

**Community Pharmacy Palliative Care Anticipatory Prescribing Guide & Stocklist June 2023**

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| **MEDICINE** | **Qty** | **Exp Date** | **MEDICINE** | **Qty** | **Exp Date** |
| **Cyclizine injection 50mg/1ml** | **1 x 5** |  | **Midazolam injection 10mg/2ml** | **2 x 10** |  |
| **Dexamethasone injection 3.3mg/1ml** | **1 x 10** |  | **Morphine Sulfate Injection 10mg/1ml** | **2 x 10** |  |
| **Diamorphine injection 10mg** | **1 x 5** |  | **Morphine Sulfate Injection 30mg/1ml** | **1 x 10** |  |
| **Diclofenac injection 75mg/3ml** | **1 x 10** |  | **Morphine Sulfate oral solution 10mg/5ml** | **1 x 100ml** |  |
| **Haloperidol injection 5mg/1ml** | **1 x 10** |  | **Oxycodone Injection 10mg/1ml** | **1 x 5** |  |
| **Hyoscine butylbromide injection 20mg/1ml** | **1 x 10** |  | **Oxycodone injection 20mg/2ml** | **2 x 5** |  |
| **Hyoscine hydrobromide injection 400mcg/1ml** | **1 x 10** |  | **Oxycodone oral liquid 5mg/5ml** | **1 x 250ml** |  |
| **Levomepromazine injection 25mg/1ml** | **1 x 10** |  | **Sodium Chloride injection 0.9% 10ml** | **1 x 10** |  |
| **Levomepromazine tablets 6mg** | **1 x 28** |  | **Water for injection 10ml** | **2 x 10** |  |
| **Lorazepam tablets 1mg (scored for 0.5mg dose e.g. Genus, TEVA and disperses)** | **1 x 28** |  | **Sodium Chloride 0.9% infusion 1000ml** | **2 bags** |  |
| **Metoclopramide injection 10mg/2ml** | **2 x 10** |  |  |  |  |

**Information resources**

**01463 706655 -** 24/7 helpline for professionals, patients and carers

Available through a single point of access, a highly experienced team offering advice, support and information to people in their last year of life, covering clinical, practical, financial, and social issues that may be causing concern. For **Specialist Clinical or Prescribing Advice for Health Care Professionals**, please continue to phone Highland Hospice on **01463 243132**

**Scottish Palliative Care Guidelines**

Home - <https://www.palliativecareguidelines.scot.nhs.uk/>

Anticipatory Prescribing - <https://www.palliativecareguidelines.scot.nhs.uk/guidelines/pain/Anticipatory-Prescribing.aspx>

**Medicines Complete**

Syringe Driver Drug Compatibility Checker - <https://www.medicinescomplete.com/#/compatibility>

Palliative Care Formulary - <https://www.medicinescomplete.com/#/browse/palliative>

Drug Administration via Enteral Feeding Tubes (NEWT alternative) - <https://www.medicinescomplete.com/#/browse/tubes>

**NHS Highland Intranet**

NHS Highland Treatment and Medicines (TAM) - <https://tam.nhsh.scot/healthcare-professional-information/therapeutic-guidelines/palliative-care/>

NHS Highland Palliative Care Pharmacy page- <http://intranet.nhsh.scot.nhs.uk/Org/DHS/Pharmacy/PALLIATIVECAREPHARMACY/Pages/Default.aspx>

Highland Community Pharmacy Palliative Care Stockholders and Opening Hours list - <https://app.smartsheet.com/b/publish?EQBCT=44f4ec788e1d46999136e516d8b06f08>

**Quick Guide to Common Just In Case Medication Prescribing**

Rx should include the four medications that might be required for end of life symptom control, plus flush / diluent

