

**Quit Your Way Pharmacy**

**12wk Support Programme and Your PCR**

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| Week 0 | **Pre Quit Assessment** | **Recording PCR** Initial Data Capture/Record new client on PCRDo not record Quit Date until client returns for Wk1 |
| **WEEK 1** | **QUIT DATE** | **Quit Date Set (QDS) Submit between Wk0-Wk1**IMPORTANT Do not set Quit Dates more than 14days in advance on PCR | Remuneration**1st Payment****£30 (wk1)** |
| Week 2 | **Post Quit Date Support** | **Record weekly contact on PCR (telephone/face to face)** |
| Week 3 | **Post Quit Date Support** | **Record weekly contact on PCR (telephone/face to face)** |
| **WEEK 4** | **POST QUIT DATE SUPPORT** | **Submit 4 Week MDS****UPDATE INITIAL DATA CAPTURE WITH PRODUCT TYPE & NO. OF WEEKS USED**IMPORTANT Please follow up clients (minimum 3 attempts) and submit no later than week 6 from QDS | Remuneration**2nd Payment****£15 (wk4)** |
| Week 5 | **Post Quit Date Support** |
| Week 6 | **Post Quit Date Support** |
| Week 7 to week 11 | **Post Quit Date Support** | **Record weekly contact on PCR (telephone/face to face)** |
| **WEEK 12** | **FINAL POST QUIT SESSION** | **SUBMIT 12 Week** **MDS UPDATE INITIAL DATA CAPTUREWITH PRODUCT TYPE & NO. OF WEEKS USED****RECORD CONTACT & CONTACT ATTEMPT ON PCR**IMPORTANT Please follow up clients (minimum 3 attempts) and submit no later thanweek 14 from QDS\* *\* failed quit attempts can be submitted from week 10\** | Remuneration**3rd Payment****£35 (wk12)** |
| **IMPORTANT:*** **Assess client’s readiness, motivation, commitment, change routine, cravings, withdrawal symptoms, high risk situations & CO monitoring.**
* **Please update PCR weekly. All data from the PCR is uploaded on a Wednesday evening to the national ISD Database where information is processed for payments to be made and data/statistics updated.**
* **Nicotinell NRT is NHS Lanarkshire’s current first line formulary stop smoking product.**

<https://nhslguidelines.scot.nhs.uk/medicines-guidance/joint-adult-formulary/chapter-4-central-nervous-system/drugs-used-in-substance-dependence/nicotine-dependence/> |

**NHS Lanarkshire Smoking Cessation – Pharmacy Improvement Project**

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