



# COMMUNITY PHARMACY LANARKSHIRE NEWSLETTER APRIL 2024



## NEWS/OPPORTUNITIES

### Hospital at Home Service – Lunch & Learn Session

**Time & Date:** Thursday 15<sup>th</sup> May 1pm – 2pm

**Venue:** Online held via Teams- click on the link below



ALISON BROPHY  
PHARMACIST – H@H

Community Pharmacists are invited to a lunch and learn session on The Hospital at Home Service. This will be delivered by Hospital at Home Pharmacist Alison Brophy, who will give community pharmacists a brief overview of the service, and how it interacts with community pharmacy. There will be an opportunity to ask questions and give feedback to Alison on experiences of working with this service. The session will be recorded for those that cannot make this time. Click on the link below to access the session:

### Microsoft Teams [Need help?](#)

[Join the meeting now](#) (click this link)

Meeting ID: 397 660 033 899

Passcode: nZJjXA

#### Join on a video conferencing device

Tenant key: 28485375@t.plcm.vc

Video ID: 124 823 043 6

[More info](#)

For organisers: [Meeting options](#) | [Reset dial-in PIN](#)

**Teach & Treat Pharmacy First Plus Hub Burnside Availability:** Teach & Treat hub sessions can be booked at Burnside Pharmacy hub for newly qualified IPs in Lanarkshire. All newly qualified Community Pharmacy IPs from 2022 onwards will have received an email inviting them to book. These sessions are great and can help with confidence building for anyone starting out or looking for advice/support with specific clinical skills. If anyone is unsure or looking for more information please contact [maxine.mccabe@nhs.scot](mailto:maxine.mccabe@nhs.scot).

**Notes of interest for a second teach & treat site in Lanarkshire:** We are also looking for any pharmacy site experienced in pharmacy first plus that interested in becoming a teach & treat site. This would involve teaching pharmacist IPs visiting and shadowing their clinics. If this would be of interest, please email [lauren.gibson@lanarkshire.scot.nhs.uk](mailto:lauren.gibson@lanarkshire.scot.nhs.uk).

**Waste PAA- Per Acceptance Audit** Tradebe and SEPA have requested as part of the national contract that all waste producers (including community pharmacy medicines waste collections) **must** have an up to date **per acceptance audit** (PAA) in place at each site to ensure the clinical waste collection services continue.

These PAAs should be completed by the waste producer/s and sent to the health boards waste management officer (WMO) to review and log prior to being sent to Tradebe and Sepa to review and update. Below is a copy of the PAA 2024 audit template that has to be used nationally and an audit check list that will help staff when completing the audit

This is requested for ALL NHS Lanarkshire pharmacy sites to ensure they are fully aware of the importance of the audit, failure to complete the audit and return to the WMO will result in the clinical waste services being stopped until an up to date PAA is in place- It is the sites responsibility to ensure the PAA is completed within a sufficient timescale and know when they are due etc.

Any questions please send to **Waste Management Team** [Waste.Management@lanarkshire.scot.nhs.uk](mailto:Waste.Management@lanarkshire.scot.nhs.uk) as this is monitored by the whole team and will get a prompt response.

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## LETS CELEBRATE: GOOD NEWS STORIES

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We had another fantastic locality evening in Motherwell this month between GP practices and community pharmacies in the Motherwell locality.

Many thanks to those that came out, to the GPs and Pharmacy teams that supported and attended and many thanks to the Boots Motherwell ladies for bringing the lovely doughnuts!

A special thanks to the pharmacy champions Alex, Heather & Matthew for supporting,

We are visiting each locality in Lanarkshire each month so we are looking forward to seeing you all soon!



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## PHARMACY FIRST UPDATES

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**Spring is on the way** with lighter evenings and brighter weather, bringing with it hayfever season- please familiarise yourself with the hayfever PGD and the additional differing options available on this for patients. Please ensure pharmacists have signed and returned the PGD and are up to date with the associated turas learning, which can be found here: [NHS Community Pharmacy Website \(scot.nhs.uk\)](http://NHSCommunityPharmacyWebsite.scot.nhs.uk)

**Pharmacy First PGD Updates-** Please note the national Pharmacy First updated PGDs for both Shingles and Bacterial Skin Infections have now been circulated. Please familiarise yourself with any changes. NHS Lanarkshire versions for sign off & return will be circulated imminently.

