

Card for patients accessing COPD Rescue Medication from participating Community Pharmacies

V2 Dec 2020

Patients please note

This card is for use within NHS GGC only. If you are eligible to collect your rescue medicines for your COPD from your community pharmacy you must take this card with you and attend only community pharmacies in the Greater Glasgow and Clyde area.

Community Pharmacists

Eligibility for accessing the Community Pharmacist Enhanced Service for supply of rescue medication

This patient may receive antibiotics and/or prednisolone for an exacerbation of their COPD from a participating Community Pharmacy using the agreed PGDs. Please refer to PGDs for doses of medication.

Name of GP:.....or Independent Prescriber:.....
 Role:.....
 Signature:.....
 Date:.....

Smoker: Y/N

Referred for smoking cessation: Y/N/Declined

Record of antibiotic supply from Community Pharmacist

Date of supply	Antibiotic - check for any allergies (circle one given)	GP Practice Informed (date)
	Doxycycline or Amoxicillin	
	Doxycycline or Amoxicillin	
	Doxycycline or Amoxicillin	
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	Doxycycline or Amoxicillin	

Record of Prednisolone supply from Community Pharmacist

Date of supply		GP Practice Informed (date)
	Prednisolone	
	Prednisolone	
	Prednisolone	
	Prednisolone	
	Prednisolone	
	Prednisolone	
	Prednisolone	
	Prednisolone	
	Prednisolone	
	Prednisolone	

HAND HELD COPD RECORD CARD

Patient Name:
Address:
CHI Number:
GP:
Allergies:

If your symptoms do not improve or worsen despite using rescue medication then please contact your GP practice or NHS 24 on 111.

COPD Resources

The Traffic Light System

A written plan to help you manage a flare up of your COPD can be presented as a set of 'traffic lights'. Using the 'traffic lights' information will allow you to have a better understanding of your COPD and more control over your own health.

'Traffic lights' will alert you to when you should be contacting your GP or NHS 24 on 111 for advice and treatment.

Visit: www.chss.org.uk

Speak with your doctor, respiratory nurse or healthcare professional. They will give you local contact details and information specific for you.

My Lungs My Life

My Lungs my Life is a self management website for people living with COPD. It enables people living with COPD to understand and manage their own condition better. It provides information, support and practical advice about COPD

Visit: www.mylungsmylife.org



Community Pharmacies

Drop into your local pharmacy to receive expert advice and information on healthcare, as well as help with your medicines. Your pharmacist can give you advice and treatment (if you need it) for minor ailments such as colds, diarrhoea, hay fever, constipation, aches and pains, cold sores and mouth ulcers.

Stop Smoking Service – Quit Your Way

Want to give up smoking? You can do it and we can help.

QUIT YOUR WAY
with our support

Contact the Quit Your

Way Team on 0800

84 84 84 or chat online with a Quit Your Way

advisor via the NHS Inform website.

You can also pop into any pharmacy within Greater Glasgow and Clyde and register for the Quit Your Way Pharmacy Service to receive stop smoking support and access to free stop smoking products.

Alternatively, you can find information about both local services and those outwith Greater Glasgow and Clyde or register online for a class, via the Quit Your Way Scotland website

<https://www.nhsinform.scot/healthy-living/stopping-smoking>

Pulmonary Rehabilitation

Pulmonary rehabilitation classes offer a treatment programme to people with chronic lung disease.

The class offers:

Support from specialist staff: Nurses, Physiotherapists and Fitness Instructors.

- Advice in managing your breathlessness
- A low level exercise programme individually designed for you
- An education package to help you self manage your condition
- An opportunity to meet other people who also have a lung condition

Aim of Rehabilitation Classes

- Reduce the impact of your symptoms
- Increase your physical ability
- Improve your quality of life

Speak to your GP, Respiratory Clinic Nurse or a Health Professional to find out more

Useful Telephone Numbers

Breathing Space

0800 83 85 87

British Lung Foundation

03000 030 555

Chest Heart & Stroke Scotland

Advice Line

0800 801 0899

NHS 24

111

Useful Websites

ALISS (local groups)

www.aliss.org

British Lung Foundation

www.blf.org.uk

Chest Heart & Stroke Scotland

www.chss.org.uk

My Lungs My Life

www.mylungsmylife.org

NHS Inform

www.nhsinform.scot

NHS Greater Glasgow & Clyde

www.nhsggc.org.uk