[](https://www.bing.com/images/search?view=detailV2&ccid=qRxZdwWY&id=77CBE7F4E54B2DD48F19EEE5C91221BB095F8B86&thid=OIP.qRxZdwWYbT5ysxY88qgZMwHaHa&mediaurl=http://www.forgeaheadvolunteers.org/uploads/163_nhs_lanarkshire_m.jpg&exph=400&expw=400&q=NHS+LANARKSHIRE&simid=608028867382084797&selectedIndex=1)

**Quit Your Way Pharmacy**

**12wk Support Programme and Your PCR**

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| --- | --- | --- | --- |
| Week 0 | **Pre Quit Assessment** | **Recording PCR** Initial Data Capture/Record new client on PCR  Do not record Quit Date until client returns for Wk1 | |
| **WEEK 1** | **QUIT DATE** | **Quit Date Set (QDS) Submit between Wk0-Wk1**  IMPORTANT Do not set Quit Dates more than 14days in advance on PCR | Remuneration  **1st Payment**  **£30 (wk1)** |
| Week 2 | **Post Quit Date Support** | **Record weekly contact on PCR (telephone/face to face)** | |
| Week 3 | **Post Quit Date Support** | **Record weekly contact on PCR (telephone/face to face)** | |
| **WEEK 4** | **POST QUIT DATE SUPPORT** | **Submit 4 Week MDS**  **UPDATE INITIAL DATA CAPTURE WITH PRODUCT TYPE & NO. OF WEEKS USED**  IMPORTANT Please follow up clients (minimum 3 attempts) and submit no later than week 6 from QDS | Remuneration  **2nd Payment**  **£15 (wk4)** |
| Week 5 | **Post Quit Date Support** |
| Week 6 | **Post Quit Date Support** |
| Week 7 to week 11 | **Post Quit Date Support** | **Record weekly contact on PCR (telephone/face to face)** | |
| **WEEK 12** | **FINAL POST QUIT SESSION** | **SUBMIT 12 Week**  **MDS UPDATE INITIAL DATA CAPTUREWITH PRODUCT TYPE & NO. OF WEEKS USED**  **RECORD CONTACT & CONTACT ATTEMPT ON PCR**  IMPORTANT Please follow up clients (minimum 3 attempts) and submit no later than  week 14 from QDS\* *\* failed quit attempts can be submitted from week 10\** | Remuneration  **3rd Payment**  **£35 (wk12)** |
| **IMPORTANT:**   * **Assess client’s readiness, motivation, commitment, change routine, cravings, withdrawal symptoms, high risk situations & CO monitoring.** * **Please update PCR weekly. All data from the PCR is uploaded on a Wednesday evening to the national ISD Database where information is processed for payments to be made and data/statistics updated.** * **Nicotinell NRT is NHS Lanarkshire’s current first line formulary stop smoking product.**   <https://nhslguidelines.scot.nhs.uk/medicines-guidance/joint-adult-formulary/chapter-4-central-nervous-system/drugs-used-in-substance-dependence/nicotine-dependence/> | | | |

**NHS Lanarkshire Smoking Cessation – Pharmacy Improvement Project**

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