

NHS Ayrshire & Arran Community Pharmacy Update

Please share this update with the wider pharmacy team including reliefs and locum pharmacists



LET'S FOCUS ON..

Teach and Treat

What is Teach and Treat (T&T)?

The Teach and Treat Hub session is a half day practical session that forms part of the funded Community Pharmacy Independent Prescribing course. It provides an opportunity to develop prescribing skills in a supported clinical environment with an experienced prescriber, assessing real patients.

What are the benefits of attending a session?

Whether you recently qualified as a prescriber, or are already practising and using your clinical skills attending a Teach and Treat hub can be a great tool to calibrate your practice against another IP's, practise your clinical skills with direct support and gain valuable feedback. The hub sessions are **not** an assessment, but an opportunity for reassurance, feedback and advice from an experienced prescriber.

Who is eligible for Teach & Treat (T&T)?

The NES T&T Hubs are available at a variety of locations across Scotland. You can choose which T&T hub you would like to attend, subject to availability. New or practising IPs are eligible after completing Turas Learn Teach & Treat Pages and the self-assessment form.

Turas T&T Page: <https://learn.nes.nhs.scot/46668>

T&T Application Process: <https://learn.nes.nhs.scot/48774>

Further information can also be found at our newly created section of the NHS A&A Community Pharmacy website here: [Teach & Treat – NHS Ayrshire & Arran](#)

Who facilitates T&T and how do I arrange a session?

Teach and Treat Hub Leads in Ayrshire and Arran:

- Jane Shennan, Carrick Pharmacy, Maybole
- Sam Falconer, Oggs Pharmacy, Ayr
- Kirsty Hamilton, Tarbolton Pharmacy

For full list of T&T hub contacts: <https://learn.nes.nhs.scot/72036>

Community pharmacy independent prescribers who received NHS Education for Scotland funding with CPS backfill (from January 2022 onwards) will be contacted via email upon successful qualification as a prescriber and invited to contact a Common Clinical Conditions Teach and Treat Hub location to organise a session. If you do not fall into this category then please contact Amanda.Rae@cps.scot to discuss.

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INFORMATION: Public holiday, Monday 15th June

A reminder that **Monday 15th June is a public holiday for some NHS services.**

GP practices and pharmacotherapy teams based within practices will not be available on this day.

For urgent matters, the Primary Care Contract mobile number is available: **07805 248789.**

The ePharmacy Helpdesk will also be closed.

Normal service will resume from **Tuesday 16th June.**

INFORMATION: Consilient brand Melatonin 1mg/1ml oral solution

Consilient Health are currently out of stock of both the 100ml and 150ml bottles of melatonin 1mg/ml oral solution. The 150ml bottle should be back in early July or sooner. The 100ml bottle will sadly not be back in stock until August. The reason for the out of stock has now been resolved and the company are doing everything we can to expedite the above timelines.

Where there are queries around individual patients melatonin please contact CAMHS directly.

INFORMATION: Hormonal Contraception & Brain Tumour Risk

The College of Sexual and Reproductive Healthcare have provided statements on 4th June. Updates can be found by clicking the links below:

[Hormonal contraception and brain tumour risk: A summary for the public | CoSRH](#)

[Meningioma and Contraception v0.6.pdf](#)

A helpful table can be found on page 3 of this document with Numbers Needed to Harm (NNH).

In the Meningioma (IM) and Progestogens guidance, it is now recommended that:

“Individuals starting cyproterone acetate, norgestrel acetate, medroxyprogesterone acetate or desogestrel should be informed of the increased risk of IM requiring surgery with these methods.”

The Sexual Health team are aware that there is a lot of media attention on this topic and practices are receiving enquiries from concerned individuals.

Information from Previous Communications

ACTION REQUIRED: Follow-Up Survey for Pregnancy Test Pilot

The Pregnancy Test Pilot has now been trialled for 6 months. Pharmacies who are delivering the Pregnancy Test Pilot are asked to complete the questionnaire below. It is important we obtain as much feedback as possible in order to develop the service appropriately.

Feedback form can be found by clicking link here and scanning the QR code:

[Pregnancy Test Pilot Evaluation Feedback Form](#)

ACTION REQUIRED: Independent Prescribing Qualification

The Community Pharmacy Team may have additional funded independent prescribing places available. If this is something you are interested in completing, please email aa.cpteam@aapct.scot.nhs.uk to be added to our waitlist.

INFORMATION: Regional Formulary

Work has now commenced on the new regional formulary, which represents a significant step forward in supporting consistent, high-quality prescribing across the West of Scotland. The formulary is being developed collaboratively across all five Health Boards and will provide condition-based guidance, alongside specific recommendations for adults, children and Pharmacy First services.

The first chapters of the formulary have now been launched, with additional chapters continuing to be developed and released on a rolling basis. This includes recently added content covering areas such as cardiovascular and skin conditions, alongside earlier chapters on gastrointestinal and respiratory care.

