

Compression Garment Community Formulary

This formulary has been developed to ensure cost-effective, best practice based prescribing of compression garments in Ayrshire and Arran.

Who is this for?

The formulary is for any health practitioner, in acute or community setting, who recommends/prescribes compression garments in the community.

NB: Health professionals ordering garments through Pecos should continue to use CAREB NP536/13 (Antiembolism Stockings, Compression Devices & pumps & Lymphoedema products). This contract will most likely be extended till January 2021.

What is it about?

The formulary includes all compression garments/hosiery that is used to treat a wide range of conditions:

- Venous leg ulcers
- Chronic venous insufficiency
- Lymphoedema, primary and secondary
- Dependency oedema
- Venous oedema
- Lipoedema
- Other types of chronic oedema (oedema >3 months)

When to use the formulary?

The formulary should be used when prescribing for **any** patient who requires compression garments. Patient who are already receiving compression garments on their GP prescription are advised to continue with the same garments. For some patients it may be clinically indicated to prescribe a compression garment not available on the formulary. Patients who need compression garments for oedema of trunk, genitals and head/neck, will continue to receive their garments from the Lymphoedema Clinic. Tel: 01563 826571

How to decide what kind of garment to order:

The lymphoedema clinic will decide on the choice of garment for their patients and all the information will be given to the patient and pharmacist. If there are any problems with the ordering, size or measurements, the patient/pharmacist is advised to contact the lymphoedema clinic.

The dressing clinic in Ayr will give the patient an order form for their stockings, which will have all the details on it.

For patients not attending the lymphoedema or dressing clinic, the following advice applies:

Fabric and compression class:

- Circular knit : venous oedemas, good shape
- Flat bed knit (with seam): lymph-venous oedemas, patients with obesity, poor leg shape, leg does not fit in one size or with skin folds
- Fabric with higher stiffness such as Juzo Dynamic circular knit or Juzo Expert flat bed knit: For rebound oedemas (oedemas that are difficult to keep under control). When a higher compression is not an option, changing the fabric to one with a higher stiffness can help to keep oedema under control
- Use reduced compression for elderly, palliative patients, patients who don't tolerate higher compression or who struggle with donning/doffing

Decide Style:

- Forefoot/toe swelling: closed toe stocking
- Knee and or above knee swelling: thigh length stocking
- Hip and above swelling or bilateral leg swelling: tights (pantyhose)
- Thigh length stockings will always need something to hold them up: either grip top (Duomed Soft and full Juzo range available with grip top) or waist attachment (suitable particularly for men)
- Grip tops are also available on Juzo below knee stockings (often necessary if calf measurement is the same or less than below knee measurement)

Decide size:

- Check if patient fits in standard size for width and length.
- If patient does not fit into one size, choose made to measure
- If patient does not fit in largest size, choose made to measure

Specify colour:

- Usually if no colour is specified, the stockings will come in beige (called almond in Juzo range)
- Colour is not an extra cost for most stockings
- Beige and black are the most common colours

Follow the flow chart to see which company and which fabric you should choose for your patient

How many garments should you order for your patient:

- Most compression garments have a life span of 4-6 months (Duomed and other British standard garments for 3-4 months)
- The minimum requirement would be 2 garments for each limb/or pairs every 6 months (or 4 garments/pairs for a year)
- Garments should always be replaced if there is a ladder or hole in them
- Some patients wear a double layer of stockings or have night time and day time garments (this usually applies for lymphoedema patients and the clinic will specify the number of garments required).

General Information

- Elevate affected leg/s when sitting; ambulate as much as tolerated unless specifically advised against this. Take stocking/s off at night when lying down in bed, apply moisturiser to skin if possible; put stocking/s back on in morning when rising.
- Not all patients tolerate compression garments and the rule of thumb tends to be that reducing a class is better than not wearing at all.

Washing instructions

- Wash stockings separately or together with similar coloured fabrics. Do not use bleaching agents or softeners – please use detergents suitable for woollens. Rinse stockings several times afterwards if handwashing. Can be machine washed- delicate wash setting- 30 degrees.
- After washing please spin dry immediately or roll up stocking in a towel, squeeze excess water out and dry flat. Do not leave lying moist on or in a towel. Do not leave to dry on heaters or in direct sunlight.
- Medi stockings are not to be cleaned chemically, either with spot removers or using benzene.

