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MEET THE TEAM – Fiona Sanderson



What is your current role? Principal Pharmacist NHSCP and Mental Health

How long have you worked in NHS AA? I have worked in NHS A&A for 30years!

What roles have you previously held? I have been lucky to have many different roles within A&A, starting out as a hospital pharmacist for 12years, then providing a pharmacist clinical service to community hospitals as well as working in a GP practice before moving to primary care as a prescribing adviser. I have been in my current post for the last 4 years.

What's the best bit of your job? I love the diversity of my role and the people that I work with – every day is different! I particularly enjoy working within mental health again and taking forward new developments such as pharmacist led antidepressants clinics in primary care and also seeing how some of the specialist roles for pharmacists within CAMHS and CMHTs have progressed. I also get the opportunity to work on transformational work with my colleagues in acute services and be part of many multidisciplinary groups around local and national priorities such as polypharmacy, mental health and pain management. It is also especially rewarding to see the role that our pharmacy team have within primary care & GP practices & how our role enhances patient care.

What do you do to relax outside of work? I love spending time with my family, friends and my dog! I enjoy walking, reading, nice restaurants & I love music and going to see live bands. I especially love to plan my next holiday.

Stat of the week

NHS Ayrshire & Arran Hospital Discharge Service (Pilot)

It is nearly 4 weeks since the launch date of this fantastic pilot service that allows patients being discharged from our trauma and orthopaedics inpatient wards to collect discharge medicines from their regular community pharmacy. Many thanks to the 39 pharmacies in Ayrshire and Arran who have already signed up. If you would like to sign up to this pilot please complete and return the sign up form and PGD emailed to your pharmacy clinical mailbox (please ensure you comply with your employers procedure as this may be done centrally for you).

SUCCESS STORY

Boots Pharmacy – Main Street Kilbirnie

An elderly patient attended the pharmacy to ask for support after getting confused about her medication. The patient was struggling as she kept forgetting to order some of her medications, partly because these did not all run in sync. The pharmacist, Mark, spent time with the patient discussing different options of support. As the patient knew what all her medications were prescribed for, Mark and the patient agreed that the best option was to switch her medications to a serial prescription. Mark asked the patient to bring in all the medication that she had at home and from this was able to issue a CPUS to align all of her medications. Mark set up for the patient to return to the pharmacy at a later date to start her serial prescription. In the meantime, the team at Boots liaised with the patient's GP Practice Pharmacy team to arrange for a serial prescription to be issued for the patient. The patient later attended the pharmacy to collect her serial prescription where an 8 week supply of all medication was issued. The patient was delighted and extremely grateful that all her medication now ran in sync and that she no longer needed to order her medication going forward, making life much easier for her. Well done Mark and the team in Kilbirnie! A great example of excellent patient care and collaborative working!

COMMUNICATIONS SUMMARY

Tuesday 11th: N/A

Wednesday 12th: N/A

Thursday 13th: May 2023 Public
Holiday Opening Times for Community
Pharmacies in Ayrshire and Arran

Key Messages

Flippin' Fybromyalgia Online Webinar 25th April 2023



FLIPPIN' PAIN **Pain CONCERN** **NHS SCOTLAND**

Pain Concern and Flippin' Pain™ present...

FLIPPIN' FIBROMYALGIA

Making sure people who get it, GET IT

An event for people in Scotland affected by Fibromyalgia Syndrome (FMS).

Tuesday 25th April 2023 | 4pm

BOOK YOUR FREE PLACE TODAY

- Watch the event **LIVE**
- Ask **YOUR** questions
- Get recordings **DIRECT** to your inbox

bit.ly/FP-FMS Type into your web browser

Scan with your phone camera

Having trouble booking? Contact us at events@flippinpain.co.uk

In association with the Scottish Government and NHS Scotland

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The information contained in this communication is issued on the understanding that it is the best available from the resources at our disposal and the opinions expressed are those of the authors and do not necessarily reflect Ayrshire & Arran Patient Services' policy

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