmacy.scot.nhs.uk

Twitter: @nhscommpharm

**FUN SEASONAL
FRUIT & VEG FACT:**



Although leeks aren't orange like carrots, they're still high in provitamin A carotenoids which your body converts into vitamin A, which is important for vision.

The most recent world record for heaviest leek was set at the Malvern County Show in 2018 – it weighed 10.7kg!!