



Pharmacy Services

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MEET THE TEAM – Kerry Ingram



What is your current role? I'm one of the Quit Your Way Programme Leads with a lead role in Primary Care, Training, Mental Health and also Performance Management.

How long you have worked in NHS A&A and doing this role? I've worked for NHS A&A since 1991 but I've been doing my current role since 2011. I'm a bit like a Dr Who because I've had numerous lives having previously been a Desktop Publisher and before that a Computer Analyst/Programmer.

What does your role involve? My job involves a lot of partnership working around the topic of tobacco/smoking and more recently vaping - trying to ultimately support as many people as possible to be non-smokers and prevent the next generation from starting. We are a small team so it's important to get the tobacco agenda threaded into as much as possible. That can be through delivering Very Brief Advice training to dental staff to working with Community Pharmacies to writing up referral pathways with mental health services and everything in-between.

What do you enjoy about your job? Many things. I enjoy working with different partners. For example, your own Alyson Stein has been amazing to work with regards supporting pharmacies across Ayrshire with their smoking cessation, maximising their quits and reducing their follow-ups. I also enjoy keeping up to date with the most current research around e-cigarettes/vaping.

What do you do to relax outside of work? Outside of work I love watching old 1950s/60s sci-fi movies or reading stories by M.R. James or H.P. Lovecraft. I also have a passion for the architecture of John Lautner and Frank Lloyd Wright (especially Fallingwater) and I love cats. We've 5 at the moment each with their own very distinctive personalities!

COMMUNICATIONS SUMMARY

Monday 6th : Clinical PCT – Joint communication from CPS and NSS – Payments and Processing Improvement Plan

Tuesday 7th : PCA(P)2023 40 - Extension to SSP for Estradot 100mcg patches.

Good News Story : Simulation Sessions

The IP's among you will be aware of the simulation based education sessions that Alyson and Kirstie from the community pharmacy team have been running over the past weeks.

There have been three sessions so far with a total of 11 community pharmacists having had the opportunity to undertake the simulation training. Feedback from these sessions has been overwhelmingly positive from everyone who has taken part – with pharmacist confidence increasing being one of the standout areas of feedback.

Our plan is to continue these sessions, to ensure all Community Pharmacy IP's and trainee IP's get the opportunity to attend.

There is another session planned later this month which is fully subscribed at the moment but watch this space where we will communicate the plans and invites to attend simulation sessions in 2024.

Many thanks to Alyson and Kirstie for their hard work in preparing and delivering these sessions and well done for receiving such positive feedback!

This Weeks Key Messages

RPS Advanced Practice SURVEY

The RPS in collaboration with NHS Education for Scotland (NES), NHS England (NHSE), Health Education and Improvement Wales (HEIW) and The Northern Ireland Centre for Pharmacy Learning and Development are inviting you to participate in a study to understand the needs of pharmacists in developing towards advanced level practice.

Link to survey

The [survey](#) should take approximately 15-20 mins to complete. Completing it will support the education commissioning bodies to understand the development needs of the pharmacist workforce, in order to be able to progress towards advanced pharmacist practice.

For more information please read the attached participant information leaflet (PIL) and visit the [following webpage](#). Please contact education@rpharms.com if you have any additional questions.



Thank you,

RPS Education Team

NHS Pharmacy First Scotland – Updated approved list

The updated approved list is now live and can be found here (or via the link on the CPS website):

[NHS Pharmacy First Scotland Approved List of Products v27 \(01 November 2023\).pdf](#)

Changes made in this Edition:

- Update to Section 1.5 Constipation to remove Bisacodyl 5 mg gastro-resistant 10 tablets as this pack size is unavailable.
- Update to Section 6 Urinary Tract Disorders to add Nitrofurantoin as second line choice for NHS Dumfries and Galloway.
- Update to Section 10.6 Boils to remove Magnesium sulfate paste BP 25 grams as this pack size is unavailable

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