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### Meet the team

*Alex Adam*



What is your current role? Scottish Specialist Pharmacist in Substance use Management (SSPiSM)

How long have you worked in NHS AA? Almost 9 years!

What roles have you previously held? 18 years in community pharmacy working variously in relief, base and pharmacist manager roles.

What's the best bit of your job? I appreciate the variety of innovative projects I am involved in and the range of people I have the opportunity to work with. It is particularly special when I see our profession really shine and achieve something truly great.

What do you to relax outside of work? I'm a tinkerer and like to try my hand at fixing, improving or building things – more often than not, things that my wife, daughter or cats have broken.

## Stat of the week....

### **Serial Prescriptions**

Transferring suitable patients on to serial prescriptions remains a priority in Ayrshire and Arran and your primary care pharmacy colleagues are actively working towards the target of having 40% of patients who are on repeat medicines receiving serial prescriptions.

Currently 16.9% of all A&A patients on repeat medicines are receiving serial prescriptions and our community pharmacy with the highest percentage dispense **80% of their total items on serial prescriptions.**

As a reminder there are links to the Lunch and Learn sessions on serial prescriptions available on the CP A&A website.

### COMMUNICATIONS SUMMARY

**MON 30<sup>TH</sup> : CP MEMO 3. (PHARMACY FIRST APPROVED LIST)**

Please share your success stories with the community pharmacy team for inclusion in future editions of  
*Weekly Script*

### **Boots – Burns Mall (Kilmarnock)**

### SUCCESS STORY

The pharmacist in Boots received a telephone call from a regular patient in distress after taking a deliberate overdose in an attempt to end their own life.

Their calm, professional and caring attitude of meant that a prompt 999 call was made from the pharmacy and NHS services were able to help the patient who is now recovering.

Well done and thank you to the team in Boots an intervention that saved the life of one of our Ayrshire and Arran citizens.

## Key Messages

### NHS Ayrshire and Arran – Staff Wellbeing Resources

Following the 'good news' story above we recognise that working in Healthcare can at times be challenging for everyone. The details below (which have previously been shared) provide contact details of services and resources that community pharmacy teams in Ayrshire and Arran can access if and when required for wellbeing support.

- The [www.nationalwellbeinghub.scot](http://www.nationalwellbeinghub.scot) formally known as PROMIS is open for all staff as well as the general public.  
- It also has a national 24/7 helpline – **0800 111 4191**
- Better Health Hub:  
Currently based in the staff wellbeing areas of University Hospital Crosshouse Tuesday /Friday  
<https://www.nhsaaa.net/better-health/>  
Telephone: 01563825611
- Crosshouse Wellbeing Suite:  
Telephone **01563 825150** (Internal Ext **25150**)
- Staff care/Chaplaincy  
Mobile: **07824 596511**  
Mailbox for self-referral: [StaffCare@aapct.scot.nhs.uk](mailto:StaffCare@aapct.scot.nhs.uk)

Staff Care can be accessed by appointment at Ayrshire Central and Ayr Hospitals please use contact details above

For the attention of

### PALLIATIVE CARE NETWORK PHARMACIES

In order to receive the training payment (£250 per pharmacy) at least one member of your pharmacy team must attend annual training (excerpt from service specification is below).

- Participating pharmacists and/or support staff are required to attend at least one training session appropriate to their role annually.
- Payment for attending the training/peer review sessions as required under section 4 shall be paid after attendance and after submission of the relevant claim form and any related documentation as requested by the Pharmacy Team e.g. feedback form re dissemination of information to the wider community pharmacy team.

Training has been arranged by the Ayrshire Hospice Pharmacy team and has been detailed in a memo to contractors and also by messages in the Network WhatsApp group.

Please register for one of the sessions (being held virtually on 15<sup>th</sup> February or 15<sup>th</sup> March) by completing the form – link below OR by e-mailing Fiona Knight directly.  
([fiona.knight@ayrshirehospice.org](mailto:fiona.knight@ayrshirehospice.org))

<https://forms.office.com/Pages/ResponsePage.aspx?id=veDvEDCgykuAnLXmdF5JmrWZ6dw8ZTICITs72NW1ebZUQTNS51FKTFixTVNUVEpIQjBRREoyMDhGUC4u>

#### Key community pharmacy contacts:

CP Team	Community Pharmacy Administration	<a href="mailto:aa.cpteam@aapct.scot.nhs.uk">aa.cpteam@aapct.scot.nhs.uk</a> 01292 513846
Iain Fulton	Principal Pharmacist, Community Pharmacy, Public Health and SA HSCP	<a href="mailto:iain.fulton@aapct.scot.nhs.uk">iain.fulton@aapct.scot.nhs.uk</a> 01292 513831 / 07977 941048
Alyson Stein	Senior Pharmacist, Primary Care and Community Pharmacy (North)	<a href="mailto:alyson.stein@aapct.scot.nhs.uk">alyson.stein@aapct.scot.nhs.uk</a> 07385 391392
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Alex Adam	Specialist Pharmacist in Substance Misuse	<a href="mailto:Alexander.adam@aapct.scot.nhs.uk">Alexander.adam@aapct.scot.nhs.uk</a> 07557 083093
Fiona Knight	Specialist Palliative Care Pharmacist	<a href="mailto:Fiona.Knight@ayrshirehospice.org">Fiona.Knight@ayrshirehospice.org</a> 01292 269200
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The information contained in this communication is issued on the understanding that it is the best available from the resources at our disposal and the opinions expressed are those of the authors and do not necessarily reflect Ayrshire & Arran Patient Services' policy.

#### Primary Care contacts

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