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## PHARMACY FIRST PLUS + UPDATES

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**Any pharmacy interested in starting the pharmacy first plus service**, please find information required here : [NHS Community Pharmacy Website \(scot.nhs.uk\)](http://NHSCommunityPharmacyWebsite.scot.nhs.uk)

**Pharmacy First Plus IP Peer Review Group in Lanarkshire** There is a growth of new pharmacists now undertaking prescribing, and the pharmacy first plus service- I wanted to issue a gentle reminder of our own Lanarkshire IP Peer Review Network Group, whom meet quarterly, this good for service governance, your own CPD, and linking in with others delivering the

service. We are due to meet again soon, in February- If you are not already on the distribution list for this and wish to be, please email myself [lauren.gibson@lanarkshire.scot.nhs.uk](mailto:lauren.gibson@lanarkshire.scot.nhs.uk) to be added.

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## CLINICAL SERVICE UPDATES

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**Addiction Services** We would like to remind pharmacy teams of the importance of informing addiction teams when patients do not attend for their medication, and the use of the NEO messaging too to support this reporting (although if urgent using both phone and NEO would be advised). NEO offers an auditable trail. We also remind teams of the importance of filling in the purple form or another auditable trail for locum pharmacists to easily see if patients have presented or have missed.

**Smoking Cessation** Please see below details of up and coming smoking cessation training from the Quit your way team, with many online, 30 minute drop in and lunchtime sessions available, if you cant be released to attend.

### ASH CHARTER

*We know community pharmacies do a good job in supporting Lanarkshire residents to quit smoking. We understand people who might smoke might feel nervous to ask for support, especially if they have tried to quit once or twice before. However, pharmacies can offer friendly information and advice as well as ongoing support and free NRT which can increase peoples chances of quitting. By signing the ASH Charter, pharmacies are reinforcing their commitment to delivering an excellent smoking cessation service in helping reducing the harms caused by tobacco and contributing towards achieving the goal of creating a tobacco free generation.*



*Becoming a Charter Supporter is easy:*

1. **Enter a few details** about your organisation on [our online form](#).
2. **Pledge three actions** that your organisation will take to improve the wellbeing of people you work with by addressing smoking (we can help guide you with pledges if you're not sure where to start).
3. **Access advice, support and resources** from ASH Scotland to help you to deliver on your pledges.

<https://ashscotland.org.uk/about-us/charter/#:~:text=ASH%20Scotland's%20Charter%20for%20a,generation%20in%20Scotland%20by%202034>

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## SHORTAGES UPDATE

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**Weekly Bulletin:** Pharmacies are now sent a weekly shortages bulletin sent by the health board. This is sent to all pharmacies clinical mailboxes.

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## CONTACTS

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Pharmacy/Prescribing Admin Team  
NHS Lanarkshire Headquarters  
Kirklands, Fallside Road, Bothwell  
G71 8BB  
[Pharmacy.AdminTeam@lanarkshire.scot.nhs.uk](mailto:Pharmacy.AdminTeam@lanarkshire.scot.nhs.uk)

Lauren Gibson  
Lead Pharmacist for Community Pharmacy Services  
NHS Lanarkshire  
Kirklands Hospital- Bothwell  
[lauren.gibson@lanarkshire.scot.nhs.uk](mailto:lauren.gibson@lanarkshire.scot.nhs.uk)

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## HOSPITAL AT HOME SERVICE- NHS LANARKSHIRE

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We have had feedback from some pharmacies around prescriptions received from the hospital at home service, and an ask for some information around what this service is, and who to contact if there are any issues. We hope the following briefing is helpful:

**Hospital at Home (H@H)** in Lanarkshire is a short-term, targeted intervention that provides a level of acute hospital care in an individual's own home, or homely setting that is equivalent to that provided within a hospital.

The service covers Lanarkshire with 78 "beds" across four teams:

- **Base @ University Hospital Monklands**
  - Areas covered: Airdrie, Coatbridge, Cumbernauld (and surrounding areas e.g Kilsyth), North Uddingston (G71 5\*\* & 6\*\*), North Bellshill (ML4 1\*\* and 3\*\*)
  - Contact details: Tel: **01698 752259**
- **Base @ University Hospital Hairmyres**
  - Areas covered: East Kilbride, Hamilton, Strathaven, Bothwell/South Uddingston (G71 7\*\* & 8\*\*), Blantyre, Stonehouse, Cambuslang
  - Contact details: Tel: **01355 584613**
- **Base @ University Hospital Wishaw**
  - Areas covered: Wishaw, Motherwell, Larkhall, Shotts, South Bellshill (ML4 2\*\*)
  - Contact details: Tel: **01698 366557**
- **Base @ Carluke Health Centre**
  - Areas covered: Clydesdale locality e.g. Carluke, Lanark, Law, Douglas, Carstairs, Carnwath, Biggar, Kirkmuirhill, Forth, Lesmahagow etc
  - Contact details: Tel: **01698 754418**