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| **Core Medications** |
| **Opioid for pain and/or breathlessness (for opioid naive patient)** | **Morphine sulfate injection (10mg/ml ampoules)**, Supply 10 (ten) 1ml ampoulesDose: 2mg to 5mg SC, repeated at hourly intervals as needed for pain or breathlessness. If 3 or more doses have been given within 4 hours with little or no benefit seek urgent advice or review. If more than 6 doses are required in 24 hours seek advice or review. (Patients on a regular opioid will require the same opioid prescribed as required for breakthrough pain. An appropriate as required dose is typically 1/6th to 1/10th of the total daily regular opioid dose.) |
| **Anxiolytic sedative for anxiety or agitation or breathlessness** | **Midazolam injection (10mg in 2ml ampoules)**, Supply 10 (ten) 2ml ampoulesDose: 2mg to 5mg SC, repeated at hourly intervals as needed for anxiety/distress. If 3 or more doses have been given within 4 hours with little or no benefit seek urgent advice or review. If more than 6 doses are required in 24 hours seek advice or review |
| **Anti-secretory for respiratory secretions** | **Hyoscine butylbromide injection (Buscopan®) (20mg/ml ampoules)**, Supply 10 ampoules.Dose: 20mg SC, repeated at hourly intervals as needed for respiratory secretions. Max 120mg in 24 hours. |
| **Anti-emetic for nausea and vomiting** | **Levomepromazine injection (25mg/ml ampoules)**, Supply 10 ampoules Dose: 2**.**5mg to 5mg SC, 12 hourly as needed for nausea. May need to be given more frequently initially, for example hourly, to control symptoms. If 3 or more doses have been given within 4 hours with little or no benefit seek urgent advice or review. If more than 6 doses are required in 24 hours seek advice or review.  |
| **Cannula Flush** | **Water for Injection**, Supply 10 x 10ml ampsDose: 0.2ml S/C for cannula flush |
| **Additional Commonly Prescribed Medications – see Scottish Palliative Care Guideline for more information** |
| **Terminal agitation or agitated delirium under specialist advice** | Levomepromazine injection (25mg/ml ampoules**)** Supply 10 ampoules (NB risk of prolonged QT interval)Dose: 10mg to 25mg S/C up to 2 hourly (or as directed by prescriber on current authority to administer document) as needed for agitated delirium. Maximum 3 doses in 24 hours then seek advice |
| **Acute bleed – Emergency Dose** | Midazolam injection (10mg in 2ml ampoules) Supply 1 (ONE) 2ml ampoulesDose: 10mg Buccal / IM in to large muscle then seek advice |
| **Prolonged seizure** **(>5 minutes)** | Midazolam injection (10mg in 2ml ampoules) Supply 5 (FIVE) 2ml ampoulesDose: 5mg S/C, Buccal / IM for seizure lasting longer than 5 minutes. If seizure continues, repeat dose once after a further 10minutes then seek adviceMidazolam buccal solution (Epistatus®) (10mg in 1ml pre-filled syringes) Supply 2 (TWO) 1ml pre-filled syringesDose: 10mg Buccal, for seizure lasting longer than 5 minutes. If seizure continues, repeat dose once after a further 10minutes then seek advice |

**In Exceptional Circumstances Only – if 2nd/3rd Line not available**

The Medicines Act 1968 prohibits the supply of medicines from hospital wards and departments to other parties. In exceptional circumstances, when all other appropriate avenues of medicines supply within primary care have been exhausted, follow the procedures for Transferring of controlled drug stock out of hours (see intranet for North Highland) at:

<http://intranet.nhsh.scot.nhs.uk/PoliciesLibrary/Documents/12%20Transferring%20of%20Controlled%20Drug%20Stock%20SOP%20Out%20of%20Hours%20between%20sites.pdf#search=SOP%20CD%20Transfers>

or Argyll & Bute at: <http://intranet.nhsh.scot.nhs.uk/PoliciesLibrary/Documents/12%20Argyll%20and%20Bute%20Transferring%20of%20CDs%20SOP.pdf#search=SOP%20CD%20Transfers>

The following summary may apply depending on local circumstances and where duty of care overrides barriers to transfer of drugs.

Contact the hospital on-call pharmacist via hospital switchboard.

* If approved, the prescriber will provide a SIGNED ORDER on headed notepaper for required medication, advise of collecting personnel (health service) and method of collection. Personnel collecting items will provide appropriate identification.
* Identification will be verified by nurse in charge of ward and supply will be recorded in the Controlled Drug Register and ward/department book, kept for this purpose. Signatures of lender and borrower are required against date, reason for supply being required, item name, form, strength and quantity supplied. The signed order will be retained in the borrows book/CD register.