Prescribing Advice

Where provided, please use the product codes or look at the advice given on how to find the correct item on EMIS. If in doubt, please contact the prescriber to ensure the correct item and number of devices is issued. The cost of items has been included to encourage mindful prescribing and reduce unnecessary waste.

1. Leg hosiery kits (British standard)

Company	Product	Comments
Urgo Medical	Altipress	
L&R (Activa)	Activa liner pack (10mmHg) Pack of 3 liners Available in beige, black Open and closed toe	To be used on its own as reduced compression option for <ul style="list-style-type: none"> - Palliative patients - Elderly patients - Patients with mild vascular problems Can be used together with Juzo soft RAL CI 1 below knee stocking

Leg Hosiery Kits (British Standard)

To find on EMIS e.g.: Altipress 40 Long Extra Extra Large

Altipress 40 Ulcer Kit Stocking & Liner	Length	Size	Scottish Drug Tariff Price May 2019
Pack contains 1 stocking and 2 liners OR 1 made to measure stocking and 2 made to measure liners	Short	Small	From £14.73 up to £42.74 for made to measure size.
	Regular	Medium	
	Long	Large	
		X Large	
		XX Large	
		Made to Measure	

To find on EMIS e.g.: Activa Leg Closed Toe Sand Medium 10

Activa Leg Ulcer Hosiery Kit Compression Liner Pack 10mmHg	Style	Colour	Size	Scottish Drug Tariff Price May 2019
Pack contains 3 liners	Closed Toe	Sand	Small	£17.45 or *£17.11 for all sizes
	*Open Toe	Black	Medium	
			Large	
			X Large	
			XX Large	

2. Compression Garments Flat knit (RAL standard compression)

Company	Products	Comments
Juzo	Juzo Expert Juzo Expert Strong Made to measure All Classes Colour free of charge	To be used for patients with <ul style="list-style-type: none"> - Non pitting (lymph) chronic oedemas - Obesity related oedemas - Patients with skin folds - Patients with leg shape issues
Haddenham Healthcare	Pertex Light Made to measure Class 1 only	To be used with <ul style="list-style-type: none"> - Palliative patients - Patients who need to be able to put own garments on as very easy to get on/off - Elderly patients - Patients with skin folds, poor leg shape

To find on EMIS : Use Code Provided

Juzo Expert Custom Fit	Description	EMIS Code				Scottish Drug Tariff Price May 2019			
		Class 1 18-21mmHg	Class 2 23-32mmHg	Class 3 34-46mmHg	Class 4 >46mmHg	Class 1	Class 2	Class 3	Class 4
1 Device <i>*Please specify colour</i>	Below Knee Footless	JLE1ADF	JLE2ADF	JLE3ADF		£29.47	£31.51	£34.05	
	Below Knee	JLE1AD	JLE2AD	JLE3AD	JLE4AD	£32.35	£34.41	£38.00	£40.05
	Foot with Open Toe	JLE1TC	JLE2TC	JLE3TC		£42.62	£44.68	£46.22	
	Thigh High Footless	JLE1AGF	JLE2AGF	JLE3AGF		£36.59	£38.62	£40.65	
	Thigh High	JLE1AG	JLE2AG	JLE3AG	JLE4AG	£38.51	£42.62	£45.70	£51.35
	Thigh High with Hip Attachment	JLE1AGH	JLE2AGH	JLE3AGH	JLE4AGH	£58.03	£59.05	£61.62	£67.78
	Tights Open Toe	JLE1AT	JLE2AT	JLE3AT	JLE4AT	£139.68	£143.79	£164.33	£184.87