### Patient Group

- Older adults (any patient over 65 including frailty patients) and anyone in a care home requiring hospital level care.
- Patient referred to the service through the following routes:
  - Primarily through their GP or SAS
  - A&E departments
  - "Step Down" referrals on discharge from acute hospital wards
- Patients are given information on the H@H service when first seen including above contact details for relevant team.
- Patients are asked to contact H@H in first instance rather than their GP or other service for any issue relating to their current acute problem.
- However, patients are instructed to still contact their GP for their repeat prescription medications unless these are being amended by H@H team.

### Hours of Service

- 7 days a week

- 8am to 8pm (Monday to Friday)
- 8am to 6pm (Saturday and Sunday)
- Out of hours, patients asked to contact 111 or 999 for any acute problems

### Prescribing

- H@H is a multidisciplinary team approach in which there are multiple prescribers of different professions.
- Who can prescribe?
  - Consultant Geriatricians
  - Medics (trainee medics – FY2 and above, specialty doctors)
  - Non-medical prescribers e.g. nurses, physiotherapist, pharmacist
- Prescriptions are written on a Form HBP(5) to be dispensed via community pharmacy.
- Often, these will be emailed to community pharmacy from a H@H staff member with the H@H service email cc'd in.
- Original prescription will be sent in post to be received within 72 hours.
- Emailed prescriptions from H@H will always be sent to the pharmacies "pharm.clinical" inbox and not a community pharmacist's personal NHS email or a non-NHS email.
- Please ensure the junk email inbox is checked as often emails from H@H staff can be sorted in to junk automatically.

### Contact Us

- If you need to contact H@H:
  - For non-urgent queries, please email: [hospital.home@lanarkshire.scot.nhs.uk](mailto:hospital.home@lanarkshire.scot.nhs.uk)  
This inbox is checked daily (Monday to Friday).
  - For urgent queries, please contact **the hub which covers your area** using the contact information above. Phone contact details are applicable 7 days a week.

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## ONLINE LUNCH & LEARN SESSION COMMUNITY PHARMACY & HOSPITAL @ HOME SERVICE

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Time & Date: Thursday 15<sup>th</sup> May 1pm – 2pm

Venue: Online held via Teams- link below

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PHARMACIST – H@H

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[Join the meeting now](#) (click this link)  
 Meeting ID: 397 660 033 899  
 Passcode: nZJjXA



NHS Lanarkshire's Quit Your Way - TRAINING  
 Pharmacy Improvement Team  
 Helpline 01698 754 888  
[PharmacyTobaccoControl@lanarkshire.scot.nhs.uk](mailto:PharmacyTobaccoControl@lanarkshire.scot.nhs.uk)



The training is for all Community Pharmacy staff who are involved in the day-to-day delivery of the Smoking Cessation service and all Pharmacists, ACPTs, Pharmacy Technicians, dispensers and counter assistants are welcome to join.

Each training section has been designed to complement each other and we hope very much, that you and your pharmacy teams will be able to join us for all sessions to gain the maximum benefit.

**Drop in Sessions** run 1.30pm – 02:00pm

**Online Training** runs in the evenings 7pm – 8pm

**PCR Workshops** run 09:30am – 12noon

**Full day training** 09:30am – 3:30pm

- Online Sessions will cover basic tobacco control, managing PCR & supporting clients.
- Full day accredited training will cover all aspects of tobacco control and will allow you to deliver the smoking cessation programme with confidence.

