

# Pharmacy & Medicines Directorate Weekly Update



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## Feedback Survey: Community Pharmacy Update

Thank you for continuing to read our weekly update. We would like to hear more of your feedback and encourage all pharmacies to complete the attached [Feedback Survey](#) by Tuesday, 28<sup>th</sup> May 2024. If you do not complete the survey, we will assume that you haven't read this update.

Following your suggestions and feedback already received, please note that starting from 28<sup>th</sup> May 2024, this update will be circulated every Tuesday.

## Medication Assisted Treatment (MAT) Standards Webinar – 18<sup>th</sup> June 2024

Following the recent publication of the [MAT Standards Impact report](#), a webinar on the impact and implications of the MAT standards on community pharmacy services is scheduled to take place in June which will also be recorded for those unable to attend. Please click the below registration link for more details.

**Date and time:** Tuesday 18<sup>th</sup> June 2024 from 11am – 12.30pm on Microsoft Teams.

**Registration:** [Register here](#).

## Public Health Update

### [Aberdeenshire Period Poverty Update](#)

As you may be aware, Scotland was the first country in the world to offer the right to free period products. Aberdeen City and Moray pharmacies already have systems in place to stock free sanitary wear and now we're pleased to confirm that all pharmacies in Aberdeenshire can now follow suit.

Aberdeenshire Council, through Scottish Government funding, provides free access to disposable period products as well as re-usable alternatives. Products can already be accessed in many Aberdeenshire venues (e.g libraries, sports centres, community centres etc), all of which can be identified via the [PickUpMyPeriod](#) App. Further information can be found on the [Aberdeenshire Council](#) website.

Pharmacies and Health Centres in Aberdeenshire can now order stock by using this [Online Order Form](#) (once you accept the declaration, more questions will appear). Due to limited capacity within the service to handle orders, where a Pharmacy or Health Centre is unable to hold a large quantity of stock which results in future orders being small and frequent, they will be asked to collect products from one of our Distribution Hubs rather than use the online form. This will be monitored and discussed on an individual basis with each pharmacy or health centre where required.

If you have any queries or would like to discuss anything in relation to this new provision, please contact [ourfreepriod@aberdeenshire.gov.uk](mailto:ourfreepriod@aberdeenshire.gov.uk).

**Aberdeen City** pharmacies can order stock from CFINE – email: [fsp@cfine.org](mailto:fsp@cfine.org).  
**Moray** pharmacies can use the online order form in the attachments.

We encourage you ALL to support this Public Health initiative and stock free sanitary wear.

## Smoking Cessation Update

### Smoking Cessation Quarter 3 (October - December 2023) Data Comparison with Quarter 3 2022

The table below shows the data for all pharmacies in Grampian. Overall there were higher sign ups than this time last year and a slightly lower rate of missed submissions at 4-weeks. Also on a positive note, more patients were retained to the 12 week mark. On a negative note, there's a higher number of missed 12-week submissions and successful quits have dropped substantially.

	OCT - DEC 2022	OCT - DEC 2023	TREND (POSITIVE IN GREEN AND NEGATIVE IN RED)
TOTAL NUMBER OF SIGN UPS	627	776	UP 24%
MISSED SUBMISSIONS AT 4 WEEKS (% OF TOTAL SIGN UPS)	223 (36%)	254 (33%)	DOWN 3%
TOTAL SUBS MADE AT 12 WEEKS (% OF TOTAL SIGN UPS)	226 (36%)	269 (34%)	UP 16% PER 12WK SUBS MADE DOWN 2% AS PERCENTAGE OF TOTAL SIGN UPS
MISSED SUBS AT 12 WEEKS (% OF TOTAL SIGN UPS)	4	34	UP 11%
TOTAL NUMBER OF SUCCESSFUL QUILTS (% OF TOTAL SIGN UPS)	128 (20%)	42 (5.4%)	DOWN 15%
TOTAL NUMBER OF SUCCESSFUL QUILTS (% OF 12 WK SUBS MADE)	128 (57%)	42 (16%)	DOWN 41%

**Please ensure every patient who is signed up to the programme also has 4-week data entered onto PCR even if they drop out (try to contact them 3 times) or have an unsuccessful quit.**

Those who are successful at 4 weeks should have data entered at 12 weeks, again, even if they drop out or are unsuccessful. If they are not successful or have been lost to follow up, the case should be closed after your 4 week claim. If the patient wants to restart the programme, you can now open a new PCR case immediately, even if you haven't closed off the existing 4 week entry yet.

You are paid for the work you do, not whether the patient is successful or not.

**If you miss a submission, we can help you claim back the money and amend the National Database for accuracy. We will need:**

- Patient CHI and initials.
- Which submission you are claiming for (4 and/or 12 week).
- Whether the patient was successful or not, or lost to follow up.

We are unable to amend your PCR and therefore the quarterly data for your pharmacy will still mark them as "missed submissions". Please remember we are only here for the odd mistake and are NOT part of the system for claiming. If you are a pharmacy with high submissions, please check your housekeeping and create a more robust system.

Emails will be/have been sent to any pharmacy who had a higher than average missed submission rate and we will review this again in 3 months.

## Community Pharmacy Scotland Round-Up



### Eczema Support for Children and Young People

Eczema Outreach Support (EOS) is a charity that provides free practical and emotional support to over 4,000 children/young people with eczema and their families living across the UK. EOS want every child and young person with eczema to thrive and won't stop until they have the support they need...

[Read More](#)

### Lyme Disease Resources for Pharmacy Teams

Our colleagues at LDUK have put together some resources for pharmacy teams to help them recognise symptoms of Lyme Disease and signpost patients to their GP Practice. Please visit the LDUK website...

[Read More](#)



## The Happy Place 😊

### Grampian Wellbeing Festival – May 2024

The Aberdeenshire Wellbeing Festival has, for the past eight years, been held to support mental health and wellbeing and raise awareness of community support, activity and events which promote and support all our mental health and wellbeing.

This year, Aberdeenshire HSCP have teamed up with Aberdeen City HSCP and Moray HSCP to offer the Grampian Wellbeing Festival 2024 throughout May. All the details including programme events for the 3 different areas can be found at the link [here](#).

As part of the wellbeing festival, we will be representing community pharmacies in Grampian. Public Health Practitioners, Denise will be at the Banff event on 25<sup>th</sup> May and Suzanne will be at The Arts Centre event on 23<sup>rd</sup> May, both armed with information to cascade to the general public.



***We would like to continue this section as an opportunity for reward, recognition and good news stories of the teams who read this! Please submit any items for inclusion to: [gram.pharmaceuticalcareservices@nhs.scot](mailto:gram.pharmaceuticalcareservices@nhs.scot).***

*All weekly updates are uploaded to the [CP Grampian website](#).*

*Remember to like our Facebook page for regular updates: [Community Pharmacy Grampian – NHSG](#)*