Suicide Prevention Training Calendar

Creating Hope Together
Suicide Prevention in Ayrshire and Arran



JULY

Introduction to Suicide Prevention ▾	08/07/2026	9.30 - 11.00 ▾	Microsoft Teams ▾
Skilled Suicide Prevention ▾	13/07/2026	9.30 - 12.30 ▾	Microsoft Teams ▾
ASIST ▾	15/07/26 & 16/07/26 ▾	9.00 - 17.00 ▾	Room 2 Training Centre, Ayrshire Central Hospital, Irvine ▾
Wave after Wave ▾	20/07/2026	12.30 - 16.30 ▾	Room 2 Training Centre, Ayrshire Central Hospital, Irvine ▾
Scottish Mental Health First Aid ▾	22/07/26 & 23/07/26 ▾	9.00 - 17.00 ▾	Room 1 Training Centre, Ayrshire Central Hospital, Irvine ▾

AUGUST

Introduction to Suicide Prevention ▾	07/08/2026	13.00 - 14.30 ▾	Microsoft Teams ▾
Scottish Mental Health First Aid ▾	10/08/26 & 11/08/26 ▾	9.00 - 17.00 ▾	Room 6, MacDonald Education Centre, Ayr Hospital, Ayr ▾
Skilled Suicide Prevention ▾	18/08/2026	13.00 - 16.00 ▾	Microsoft Teams ▾
Wave after Wave ▾	20/08/2026	12.30 - 16.30 ▾	Room 7, MacDonald Education Centre, Ayr Hospital, Ayr ▾
ASIST ▾	24/08/26 & 25/08/26 ▾	9.00 - 17.00 ▾	Room 6, MacDonald Education Centre, Ayr Hospital, Ayr ▾

SEPTEMBER

Scottish Mental Health First Aid ▾	1/09/26 & 02/09/26 ▾	9.00 - 17.00 ▾	Room 1 Training Centre, Ayrshire Central Hospital, Irvine ▾
Introduction to Suicide Prevention ▾	07/09/2026	9.30 - 11.00 ▾	Microsoft Teams ▾
ASIST ▾	09/09/26 & 10/09/26 ▾	9.00 - 17.00 ▾	Room 2 Training Centre, Ayrshire Central Hospital, Irvine ▾
Skilled Suicide Prevention ▾	17/09/2026	9.30 - 12.30 ▾	Microsoft Teams ▾
Wave after Wave ▾	28/09/2026	12.30 - 16.30 ▾	Training Room, Rothesay House, Cumnock ▾

BOOK NOW

If you're interested in attending, please contact chooselife@aapct.scot.nhs.uk to book your place. You can also find more information and view the training calendar on our website <https://www.nhsaaa.net/suicide-prevention-training/>



RECENT COMMUNICATIONS SUMMARY

Thursday 28th May

aa.cpteam – Class 2 Drug Alert No 25 2026 - Crescent Pharma Limited – Ramipril 2.5mg Capsules

Tuesday 2nd June

aa.cpteam – Class 2 Drug Alert No 26 2026 – Becton Dickinson Ltd – Chloraprep 2% 1ml and Chloraprep Frepp 2% 1.5ml

Thursday 4th June

aa.cpteam – Class 4 Drug Alert No 27 2026 – Teva UK Ltd – Ponlimsi (Denosumab) 60mg solution for injection pre-filled syringe

Friday 5th June

ClincialPCT - PCA2026-(P) - Pharmaceutical Services Amendments To The Drug Tariff Part 11 Discount Clawback Scale

Monday 8th June

aa.cpteam – Class 4 Drug Alert No 28 2026 - Cadila Pharmaceuticals Ltd Dolkha India – Mirtazapine 30mg tablets

ClincialPCT - Public Holiday Opening Times for Monday 15 June 2026 for Community Pharmacies - UPDATED

KEY COMMUNITY PHARMACY CONTACTS

CP Team	Community Pharmacy Administration	aa.cpteam@aapct.scot.nhs.uk	01292 513905/513833
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Alex Adam	Specialist Pharmacist in Substance Misuse	Alexander.adam@aacpt.scot.nhs.uk	07557 083093
ePharmacy Facilitator	Facilitator, Digital Services	aa.digitalservicescommunityfacilitators@aapct.scot.nhs.uk	

PRIMARY CARE CONTACTS

Anne Shaw	Primary Care Manager, Pharmacy and Optometry	Anne.shaw2@aapct.scot.nhs.uk	07805 248789
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GENERAL ENQUIRIES EMAIL: aa.cpteam@aacpt.scot.nhs.uk

Information contained in this communication is issued on the understanding that it is the best available from the resources at our disposal and the opinions expressed are those of the authors and do not necessarily reflect Ayrshire & Arran Patient Services' policy.