Drop in Q&A Session	Wednesday 1 <sup>st</sup> May 2024	MS Teams link as follows: <a href="https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZWExMDk0NGYtMjMxZi00ZTVjLWlxNjgtYTMzZDBiNGI2MTE3%40thread.v2/0?context=%7b%22Tid%22%3a%2210efe0bd-a030-4bca-809c-b5e6745e499a%22%2c%22Oid%22%3a%22ff095353-2705-4f84-8c88-2c4158e05616%22%7d">https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZWExMDk0NGYtMjMxZi00ZTVjLWlxNjgtYTMzZDBiNGI2MTE3%40thread.v2/0?context=%7b%22Tid%22%3a%2210efe0bd-a030-4bca-809c-b5e6745e499a%22%2c%22Oid%22%3a%22ff095353-2705-4f84-8c88-2c4158e05616%22%7d</a>
Online Session 1-3 <i>**Please note if selecting online sessions, attendance at all 3 sessions is required**</i>	Thursday 9 <sup>th</sup> May 2024	MS Teams
	Thursday 16 <sup>th</sup> May 2024	
	Thursday 23 <sup>rd</sup> May 2024	
PCR Workshop	Thursday 30 <sup>th</sup> May 2024	Venue TBC
Full day Accredited Training	Wednesday 5 <sup>th</sup> June	Venue TBC
Drop in Q&A Session	Wednesday 12 <sup>th</sup> June 2024	MS Teams link as follows: <a href="https://teams.microsoft.com/l/meetup-join/19%3ameeting_NmZhNWlzMWMtYzk0ZC00YjFkLWFiy2UtM2FhMDQ0NDdlODcw%40thread.v2/0?context=%7b%22Tid%22%3a%2210efe0bd-a030-4bca-809c-b5e6745e499a%22%2c%22Oid%22%3a%22ff095353-2705-4f84-8c88-2c4158e05616%22%7d">https://teams.microsoft.com/l/meetup-join/19%3ameeting_NmZhNWlzMWMtYzk0ZC00YjFkLWFiy2UtM2FhMDQ0NDdlODcw%40thread.v2/0?context=%7b%22Tid%22%3a%2210efe0bd-a030-4bca-809c-b5e6745e499a%22%2c%22Oid%22%3a%22ff095353-2705-4f84-8c88-2c4158e05616%22%7d</a>
Online Session 1-3 <i>**Please note if selecting online sessions, attendance at all 3 sessions is required**</i>	Thursday 6 <sup>th</sup> June 2024	MS Teams
	Thursday 13 <sup>th</sup> June 2024	
	Thursday 20 <sup>th</sup> June 2024	

NHS Lanarkshire - Pharmacy  
 Smoking Cessation Training  
 Booking Form



To book use the QR Code or the following link  
<https://forms.office.com/e/W4ivW65uJx>

ONCE YOU HAVE BOOKED USING THE ABOVE LINK/QR CODE YOU WILL RECVEIVE AN EMAIL WITH FURTHER INFORMATION IE Teams link etc.

## Waste PAA Audit Check List

- Internal domestic bin/s – check if labelled correctly, are they pedal bins or own/small under desk size bins, clear bag and note contents (any gloves/clinical products etc).
- Internal clinical bin/s - check if labelled correctly, majority should be pedal bins or under counter for dental site (note if any other type of bin), orange bags and note contents (any paper towels, packaging, medical products etc).
- Are the internal bins visible, correct locations or hard to see.
- Sharps bins – check the lid and label match (blue/blue), check ID label is fully complete, check its within date if complete (3 months from open date then close), temp close use or slide open and note contents.  
Orange = routine bloods, scissors, scalpels, lancets (non-contaminated).  
Blue = medicinal injections, vials i.e. B12, clexane, vaccines etc (note names on vials/syringes if visible).  
Purple = cytotoxic, cytostatic, hormonal/contraceptive injections, vials i.e. Pro step 3, implant applicator, Hydroxycarbamide, Methotrexate, Depo Provera, Depo Medrone etc (note names on vials/syringes if visible).  
Note if the bins are overfilled, waste sticking out, stained, dusty etc (any risk).
- Pharmacy waste i.e. pills/tablets, glass medication bottles, medication cups/spoons, plastic syringes (no needles), blister packs (full or empty) these should all be disposed of via the blue/blue pharmacy bins (looks similar to sharps but it's all blue and no needles allowed or the large wiva bins with blue lids. If any of these items are in sharps bins, please make note.
- Check for any up to date waste segregation posters, charts etc.
- General feel/observation of the staff knowledge onsite or have a discussion with staff if they are available. Any non-compliance issues, are the staff aware of procedures.
- Are the bags swan necked/double tied, any tape used, ID tape etc.
- Any bin store/compound areas, are they locked and secure, are the euro bins locked and secure, waste streams inside – bags tied, sharps sealed etc. Waste segregated in store area or mixed.
- Anything else you think relevant, just note everything and as much detail as possible.