2. Compression Garments Flat knit (RAL standard compression) Cont./

Juzo Expert Strong Custom Fit	Description	EMIS Code				Scottish Drug Tariff Price May 2019			
		Class 1 18-21mmHg	Class 2 23-32mmHg	Class 3 34-46mmHg	Class 4 >46mmHg	Class 1	Class 2	Class 3	Class 4
1 Device <i>*Please specify colour</i>	Below Knee Footless	JLES1ADF	JLES2ADF	JLES3ADF		£29.98	£32.02	£34.56	
	Below Knee	JLES1AD	JLES2AD	JLES3AD	JLES4AD	£32.87	£34.92	£38.51	£45.19
	Foot with Open Toe	JLES1TC	JLES2TC	JLES3TC		£43.29	£45.19	£47.24	
	Thigh High Footless	JLES1AGF	JLES2AGF	JLES3AGF		£37.10	£40.65	£42.69	
	Thigh High	JLES1AG	JLES2AG	JLES3AG	JLES4AG	£39.03	£43.14	£46.22	£52.38
	Thigh High with Hip Attachment	JLES1AGH	JLES2AGH	JLES3AGH	JLES4AGH	£58.54	£59.57	£62.65	£68.81
	Tights Open Toe	JLES1AT	JLES2AT	JLES3AT	JLES4AT	£140.19	£148.92	£169.46	£190.00
Haddenham Pertex Custom Fit Class 1 Beige			Description			Emis Code	Scottish Drug Tariff Price May 2019		
1 Device			Below Knee			PX-21	£33.09		
			Thigh High			PX-31	£39.39		
			Thigh High with Waist Attachment			PX-41	£61.45		
			Pantyhose			PX-51	£143.38		
			Silicone Grip Top Lower Extremities			CM-90	£7.88		

3. Compression garments circular knit (British)

Company	Products	Comments
Medi UK	Duomed soft Class 1,2,3 Below knee Thigh length with grip top Beige and black	Can be used for <ul style="list-style-type: none"> - Palliative patients (CII I) - Elderly patients (CII I) - Low compression option for venous oedema <p><i>Duomed should be used instead of other British standard hosiery such as Scholl</i></p>

To find on EMIS: Compression Garments Circular Knit (British)

Duomed Soft	Size	Description	EMIS Code Class I	EMIS Code Class II	EMIS Code Class III	Scottish Drug Tariff Price May 2019		
						Class 1	Class II	Class III
2 Stockings <i>*Please specify Colour-Beige or Black</i>	Small	Below Knee Stocking Open Toe	DT511	DT521	DT532	£7.64	£11.17	£12.66
	Medium	Below Knee Closed Toe	DT512	DT522		£7.64	£11.17	
	Large	Thigh Length Open Toe	DT611	DT621	DT632	£8.36	£12.42	£14.72
	X Large	Thigh Length Closed Toe	DT612	DT622		£8.36	£12.42	
	XX Large							

4. Compression garments circular knit (RAL)

Company	Product	Comments
Juzo	Juzo Soft Juzo Dynamic Made to measure option Below knee +/- grip top Thigh length with grip top/waist attachment tights Juzo Soft Rib (unisex socks) Below knee only, looks like normal socks	Soft Should be prescribed for: <ul style="list-style-type: none"> - Venous oedema/CVI - Mild lymphoedema Dynamic is stiffer garment for more severe oedema's or rebound oedemas: swelling comes back quickly after bandaging treatment. Rib to be used: For men with mild to moderate venous oedema, can improve compliance for men
Haddenham Healthcare	Star Cotton (100% cotton against skin) Below knee, thigh length	Star cotton to be used: Patients with allergic/sensitive skin
Medi UK	Mediven Active Below knee only, men sock with thick sole In black, brown, grey, navy	Mediven active is men sock with extra thick sole

4. Compression Garments Circular Knit (RAL) cont/

To find on EMIS e.g.: Juzo Soft Class 1 Almond Extra Short Below Knee Open Toe Size IV

OR

Juzo Dynamic Class 3 Black Standard Thigh High Closed Toe Size IV

*Juzo Soft	Colour	Length	Description	Size
Juzo Dynamic				
*Class 1	Almond	Standard	Below Knee Open Toe	I (XS)
*Class 2	Black	Short	Below Knee Closed Toe	II (S)
Class 3	*Other colour please specify	Extra Short	Below Knee Open Toe Silicone Border (Grip Top)	III (M)
1 Device Cost: £25.84 to £112.98 (custom tights)- Scottish Drug Tariff May 2019			Below Knee Closed Toe Silicone Border (Grip Top)	IV (L)
			Thigh High Open Toe	V (XL)
			Thigh High Closed Toe	VI (XXL)
			Thigh High Open Toe Silicone Border (Grip Top)	Custom
				Right
				Left
			Thigh High Closed Toe Silicone Border (Grip Top)	
			Thigh High Open Toe Waist Attachment	
			Thigh High Closed Toe Waist Attachment	
			Tights Open Toe	
			Tights Closed Toe	

