

Bulletin No.4: Jan/Feb 2023

Distribution-: All Community Pharmacies by e-mail

**Resources for supporting people with epilepsy**  
**International Epilepsy Day: 14<sup>th</sup> February 2023**

A resource pack should arrive at your pharmacy following collaboration between Epilepsy Connections and GGC's Pharmacy Health Improvement Team.

**Epilepsy Connections**

Epilepsy Connections provides services to support people with epilepsy, their families, friends and carers as well as the professionals looking after them in Greater Glasgow and Clyde, Forth Valley and Ayrshire and Arran health board areas. Patients with epilepsy and their carers can be signposted to local NHS-funded Epilepsy Connections' fieldworkers for information.

**Using the pack**

Resources are intended for distribution by pharmacies to coincide with International Epilepsy Day on 14<sup>th</sup> February as follows:

For suitable people with epilepsy/carers

- **Invitational postcards** signposting patients to Epilepsy Connections' local and national resources
- An **epilepsy ID card** explaining what to do in case of seizure, with areas for patients to complete (including medication used, GP details and emergency contact details.)

For pharmacists to cascade to their teams:

- **Reminder stickers** for dispensary shelving, prompting staff to consider providing the resources to those with epilepsy – in person or in prescription bags
- **Order form** for obtaining further resources **directly from Epilepsy Connections**
- Samples of
  - An **EPIPICTO diagrammatic leaflet** explaining epilepsy/seizures to those for whom written English may be difficult
  - Further **leaflets**: Epilepsy services in NHS GGC; Epilepsy – an introduction; Epilepsy - antiepileptic drugs (AEDs); Epilepsy - safety; Epilepsy – driving and travel.
- Enclosed reminder for Sodium valproate usage in those of child bearing capacity:  
<https://mailchi.mp/pharmacyregulation.org/important-valproate-update-jxn3zb5emx?e=%5bUNIQID%5d>

**If you have any further queries or feedback** please contact the Health Improvement Team at:  
West House, Gartnavel Hospital, 1055 Great Western Road, Glasgow G12 0XH  
T: 0141 201 4945      E: pharmacyhit@ggc.scot.nhs.uk

**To order further resources** please use the enclosed form to request directly from Epilepsy Connections.

We hope you find these resources useful for you and your patients.