To find on EMIS e.g.: Juzo Soft Rib Class 2 Almond Short Size III

Juzo Soft Rib Below Knee Unisex Socks	Class	Length	Size
1 Pair *Please specify colour Scottish Drug Tariff May 2019 - Cost £25.42	1	Short	I (XS)
	2	Standard	II (S)
			III (M)
			IV (L)
			V (XL)
			VI (XXL)

4. Compression Garments Cicular Knit (RAL) Cont/

To find on EMIS e.g.: Haddenham Star Class 2 Beige Regular Thigh High Open Extra Size III

Haddenham Star Cotton	Colour	Length	Description	Size
Class 1	Beige	Short	Below Knee Open Toe	I
Class 2	Black	Regular	Below Knee Open Toe Extra Wide	II
2 Devices Cost: £26.92 to £52.81- Scottish Drug Tariff May 2019		Long	Below Knee Closed Toe	III
			Below Knee Closed Toe Extra Wide	IV
			Thigh High Open Toe with Grip Top	V
			Thigh High Open Toe with Grip Top Extra Wide	VI
			Thigh High Closed Toe with Grip Top	VII
			Thigh High Closed Toe with Grip Top Extra Wide	

To find on EMIS e.g.: Mediven Active Class 2 Black Size VI OR Mediven Active Class 2 Black Petite Size VI

Mediven Active Below Knee Sock	Class	Colour	Petite	Size
1 Pair Cost up to £28.69- Scottish Drug Tariff May 2019	1	Black	Yes/No	I
	2	Brown		II
		Gray		III
		Navy		IV
				V
				VI
				VII

5. Short Stretch Adjustable Compression Systems

Company	Product	Comments
Juzo	Juzo ACS Light (Adjustable Compression System) Foot, leg, knee and thigh piece	To be used: <ul style="list-style-type: none"> - as alternative for stockings - As adjunct to stockings - Patients who can't manage with putting on stockings - Patients who require longer term dressings - As alternative to bandaging for selected patients only <p>*NB For patients with leg ulcer: refer to leg ulcer guidelines</p> <p>*NB For patients with moderate to severe chronic oedema with complications such as skin folds and/or poor leg shape, contact lymphoedema team for advice.</p>
BSN Medical	Jobst Farrow Wrap Lite Foot,leg, knee, thigh piece	To be used: <ul style="list-style-type: none"> - Lower compression option for elderly /palliative - Thinner option

5. Short Stretch Adjustable Compression Systems

To find on EMIS e.g.: Juzo Adjustable Light Compression System Calf Black Normal X Large

Juzo Adjustable Compression System	Size	Limb <i>If appl.</i>	Colour	Length	Description	Scottish Drug Tariff Price May 2019
1 Device	X Small	Right	Beige	Normal	Foot	£35.00
	Small	Left	Black	Long	Calf	£85.00
	Medium				Knee	£45.00
	Large				Thigh	£95.00
	X Large					

5. Short Stretch Adjustable Compression Systems cont/

To find on EMIS e.g.: Jobst Farrow Lite Beige Thigh Regular XS

Jobst Farrowwrap Lite	Colour	Size	Description	Scottish Drug Tariff Price May 2019
1 Device	Beige	XS	Footpiece Regular	£36.77
	Black	S	Footpiece Long	£36.77
		M	Legpiece Regular	£131.33
		L	Legpiece Long	£131.33
		XL	Thighpiece Short	£131.33
		Size	Thighpiece Regular	£131.33
		XS	Thighpiece Long	£131.33

6. Compression garments Upper Limb (6A flat knit, 6B circular knit)

Company	Product	Comments
Juzo	A :Juzo Expert, Expert Strong B: Juzo Soft, Dynamic	<i>Will be prescribed by lymphoedema clinic</i>
Haddenham Healthcare	A: Pertex Light B: Venex	<i>Will be prescribed by lymphoedema clinic</i> For Gloves: Microfine

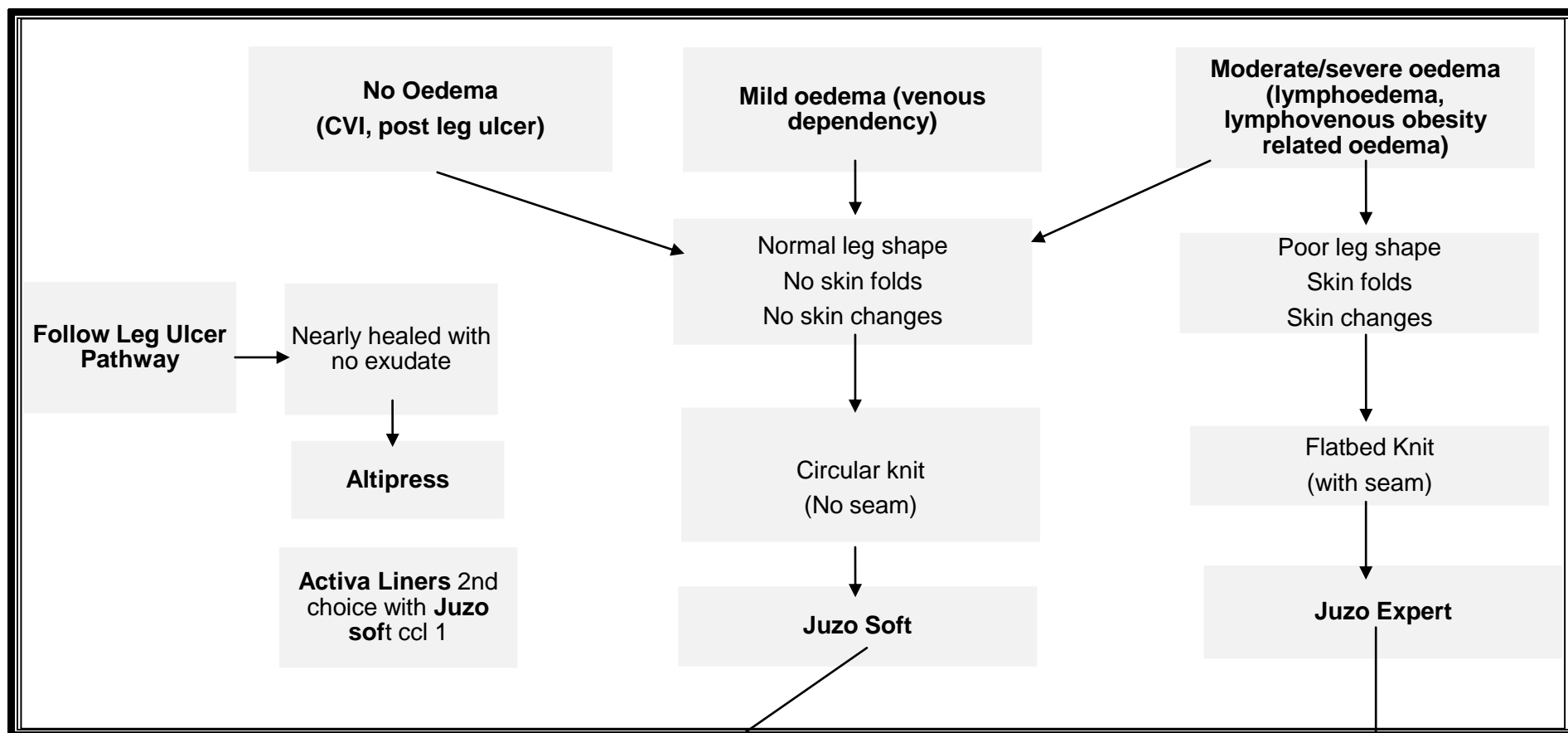
7. Compression garment applicators

Company	Product	Comments	Scottish Drug Tariff Price May 2019
L&R (Activa)	Acti-glide	To help stockings slide over heel easier, still need to be able to bend down. Can be used by patients and/or carers	£14.86
Jobskin	Steve Plus	Frame to prevent the need of bending down. Can be used by patients and/or carers	All sizes £31.90

7. Compression Garment Applicators are on EMIS as:

- **Acti-Glide Stocking Applicator**
- **Steve+ Easy On Compression Hosiery Applicator in XS, S, M or L**

Flow Chart Compression Garments



Apart From

- Elderly/Palliative patients:
 • **Activa Liners** (10mmHg) or **Medi Duomed soft** (ccl 1) _____ or _____ **Haddenham Pertex Light** (Ccl 1)
- Stubborn/rebound oedema (increase rigidity): **Juzo Dynamic** _____ or _____ **Juzo Expert Strong**
- Men with below knee oedema: **Juzo Rib** unisex sock
- Active men with below knee oedema : **Mediven Active**
- Patients with sensitive/allergic reaction to garment: **Haddenham Star Cotton**